



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

| | |
|--|---------------------------|
| Rev. Msgr. Joseph T. Trinh | <i>Pastor</i> |
| Rev. Peter J. Welsh | <i>Parochial Vicar</i> |
| Rev. Albert Gardy Villarson, OMI | <i>In Residence</i> |
| Rev. Dominic Brin'K | <i>In Residence</i> |
| Deacon Victor I. Seda | <i>Parish Deacon</i> |
| Deacon Huan C. Tran | <i>Parish Deacon</i> |
| Deacon Victor Pomaes | <i>Parish Deacon</i> |
| Sr. Sophie Yondura, ssj., D. Min. | <i>Pastoral Associate</i> |
| Elena Asencio | <i>Parish Secretary</i> |
| Tram Ton Nu | <i>Business Manager</i> |
| Genevieve Black | <i>Music Director</i> |
| Sr. Maryanne Zakreski, ssj | <i>Food Bank</i> |
| Sr. Anna Marie Lesutis, RSM, RN | <i>Health Promotion</i> |

| | |
|--|---------------------|
| Rectory 6161 N. 5th Street | 215-424-1300 (1301) |
| Convent 6127 N. 5th Street | 215-924-2770 |
| School 6101 N. 5th Street | 215-549-2947 |
| Rectory Fax Number | 215-424-9152 |
| Health Promotion Office | 215-384-6540 |
| Food Bank | 267-900-5935 |
| St. Helena Parish Outreach Center | 215-268-8071 |

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

| | |
|----------------------|-------------------------|
| Monday-Friday | 9:00am to 5:00pm |
| Saturday | CLOSED |

ORGANIZATIONAL MEETINGS 7:00PM

| | |
|--|--|
| Parish Council | (2023) January 10, February 14, May 9, September 19, November 14 |
| Finance Committee | (2023) March 14, April 11, October 10 |
| 100th Anniv. Meeting | (2023) February 11, April 15, June 24 |
| Alumni Meeting | Varies according to Need |



MASSES



Saturday Vigil – 4:30PM Mass in English
 Sunday – 8:00AM Mass in English
 9:30AM Mass in Vietnamese 11:15AM Mass in English
 12:30PM Mass in Spanish
 Monday through Saturday 8:00AM
 Obligatory Holy Days – (except Jan. 1 & Christmas)
 8:00AM, 9:00AM, 7:00PM Tri-lingual
 First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English. Please call the rectory to schedule an interview with Sr. Sophie Yondura, ssj. before planning for the baptism. **Please bring original birth certificate with you.**



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS



Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion
Viet. Divine Mercy
Grupo Carismático

Every Sunday 2:00pm to 5:00pm
 Every Monday 8:30AM to 7:00pm
 Monday – Friday after 8:00AM Mass
 Saturday – 7:45AM (Lower Church)
 Saturday – 8:30AM (Lower Church)
 Sunday – 4:00pm (Lower Church)
 Tenemos circulo de oración en español todos los miercoles a las 7:00PM en la iglesia de abajo. Estan todos invitados

SERVICE MINISTRY

Food Bank
Health Promotion
Sick Calls

Sr. Maryanne Zakreski, ssj
 Sr. Anna Marie Lesutis, RSM
 Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation Nursing Home

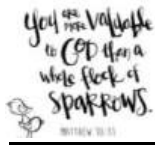
Laurel Square, York, Cheltenham
 Contact Father Peter Welsh

St. Helena-Incarnation Independent Mission School

St. Helena Incarnation School
 6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9am to 12Noon. Senior Boxes – 2nd Thursday of each month from 9am to 12Noon.



June 25, 2023

12th Sunday in Ordinary Time

We Remember in Prayer our Sick

| | | |
|----------------------|-----------------|------------------------|
| Luke Tynan | Carmen Rios | Duong Thi Tham |
| Mary Arockiaswamy | Carmen Lebron | Francis Germanovich |
| Lucia Zavala | Ryan Cichon | Dan Sheed |
| Carmen Torres | John Sanchez | Carmen Jimenez |
| Virginia Gilligan | Hannah Smith | Celestine Mensah |
| Gisela Gonzalez | Nathaniel Lopez | Emilio Rosario |
| Amy Thao Trinh | Isabel Phayre | Awilda Gonzalez |
| Jerry Quinn | Marie LaRose | Camille Figueroa |
| Ignacio Ortolaza | Joan Teel | Blanca Torres Kelmendi |
| CatherineThy Pham | Belen Delgado | Carmen Delia Cruz |
| Maria Thanh Đoàn | Adolfo Castano | Fernando Castano |
| Catherine Massa | Alberto Alves | Carlos Andres Veron |
| Irene Rech | Antonia Seda | Sr. Emma Yondura |
| Emily Deane | Maggie Maye | Henry David Robinson |
| Roneld Joseph Lelina | | |

We Remember in Prayer our Deceased

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sấp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week



SUNDAY, June 25, 2023 12th Sunday in OT

Jer 20: 10-13 Rom 5: 12-15 Mt. 10: 26-33

| | | |
|-----------------------|-----------------------|----------------|
| MONDAY (26) | Gn 12: 1-9 | Mt 7: 1-5 |
| TUESDAY (27) | Gn 13: 2, 5-18 | Mt 7: 6, 12-14 |
| WEDNESDAY (28) | Gn 15: 1-12, 17-18 | Mt 7: 15-20 |
| THURSDAY (29) | Acts 12: 1-11 | |
| | 2 Tm 4: 6-8, 17-18 | Mt 16: 13-19 |
| FRIDAY (30) | Gn 17: 1, 9-10, 15-22 | Mt 8: 1-4 |
| SATURDAY (01) | Gn 18: 1-15 | Mt 8: 5-17 |



Masses for the Week

June 25 to July 2, 2023

SATURDAY, June 24, 2023

4:30pm Deceased of McGrory & McCloskey Families

SUNDAY, June 25, 2023 12th Sunday in Ord. Time

8:00am Daisy Fernandez
 9:30am Personal Intention
 11:15am Antonieta Laurino
 12:30pm Dec. Members of the Mendoza Family

MONDAY, June 26, 2023

8:00am Joseph Le-Danh Cay
 7:00pm Health Elias Hernandez & Miguel Frias

TUESDAY, June 27, 2023 St. Cyril of Alexandria,

8:00am Joseph Xung Vu **Bishop & Dr. of Church**

WEDNESDAY, June 28, 2023 St. Irenaeus, Bishop &

8:00am Joseph Chiet & All the Souls **Martyr**

THURSDAY, June 29, 2023 Sts. Peter & Paul,

8:00am Anthony Loc Nguyen **Apostles**

FRIDAY, June 30, 2023 1st Martyrs of the Holy

8:00am Justin Bowman **Roman Church**

SATURDAY, July 1, 2023 St. Junipero Serra,

8:00am Sr. Marie Albert, ssj **Priest**
 4:30pm Walter Ales

SUNDAY, July 2, 2023 13th Sunday in Ord. Time

8:00am Don & Joan Panaro
 9:30am Personal Intention
 11:15am For all the Holy Souls
 12:30pm Dec. Members of the Mendoza Family

Family Focus Sunday Gospel Matthew 10: 26-33

In our Gospel today, the disciples of Jesus are called upon to keep their focus on God. Sometimes we let the opinions of others prevent us from doing what we know to be right. We need the reminder that what God thinks about us is more important. We are reassured by the promise that God cares for us and protects us. As the family gathers, distribute pieces of paper to each person. Tell them to write or draw ways in which they believe that God's help is needed for each person and for the family as a whole. Each slip of paper can then be collected in a basket. Invite one member of the family to read aloud today's Gospel, Matthew 10:26-33. Recall together how well God knows your family and thank God for this wonderful grace. Conclude by praying together for each of the needs identified on the slips of paper. After each need is read, pray together, "God, we trust you because you know us so well."



St. Helena's Summer Prayer and Wish for You and Your Family

Take time to claim your strength; this is a gift from God. Take time to have fun; it is God's way of teaching you your strengths. Take time to grow yourself; only you can grow you. Take time to trust yourself; God trusts you. Take time to be self-reliant; it is better than being dependent. Take time to share with others; they will bless you and you will bless them. Take time to have hope; you are a child of God. Take time to give thanks to God; he is the giver of all gifts. Take time to worship and praise God on Sunday, for it **IS** the Lords' day!

Welcome Father Matthew Biedrzycki



Greetings St. Helena Parish! Hello! ¡Hola! Xin chào! My name is Fr. Matthew Biedrzycki. I began serving as Parochial Vicar at St. Helena Parish on Monday 6/19/2023. This Sunday, I wanted to take a moment to introduce myself. I grew up in the Juniata Park section of Philadelphia and attended Holy Innocents Grade School and Northeast Catholic High School before being accepted to Temple University. There I earned a Bachelor's in Business Administration with a minor in Political Science.

It was at Temple University that I first began to seriously consider a call to the priesthood. While attending a student leadership conference hosted by the Fellowship of Catholic University Students (FOCUS), I had a powerful experience of God's love for us through the Body of Christ, the Eucharist. Though many things remained the same upon my return from that encounter, my heart was not. Like the three wise men, I had the sense of returning home "by another way" (cf. Mt 2:12). As I tried to understand what had happened, I began praying more, reading the Bible, learning about the saints and celebrating the sacraments with greater frequency. In time, it seemed that God was inviting me to follow him in a different way. A friend of mine was beginning to discern the priesthood and his example inspired me to respond to a similar call I had begun to feel in my heart.

In Spring of 2010, I was accepted to St. Charles Seminary and began studying for the priesthood that Fall upon my graduation from Temple. After several years of prayer and study, I was ordained to the Priesthood by Archbishop Chaput on May 21, 2016. My first assignment as a newly ordained priest was to serve as Parochial Vicar at St. Robert Bellarmine Parish in Warrington, PA. In 2019, I began a new assignment as Parochial Vicar of the Cathedral Basilica of SS. Peter and Paul. I am excited to begin assisting at St. Helena as Parochial Vicar, working alongside our Pastor, Msgr. Trinh and the many other who serve here. May God bless you all! St. Helena, pray for us!

Adoration of the Blessed Sacrament Every Sunday and Monday



We have Adoration of the Blessed Sacrament every Sunday from 2:00pm until Benediction at 5:00pm.

We have Adoration on Monday from 8:30am until Mass at 7:00pm. We will pray the Angelus at 12:00 followed by Eucharistic Benediction at 12:05pm. Confessions are available from 12:15pm to 1:00pm and from 6:00pm to 6:45pm.

St. Helena Food Bank



We are so grateful for your ongoing support to St. Helena Food Bank. In light of the ongoing need for basic food for our clients we are asking for the following items: fruit juices, hot cereal, spaghetti, spaghetti sauce, various kinds of broth and hearty soups. Peanut butter and jelly and various canned fruits (please no applesauce). Our clients are so grateful to have at least one less worry so that they can pay other bills. You are indeed angels to those in need. I /we pray for your well-being and ask God to bless you. Thanks so much! Sr. Maryanne

St. Helena 100th Anniversary News



In preparation for our 100th Anniversary Souvenir book, St. Helena Parish 100th Anniversary Committee would like your thoughts or comments on the following question: ***What is something that you remember about St. Helena Parish that you would like to share with the parishioners who are new or who have been here for the past 25 year that may not know?*** For example: who was the Pastor before Msgr. Joseph Trinh?

[Please return to Sister Sophie]

Health Promotion Message Senior Wednesday's at St. Paul's

Join your neighbors at St. Paul's for **Senior Wednesday's** from 10:00am until 12:30pm for a holistic program of activities including, health info, prayer, morning snacks, senior exercise, bingo, art, bible sharing, etc. We finish with lunch. Two-dollar donation requested. Come one Wednesday, come many. All are welcome. Hope to see you soon. Sister Anna Marie Lesutis, RSM 215-384-



Corrected Address

Father Peter Welsh
Sacred Heart of Jesus Rectory
1404 S. 3rd Street
Philadelphia, PA 19147
(as of June 19, 2023)

Tithe means 10%. All are asked to consider returning 10% of our income to the Lord parish, 5% to God's other charities. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

Stewardship Report for June 3 & 4, 2023

1st Collection (Weekly).....\$6,243.00 (269 envelopes) Drop Off.....\$402.00 (10 envelopes)
 E-Giving.....\$395.00 (5 transactions) **Total 1st Collection.....\$7,040.00 (279 envelopes)**
Second Collection (Maintenance).....\$2,307.00 (173 envelopes)

| Mass | Attendance | Loose | Envelopes | Total | # Envelopes |
|----------|------------|----------|------------|------------|-------------|
| 4:30pm | 103 | \$174.00 | \$341.00 | \$515.00 | 31 |
| 8:00am | 140 | \$07.00 | \$638.00 | \$945.00 | 31 |
| 9:30am | 446 | \$922.00 | \$1,424.00 | \$2,346.00 | 102 |
| 11:15am | 126 | \$133.00 | \$1,046.00 | \$1,179.00 | 50 |
| 12:30pm | 216 | \$488.00 | \$770.00 | \$1,258.00 | 55 |
| Drop Off | ----- | ----- | \$402.00 | \$402.00 | 10 |

Stewardship Report for June 10 & 11, 2023

1st Collection (Weekly).....\$5,533.00 (242 envelopes) Drop Off.....\$1,132.00 (15 envelopes)
 E-Giving.....405.00 (6 transactions) **Total 1st Collection.....\$7,070.00 (257 envelopes)**
Father's Day Collection.....\$2,060.00 (127 envelopes)

| Mass | Attendance | Loose | Envelopes | Total | # Envelopes |
|----------|------------|----------|------------|------------|-------------|
| 4:30pm | 108 | \$128.00 | \$383.00 | \$511.00 | 33 |
| 8:00am | 155 | \$256.00 | \$691.00 | \$947.00 | 39 |
| 9:30am | 467 | \$859.00 | \$1,370.00 | \$2,229.00 | 101 |
| 11:15am | 117 | \$126.00 | \$671.00 | \$797.00 | 29 |
| 12:30pm | 153 | \$457.00 | \$592.00 | \$1,049.00 | 40 |
| Drop Off | ----- | ----- | \$1,132.00 | \$1,132.00 | 15 |



Last But Not Least



Today, we celebrate the 12th Sunday in Ordinary Time In this Gospel passage, Jesus might be understood as putting suffering in perspective. The disciples of Jesus are called upon to keep their focus on God. Those who can harm the body do not have ultimate power; God does. Still persecution and suffering cannot be avoided or prevented. But Jesus reassures his disciples that God knows and cares about what happens to his children. We might not face the same type of persecution, but we do experience difficulties as we endeavor to live a Christian life. Sometimes we let the opinions of others prevent us from doing what we know to be right. We need the reminder that what God thinks about us is more important. We are reassured by the promise that God cares for us and protects us. The Gospel today is about giving up something for someone else. What do you have that someone else might need? Good health, material comfort, time, energy? Think of someone or a group of people in your community who are marginalized. What can your family do to help ease their burden? Perhaps you can make a meal, give away some of your possession, visit them or write them a letter or note.

Finally, **I would like to welcome FATHER MATTEW to St. Helena Parish Community.** Although Father Matthew cannot replace Father Peter, he will assume the responsibilities that Father Peter had. As always, let us welcome Father Matthew with open arms. Thanks for reading & have a good week and enjoy the nice weather!

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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