



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomales	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday 9:00am to 5:00pm

Friday 9:00am to 5:00pm

St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2nd Thursday of each month from 9:00am-12:00pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)



Viet. Divine Mercy Grupo
Carismático

Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)
Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh



Meetings

Parish Council
Finance Committee
Alumni Meeting

Alternating 2ndTuesday 7:00PM (Rectory)
Alternating 2ndTuesday 7:00PM (Rectory)
Monthly at 10:00am in the Convent



July 4, 2021 14th Sunday in Ordinary Time

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenevna Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Carmen Giamarco	Dan Shead	Francis Hernandez
Isabel Phayre	Awilda Gonzalez	Camille Figueroa
Ignacio Ortolaza	Hipolita Delgado	Samuel Delgado
Samie Rosado	Belen Delgado	Carmen Delia Cruz
Maria Thanh Đoàn	Adolfo Castano	Fernando Castano
Mercedes Garcia	Alberto Alves	Anthony Loc Nguyen
Connie Buckley	Buffy Brown	Catherine Mass
Francis Germanovich		

We Remember in Prayer our Deceased

Those names on the Father's Day Envelopes

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trồng cây và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần nguy áy. **Lạy Tổng Lãnh Thiên Thần Micae** là tướng quân cai quản cơ binh trên trời kia satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, July 4, 2021 14th Sunday in OT

Ez 2: 2-5 2 Cor 12: 7-10 Mk 6: 1-6a

MONDAY (05) Gn 28: 10-22a Mt 9: 18-26

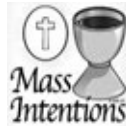
TUESDAY (06) Gn 32: 23-33 Mt 9: 32-38

WEDNESDAY (07) Gn 41: 55-57; 42: 5-7a, 17-24a
Mt 10: 1-7

THURSDAY (08) Gn 44: 18-21, 23b-29; 45: 1-5
Mt 10: 7-15

FRIDAY (09) Gn 46: 1-7, 28-30 Mt 10: 16-23

SATURDAY (10) Gn 49: 29-32; 50:15-26a
Mt 10: 24-33



Masses for the Week July 4 to 11, 2021

SATURDAY, July 3, 2021

4:30 PM Walter Ales

SUNDAY, July 4, 2021 14th Sunday in OT

8:00AM Joseph Thu

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM Wilberto Malave

12:30 PM Jacinto Torres Ruiz (SP Livestream-UC)

MONDAY, July 5, 2021 St. Anthony Zaccaria, Priest

8:00AM Barr & Coogan Families

7:00PM Mrs. Ann Stevenson

TUESDAY, July 6, St. Maria Goretti, Virgin & Martyr

8:00AM Dec. Members of the David Speicer Family

WEDNESDAY, July 7, 2021

8:00AM All Souls in Purgatory

THURSDAY, July 8, 2021

8:00AM Martha Hoa

FRIDAY, July 9, 2021 St. Augustine Zhao Rong, Priest

8:00AM Peter Tam Vu & Souls & Companions, Martyrs

SATURDAY, July 10, 2021

8:00AM Maria Pham Thi Hong

4:30 PM Intentions of the Unachukwu Family

SUNDAY, July 11, 2021 15th Sunday in OT

8:00AM Cirilo Nelmidia

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM Frank & Julia Schaller

12:30 PM Jose Isabel Mendoza (SP Livestream-UC)

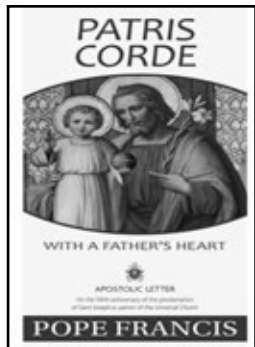
Welcome to St. Helena Parish in the Olney section of Philadelphia!



We welcome all and are pleased to have you come and share in the celebration of the Eucharist at our Church. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community. If you are new or visiting, please come to register.

Year of St. Joseph ~ December 8, 2021 to December 8, 2021

Apostolic Letter by Pope Francis “Patris Corde” – “With a Father’s Heart” A Working Father



Parent Reflection: One of the lessons that Jesus learns from Joseph is the value and dignity of work. Pope Francis highlights this when he says, “Jesus learned the value, the dignity and the joy of what it means to eat bread that is the fruit of one’s own labor” (Patris Corde). Joseph, though born of the royal family of David, worked as a carpenter to provide for his family. We know he was not rich, because when Jesus was presented to the Temple to be circumcised, Joseph offered the simple sacrifice of two turtledoves, the offering of those who could not afford a lamb (Luke 2:24). Joseph reminds us of the satisfaction of doing our work well, whatever that may be. The current employment crisis brought about by the pandemic brings into focus the difficulties, tensions and estrangement that often accompany under-employment or unemployment. We ask St. Joseph to inspire us to not only work for ourselves, but become advocates for others who seek meaningful work. Joseph also reminds us that all workers are, in some form, cooperating with God himself, in creating a better world around us. Joseph explicitly worked to bring God’s love to the world by caring for Jesus and Mary. He placed his talents and efforts at the service of his family so that they could bring God’s love to the world. Each parent is called in the same way to help their children grow in faith so that they too can bring God’s love to the world.

Family Conversation: We know from the Bible that Joseph was a carpenter. How do you think he felt when he finished a project? Think about how he must have felt when he sold a project so he could provide for the needs of Jesus and Mary. How would he have felt if he could not provide a home or food for them? How do you think Jesus and Mary felt when he cared for them this way?

Family Activity: St. Joseph teaches us to be thankful for our work, so that we can help our families and communities. St. Joseph not only worked to take care of their physical needs, but he worked to bring God’s love to the world by his care for the Holy Family. St. Joseph can inspire us to work to bring the Good News of God’s love to our part of the world. As a family, pray this prayer...Dear St. Joseph, inspired by your loving heart, help me to be grateful for work. May I learn from you how to work to bring the love of Jesus and Mary to the world! Amen.



Prayer in Anticipation of Our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 97 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 97 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen



Adoration of the Blessed Sacrament Every Sunday 2:00pm to 5:00pm.
Adoration of the Blessed Sacrament on Monday from 8:30am to 7:00pm.
Angelus at 12:00Noon, Eucharistic Benediction at 12:05pm
Confessions at 12:15pm to 1:00pm, 6:00pm to 6:45pm, Mass at 7:00pm

St. Helena Church Food Bank Information

How would you like an extra \$250 or \$300 in your pocket each month? If you're a family with children, it's easy as filing taxes! File now and start receiving \$250 to \$300 per child in July. Learn how to get your payment. Go to www.phila.gov/childtaxcredit.

If you don't have a Social Security Number but your children do, you may still be eligible to claim the Child Tax Credit payments of \$250 or \$300 per month. Find out how to get an individual Taxpayer Identification Number (ITIN) so you can file taxes and claim the payments. Go to www.phila.gov/childtaxcredit.

Honoring Our Heroes

Delaware Valley Veterans' Home Needs Help (for men and women) Body Wash, Deodorant, Sunscreen, Sunglasses, Large Puzzle (100 Pieces) Laundry Pods. If you can help in any way, please give to Sister Sophie and she will take to the Veteran's Home.

REMINDER

Sacrament of Reconciliation

On Saturday from 4:00pm to 4:25pm and Mondays from 12:15pm to 1:00pm and from 6:00pm to 6:45pm. If you are unable to come at those times, please contact the Rectory to make an appointment at a mutually convenient time.

Volunteering Opportunities

Do you enjoy making others happy? Are you looking to share a unique talent? Do you want a

chance to meet new people? We can help! **Saint Joseph Villa in Flourtown is looking for volunteers to help brighten the lives of our Sisters of St. Joseph and lay residents.**

We have an exciting opportunity to get involved in our community and become a part of the Mission of the Sisters of St. Joseph. You can volunteer as little as an hour a week or up to several hours a day. We have many volunteer opportunities available such as Eucharistic Ministry, transporting residents to in-house appointments, taking residents on walks around the Villa property, being a friendly visitor, running activities, and much more. If interested or if you have any questions, you can contact the Director of Volunteers, Maureen Morales at 215-248-7844 or email at moralism@stjosephvila.org

	Live-Streaming Sunday Masses
 Live-Streaming	<p>English Masses: The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p>St. Helena's Vietnamese Mass is live-streamed every Sunday at 9:30am and St. Helena's Spanish Mass is live-streamed every Sunday at 12:30pm. Go to www.sainthelenaparish.net and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank in gratitude.

The spiritual practice of tithing disposes us to make God first in every area of our lives!

The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



Due to early transmission the tithing report will be printed in next week's bulletin



Sunday is July 4th ~ Independence Day



Independence Day (colloquially the Fourth of July or July 4) is a federal holiday in the United States commemorating the Declaration of Independence of the United States, on July 4, 1776. The Continental Congress declared that the thirteen American colonies were no longer subject (and subordinate) to the monarch of Britain, King George III, and were now united, free, and independent states. The Congress had voted to declare independence two days earlier, on July 2, but it was not declared until July 4.

From the Pastors Desk.... **Last But Not Least**

Today we celebrate the 14th Sunday in Ordinary Time. Today Jesus is teaching in the synagogue. This is nothing unusual for Jesus. However, today Jesus is preaching in his home town of Nazareth. The people who listened to him were absolutely astonished at the depth of his preaching. They looked at one another and asked: "Where did Jesus get all this knowledge?" They also were astonished at the amazing deeds that he had performed. They knew that Jesus was the son of a poor carpenter and Jesus also was a poor carpenter. The people of Nazareth were simple, hard-working people. Where had Jesus gained all of his knowledge about the Scriptures? Another segment of the townspeople took offense at Jesus and his preaching. They were not open to seeing him as anything more than a poor carpenter from Nazareth. Ask yourself: how are you like the people of Nazareth? Are you skeptical of Jesus' ability to teach or preach or even to heal? Today may be a good day to take a step back and reflect on your life. Ask yourself: What are the gifts and the goodness in your life?

Today is Independence Day in the United States. On this day, commonly called The Fourth of July, we Americans celebrate the signing of the Declaration of Independence. For over two hundred years, citizens of the U.S. have celebrated our independence on The Fourth of July. We fly the flag; put up red, white, and blue decorations; march in parades; and enjoy picnics. Throughout all of our celebrations, we are reminded of the gift of our freedom as a nation. **Indeed, we are blessed in the United States with exceptional liberty, for which we ought to thank the Lord.** Take time today to thank God for the freedom we have in this country. But, whether you live in the U.S. or not, I encourage you to step back and consider the freedom Christ has given you to approach God with deep confidence. Let's thank God together for this amazing freedom he has given us.

Finally, summer official began on **Sunday, June 20th**. As you enjoy the break from the ordinary time of work/school, don't forget about Jesus and Mass. We are open and happy to have you and visitors join us each Saturday or Sunday for Mass. Thanks for reading, please be safe, and have a good week.

Your Brother and Shepherd,
Rev. Msgr. Joseph Trinh

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SAMANTHA JOSEPHSON

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