



Adoration of the Blessed Sacrament Every Sunday, Monday, & 1st Friday

We have Adoration of the Blessed Sacrament **every Sunday from 2:00pm until Benediction at 5:00pm.** The Blessed Sacrament will be exposed for **adoration on Mondays from 6:00pm to 7:00pm** in the Lower Church with opportunity to celebrate the Sacrament of Reconciliation. **Mass will be celebrated at 7:00pm.**

Eucharistic Adoration is an opportunity for the faithful to pray to Jesus Christ before the Eucharist at their local parish. Catholics believe the body, blood, soul and divinity are substantially present in the Eucharist. In other words, when you participate in Eucharistic Adoration, you pray and worship Jesus in a more intimate, present and real way.

**Save these dates for St. Helena's Annual
40 Hours of Eucharistic Adoration
September 12, 13 & 14, 2023**



We are happy to announce that Father Charles J. Ravert, Pastor of St. Ambrose, will be leading our 40 Hours this year. He was ordained a priest in 2014 and since then has served four years as Parochial Vicar of St. Charles Borromeo Parish in Bensalem and then for two years at St. Stanislaus Parish in Lansdale. Father Charles grew up in the Manayunk section of Philadelphia, not too far from St. Ambrose. His home parish is St. John the Baptist where he also attended grammar school. For high school he attended Mercy Career and Technical School where he was trained as a Certified Nursing Assistant. After graduating high school in 2006 and working as a nurse at St. Joseph Villa in Flourtown, he was accepted at St. Charles Borromeo Seminary. In 2013 he was ordained a Deacon and assigned to St. John the Evangelist Parish in Lower Makefield. Finally on May 17, 2014 Father Charles was ordained to the Sacred Priesthood by Archbishop Charles Chaput.



Tuesday, September 12th

Adoration after the 8:00am Mass in the Lower Church until the 7:00pm Service

Wednesday, September 13th

Adoration after the 8:00am Mass in the Lower Church until the 7:00pm Service

Thursday, September 14th

Adoration after the 8:00am Mass in the Lower Church until the **7:00pm Tri-lingual Mass**
Opening our 100th Anniversary Celebration & Rite of Sending for Confirmation.



Sign up for a period of adoration on the slip below and return to Sister Sophie.

Name _____ Phone # _____

Tuesday, Sept. 12th from _____ to _____

Wednesday, Sept. 13th from _____ to _____

Thursday, Sept. 14th from _____ to _____



**Body of Christ,
I come before you
in praise and
thanksgiving.**