



# St. Helena Church

6161 N. 5<sup>th</sup> Street  
(Fifth Street and Godfrey Avenue)  
Philadelphia, PA 19120-1497

## St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

## PARISH STAFF

<b>Rev. Msgr. Joseph T. Trinh</b>	<i>Pastor</i>
<b>Rev. Edward A. Pelczar</b>	<i>(Retired) In Residence</i>
<b>Rev. Peter J. Welsh</b>	<i>Parochial Vicar</i>
<b>Rev. Albert Gardy Villarsen, OMI</b>	<i>In Residence</i>
<b>Deacon Victor I. Seda</b>	<i>Parish Deacon</i>
<b>Deacon Huan C. Tran</b>	<i>Parish Deacon</i>
<b>Deacon Victor Pomaes</b>	<i>Parish Deacon</i>
<b>Sr. Sophie Yondura, ssj., D. Min.</b>	<i>Parish Services, DRE, RCIA</i>
<b>Elena Asencio</b>	<i>Parish Secretary</i>
<b>Tram Ton Nu</b>	<i>Business Manager</i>
<b>Genevieve Black</b>	<i>Music Director</i>
<b>Sr. Maryanne Zakreski, ssj</b>	<i>Outreach Center</i>
<b>Sr. Anna Marie Lesutis, RSM, RN</b>	<i>Health Promotion</i>
<b>Ann Farley, MSN</b>	<i>Health Promotion</i>
<b>Sr. Lan Nguyen, OP</b>	<i>Parish Ministry</i>

<b>Rectory</b>	<b>6161 N. 5<sup>th</sup> Street</b>	215-424-1300 (1301)
<b>Convent</b>	<b>6127 N. 5<sup>th</sup> Street</b>	215-924-2770
<b>School</b>	<b>6101 N. 5<sup>th</sup> Street</b>	215-549-2947
<b>Rectory Fax Number</b>		215-424-9152
<b>Health Promotion Office</b>		215-384-6540
<b>Food Bank</b>		267-900-5935
<b>St. Helena Parish Outreach Center</b>		267-437-4929

Web-site [www.sainthelenaparish.net](http://www.sainthelenaparish.net)

**St. Helena Church Office Hours (closed 12Noon-1:00pm)**

**Monday-Thursday 9:00am to 5:00pm**

**Friday 9:00am to 5:00pm**

## St. Helena-Incarnation Independent Mission School

6101 N. 5<sup>th</sup> Street 215-549-2947

## St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2<sup>nd</sup> Thursday of each month from 9:00am-12:00pm.



## MASSES



Saturday Vigil – 4:30PM Mass in English  
Sunday – 8:00AM Mass in English  
9:30AM Mass in Vietnamese 11:15AM Mass in English  
12:30PM Mass in Spanish  
Monday through Saturday 8:00AM  
Obligatory Holy Days – (except Jan. 1 & Christmas)  
8:00AM, 9:00AM, 7:00PM Tri-lingual  
First Fridays – 8:00AM (and 9:00AM during School Year)

## SACRAMENTS

### Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1<sup>st</sup> Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

## DEVOTIONS

**Eucharistic Adoration**  
**Daily Rosary**  
**MM Devotion**  
**OLLV Devotion**

Every Thursday in Chapel  
8:30AM-5:00PM (Evening Prayer)  
Monday – Friday after 8:00AM Mass  
Saturday – 7:45AM (Lower Church)  
Friday – 8:00PM (Chapel)  
Saturday – 8:30AM (Lower Church)

**Viet. Divine Mercy Grupo**  
**Carismático**

Sunday – 2:30pm (Lower Church)  
Tenemos círculo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Están todos invitados



## SERVICE MINISTRY

**55+ Club**  
**Boys Scouts**  
**Aid for Friends**  
**Outreach Center**  
**Sick Calls**

2<sup>nd</sup> & 4<sup>th</sup> Thursday 12:00 (Rectory Basement)  
Every Wednesday 7:00PM-9:00PM (Hall)  
Contact Sister Sophie Yondura, ssj. D. Min.  
Sr. Maryanne Zakreski, ssj (267-437-4929)  
Please call the rectory to schedule a home visit for Communion or in the Hospital.

**Rehabilitation & Nursing Home**

Laurel Square, York, Cheltenham  
Contact Father Peter Welsh



## Meetings

**Parish Council**  
**Finance Committee**  
**Alumni Meeting**

Alternating 2<sup>nd</sup> Tuesday 7:00PM (Rectory)  
Alternating 2<sup>nd</sup> Tuesday 7:00PM (Rectory)  
Monthly at 10:00am in the Convent



## May 30, 2021 Most Holy Trinity Sunday

### *We Remember in Prayer our Sick*

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenevna Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Carmen Giamarco	Dan Shead	Francis Hernandez
Isabel Phayre	Awilda Gonzalez	Camille Figueroa
Ignacio Ortolaza	Hipolita Delgado	Samuel Delgado
Samie Rosado	Belen Delgado	Carmen Delia Cruz
Maria Thanh Đoàn	Adolfo Castano	Fernando Castano
Mercedes Garcia	Alberto Alves	Anthony Loc Nguyen
Connie Buckley	Buffy Brown	Catherine Mass
Francis Germanovich		

### *We Remember in Prayer our Deceased*

**Paul Cattie, On Van Nguyen, Richard Carrion**

**Saint Michael, the Archangel**, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

**San Miguel Arcángel**, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

**Lạy Tổng Lãnh Thiên Thần Micae**, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần nguy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

### Scripture Readings for the Week

**SUNDAY, May 30, 2021 Most Holy Trinity Sunday**

Dt 4: 32-34, 39-40 Rom 8: 14-17

Mt 28: 16-20

**MONDAY (31)** Zep 3: 14-18a Lk 1: 39-56

**TUESDAY (01)** Tb 2: 9-14 Mk 12: 13-17

**WEDNESDAY (02)** Tb 3: 1-11a, 16-17a  
Mk 12: 18-27

**THURSDAY (03)** Tb 6: 10-11; 7: 1bcde, 9-17; 8: 4-9a  
Mk 12: 28-34

**FRIDAY (04)** Tb 11: 5-17 Mk 12: 35-37

**SATURDAY (05)** Tb 12: 1, 5-15, 20 Mk 12: 38-44

## Masses for the Week May 30 to June 6, 2021

**SATURDAY, May 29, 2021 St. Paul VI, Pope**

4:30 PM Raymond Ales

**SUNDAY, May 30, 2021 Holy Trinity Sunday**

8:00AM Frank Mawson

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM Peter Westermann

12:30 PM Jacinto Torres Ruiz (SP Livestream-UC)

**MONDAY, May 31, 2021 Visitation of the BVM, Mother**

8:00AM Dominic Long Nguyen

7:00PM Santiago Frias Jimenez (Health)

**TUESDAY, June 1, 2021 St. Justin, Martyr**

8:00AM Dec. Members of David Speicer Family

**WEDNESDAY, June 2, 2021 Sts. Marcellinis & Peter,**

8:00AM All Souls in Purgatory **Martyrs**

**THURSDAY, June 3, 2021 St. Charles Lwanga &**

8:00AM John & Theresa Palmrich **Companions, Martyrs**

**FRIDAY, June 4, 2021 First Friday**

8:00AM Anna & Dominic

7:00PM St. Helena Parishioners

**SATURDAY, June 5, 2021 St. Boniface, Bishop & Martyr**

8:00AM Thomas That Nguyen

4:30 PM Stanley Magalski

**SUNDAY, June 6, 2021 Corpus Christi Sunday**

8:00AM John & Nga Nguyen (Wedding Anniversary)

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM Anthony Samuel & Lawrence Apparaj

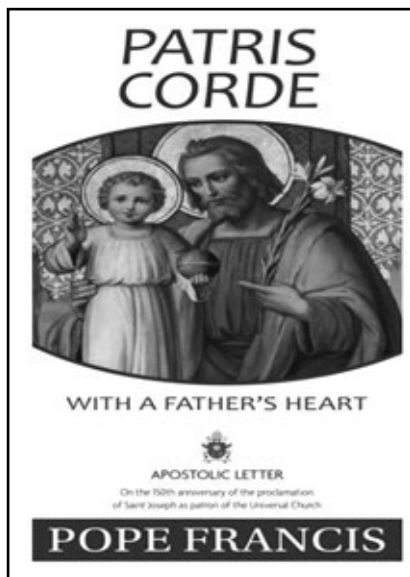
12:30 PM Nydia Morales (SP Livestream-UC)

### Welcome to St. Helena Parish in the Olney section of Philadelphia!



We welcome all and are pleased to have you come and share in the celebration of the Eucharist at our Church. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community. If you are new or visiting, please come to register.

# Year of St. Joseph ~ December 8, 2021 to December 8, 2021



## Apostolic Letter by Pope Francis “Patris Corde” – “With a Father’s Heart” Part 1: A Beloved Father

**Parent Reflection:** Christians have always shown great respect for St. Joseph as the foster-father of Jesus and beloved spouse of Mary. It is fitting that Pope Francis invites us to increase our love for St. Joseph by dedicating a year to this remarkable saint. Joseph is righteous man, who gives us an example of a loving fatherhood modeled on the perfect fatherhood of God. God the Father chose St. Joseph, a man of faith inspired by grace, to care for Jesus. Just as God, our Father shows His love for us through His constant protection, love, forgiveness and guidance, so too did St. Joseph show vigilance in his love and care as a father and spouse.

**Family Conversation:** St. Joseph was chosen by God to be our Lord’s earthly father. God is the Father of Jesus, but Joseph is the foster father called by God to care for Jesus in his earthly needs. Joseph

faithfully fulfilled his role to love, protect and provide for the Holy Family. This responsibility required that Joseph think first of his family and their needs. Mary and Jesus could turn to him in times of trouble, knowing that Joseph would listen and care for them. St. Joseph loved Mary and Jesus; they must have loved St. Joseph very much in return. Now, in heaven, St. Joseph cares for us the same way. As the patron saint of the Church, we should love him as Jesus and Mary did, learn from his life of faith, and turn to him in times of need.

**Family Activity:** Create a Family Shrine to St. Joseph. Look around your house for items to add to the shrine. Items to consider are a statue of St. Joseph, a holy card, or a picture. Place a small basket, bowl or box on the table with blank slips of paper. Use these papers throughout the week to add prayers and intentions you would like to offer to St. Joseph. Gather as a family once a week to read and pray for these intentions. Wednesday is traditionally set aside to honor St. Joseph. End each intention with the phrase, St. Joseph, pray for us. Consider adding new items to your St. Joseph shrine as you continue through this year dedicated to St. Joseph.



## Prayer in Anticipation of Our 100th Anniversary






Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 97 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 97 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

## So...What is Most Holy Trinity Sunday and Why Celebrate It?

### Prayer of Consecration to the Most Blessed Trinity

Trinity Sunday is the first Sunday after Pentecost to honor the Holy Trinity—the Father, Son and Holy Spirit. On Trinity Sunday we remember with solemnity and praise the foundation in which we live and worship throughout the year. We are invited to encounter God as Three in One. The use of the Triune formula connects the church today with the historic church, born in the struggle of Christians throughout generations to express their beliefs about God in God's Very Being. On Trinity Sunday, the Christian Church ponders with joy and thanksgiving what the Father, Son and Holy Spirit have done to accomplish the salvation of sinful humanity. It is brought to remembrance how Christians should respond to the love God has shown us, praising Him and giving Him glory. We remember the Father as our Creator, the Son as our Savior and the Holy Spirit as our Comforter. O God of Mystery, within your very self you model the beloved community. You are the Wisdom within our hearts, The Word who dwells among us, The Spirit who calls us beyond ourselves. Let us know your presence here today in a new way, that we might celebrate your love and go forth rejoicing.

*O Everlasting and Triune God, I consecrate myself wholly to you today. Let all my days offer you ceaseless praise, my hands move to the rhythm of your impulses, my feet be swift in your service, my voice sing constantly of you, my lips proclaim your message, my eyes perceive you everywhere, and my ears be attuned to your inspirations. May my intellect be filled with your wisdom, my will be moved by your beauty, my heart be enraptured with your love, and my soul be flooded with your grace. Grant that every action of mine be done for your greater glory and the advancement of my salvation. Glory be to the Father, Who by His almighty power and love created me, making me in the image and likeness of God. Glory be to the Son, Who by His Precious Blood delivered me from hell, and opened for me the gates of heaven. Glory be to the Holy Spirit, Who has sanctified me in the Sacrament of Baptism, and continues to sanctify me by the graces I receive daily from His bounty. Glory be to the Three Persons of the Holy Trinity, now and forever. Amen*

	<h2>Live-Streaming Sunday Masses</h2>
 <b>Live-Streaming</b> 	<p><b>English Masses:</b> The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p><b>St. Helena's Vietnamese Mass</b> is live-streamed every Sunday at 9:30am and <b>St. Helena's Spanish Mass</b> is live-streamed every Sunday at 12:30pm. Go to <a href="http://www.sainthelenaparish.net">www.sainthelenaparish.net</a> and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>



**Monday, May 31st is Memorial Day, originally called Decoration Day, a day of remembrance for those who have died in military service for the United States.**

**On this day, let us remember all our young men and women from the parish who died serving our country, as well as those who are currently serving in the Military, that God will protect them.**

**Our morning Mass will be the regular 8:00am followed by Adoration of the Blessed Sacrament and Mass at 7:00pm.**

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude.

The spiritual practice of tithing disposes us to make God first in every area of our lives!

The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



## Parish Tithing Report for May 23, 2021

(1st) Weekly.....\$4,373.00 (231 envelopes)

Drop Off.....\$955.30 (29 envelopes)

E-Giving.....\$360.00 (5 transactions)

**Total Collection.....\$5,688.30 (260 envelopes)**



Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	92	\$161.00	\$235.00	\$396.00	20
8:00am	94	\$198.00	\$350.00	\$548.00	33
9:30am	368	\$1,090.00	\$1,167.00	\$2,257.00	91
11:15am	90	\$169.00	\$558.00	\$727.00	31
12:30pm	144	\$75.00	\$370.00	\$445.00	29
Drop Off	-----	-----	\$955.30	\$955.30	29

### Message from the Pastor

## Last But Not Least

**Today we celebrate Most Holy Trinity Sunday.** The Trinity is the unique relationship of creative love that exists between the Father, Son and Holy Spirit. Through the gift and grace of our baptism and confirmation we are personally invited to be part of this dynamic and life-giving union. In moments of prayer and Christian living, we experience the love of the Trinity and we are transformed. This is a free gift that always comes from God. It is made real and visible through the life, death and resurrection of Jesus. Through the outpouring of the Holy Spirit we are encouraged and strengthened to live our lives as followers of Jesus. We are made in the image of likeness of a triune God who is not remote or distant, but God who became flesh and now lives amongst us. We are created in the image of God the Father who creates us, of Jesus the Son who saves us and the Holy Spirit who continues to strengthen us. As we celebrate this wonderful feast, we pray that each of us will continue to be blest **in the name of the Father, the Son and the Holy Spirit. Amen.**

**Monday, May 31<sup>st</sup> is Memorial Day!** Our morning Mass will be the regular 8:00am followed by Adoration of the Blessed Sacrament and Mass at 7:00pm. On Memorial Day, usually the last Monday in May in the United States of America, we remember those who died in active service of our country. We honor them with thankfulness for their service and prayer for our military families, our troops, and our nation. The day has been set aside by presidential proclamation since 1969 as a day of prayer for peace. **Let us offer this Memorial Day Prayer...** All-powerful and ever-living God, when Abraham left his native land and departed from his people, You kept him safe through all his journeys. Protect our service men and women. Be their constant companion and their strength in battle, their refuge in every adversity. Guide them, O Lord, so that they may return home safely. Today, especially, we remember all those who died protecting us. May they rejoice in their new life with you. We ask this through Christ our Lord.

**Finally,** I would like to thank all those who are continuously contributing via envelopes or e-giving to our weekly contributions especially during these hard times. Your contribution helps to keep our churches looks beautiful. I would like to thank all those who keep our grounds and churches clean, especially those who help with the cleaning of both churches on Friday or Saturday morning. Join us after the 8:00am Mass if you have time. Thanks for reading, stay healthy, reach out to those close to you and continue to wear your mask.



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## What's My Name?

The #WHATSMYNAME Movement asks  
everyone to simply ask drivers "What's my  
name?" before entering their vehicle to make  
sure it is the car they are supposed to enter.

**#WHATSMYNAME**

In Remembrance of Samantha Josephson



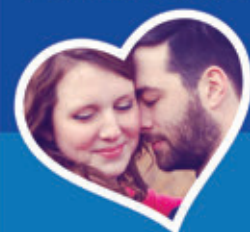
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