



# St. Helena Church

**6161 N. 5<sup>th</sup> Street  
(Fifth Street and Godfrey Avenue)  
Philadelphia, PA 19120-1497**

## St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

## PARISH STAFF

<b>Rev. Msgr. Joseph T. Trinh</b>	<i>Pastor</i>
<b>Rev. Edward A. Pelczar</b>	<i>(Retired)</i>
<b>Rev. Peter J. Welsh</b>	<i>Parochial Vicar</i>
<b>Rev. Albert Gardy Villarson, OMI</b>	<i>In Residence</i>
<b>Deacon Victor I. Seda</b>	<i>Parish Deacon</i>
<b>Deacon Huan C. Tran</b>	<i>Parish Deacon</i>
<b>Deacon Victor Pomaes</b>	<i>Parish Deacon</i>
<b>Sr. Sophie Yondura, ssj., D. Min.</b>	<i>DRE, RCIA, Faith Formation</i>
<b>Elena Asencio</b>	<i>Parish Secretary</i>
<b>Tram Ton Nu</b>	<i>Business Manager</i>
<b>Genevieve Black</b>	<i>Music Director</i>
<b>Sr. Maryanne Zakreski, ssj</b>	<i>Outreach Center/Food Bank</i>
<b>Sr. Anna Marie Lesutis, RSM, RN</b>	<i>Health Promotion</i>

<b>Rectory 6161 N. 5<sup>th</sup> Street</b>	215-424-1300 (1301)
<b>Convent 6127 N. 5<sup>th</sup> Street</b>	215-924-2770
<b>School 6101 N. 5<sup>th</sup> Street</b>	215-549-2947
<b>Rectory Fax Number</b>	215-424-9152
<b>Health Promotion Office</b>	215-384-6540
<b>Food Bank</b>	267-900-5935
<b>St. Helena Parish Outreach Center</b>	215-268-8071

**Web-site** [www.sainthelenaparish.net](http://www.sainthelenaparish.net)

## St. Helena Church Office Hours (closed 12Noon-1:00pm)

<b>Monday-Friday</b>	<b>9:00am to 5:00pm</b>
<b>Saturday</b>	<b>9:00am to 2:00pm</b>



## ORGANIZATIONAL MEETINGS

<b>Parish Council</b>	Alternating 2 <sup>nd</sup> Tuesday 7:00PM (Rectory)
<b>Finance Committee</b>	Alternating 2 <sup>nd</sup> Tuesday 7:00PM (Rectory)
<b>Alumni Meeting</b>	Monthly at 10:00am in the Convent



## MASSES



Saturday Vigil – 4:30PM Mass in English  
Sunday – 8:00AM Mass in English  
9:30AM Mass in Vietnamese 11:15AM Mass in English  
12:30PM Mass in Spanish  
Monday through Saturday 8:00AM  
Obligatory Holy Days – (except Jan. 1 & Christmas)  
8:00AM, 9:00AM, 7:00PM Tri-lingual  
First Fridays – 8:00AM (and 9:00AM during School Year)

## SACRAMENTS

### Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1<sup>st</sup> Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

## DEVOTIONS



**Eucharistic Adoration**  
**Daily Rosary**  
**MM Devotion**  
**OLLV Devotion**  
**Viet. Divine Mercy Grupo**  
**Carismático**

Every Sunday 2:00pm to 5:00pm  
Every Monday 8:30AM to 7:00pm  
Monday – Friday after 8:00AM Mass  
Saturday – 7:45AM (Lower Church)  
Saturday – 8:30AM (Lower Church)  
Sunday – 2:30pm (Lower Church)  
Tenemos círculo de oración en español todos los miercoles a las 7:00PM en la iglesia de abajo. Están todos invitados

## SERVICE MINISTRY

**55+ Club**  
**Outreach Center**  
**Sick Calls**

2<sup>nd</sup> & 4<sup>th</sup> Thursday 12:00 (Rectory Basement)  
Sr. Maryanne Zakreski, ssj  
Please call the rectory to schedule a home visit for Communion or in the Hospital.  
Laurel Square, Your, Cheltenham  
Contact Father Peter Welch

**Rehabilitation Nursing Home**

## St. Helena-Incarnation Independent Mission School

St. Helena Incarnation School  
6101 N. 5<sup>th</sup> Street 215-549-2947

## St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9am to 12Noon.  
Senior Boxes – 2<sup>nd</sup> Thursday of each month from 9am to 12Noon.



## August 22, 2021 21st Sunday in Ordinary Time

### *We Remember in Prayer our Sick*

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenevna Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Carmen Giamarco	Dan Shead	Francis Hernandez
Isabel Phayre	Awilda Gonzalez	Camille Figueroa
Ignacio Ortolaza	Hipolita Delgado	Lam Nguyen
Samie Rosado	Belen Delgado	Carmen Delia Cruz
Maria Thanh Đoàn	Adolfo Castano	Fernando Castano
Peg Graham	Alberto Alves	Anthony Loc Nguyen
Connie Buckley	Buffy Brown	Catherine Massa
Sr. Marie Albert	Gary Koobrick	Francis Germanovich

### *We Remember in Prayer our Deceased* **Sr. Frances Antoinette, ssj**

**Saint Michael, the Archangel**, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

**San Miguel Arcángel**, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

**Lạy Tổng Lãnh Thiên Thần Micae**, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần nguy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

### Scripture Readings for the Week



#### **SUNDAY, August 22, 2021 22<sup>nd</sup> Sunday in OT**

Jos 24: 1-2a, 15-17, 18b Eph 5: 21-32 Jn 6: 60-69

<b>MONDAY (23)</b>	1 Thes 1: 1-5, 8b-10	Mt 23: 13-22
<b>TUESDAY (24)</b>	Rv 21: 9b-14	Jn 1: 45-51
<b>WEDNESDAY (25)</b>	1 Thes 2: 9-13	Mt 23: 27-32
<b>THURSDAY (26)</b>	1 Thes 3: 7-13	Mt 24: 42-51
<b>FRIDAY (27)</b>	1 Thes 4: 1-8	Mt 25: 1-13
<b>SATURDAY (28)</b>	1 Thes 4: 9-11	Mt 25: 14-30



## Masses for the Week August 22 to 29, 2021

### **SATURDAY, August 21, 2021**

4:30PM Anna Cam Do

### **SUNDAY, August 22, 2021 21<sup>st</sup> Sunday in Ordinary Time**

8:00AM Maria Lampe  
9:30AM Personal Intention  
11:15 AM Joan Schaller  
12:30 PM Diego Correa

### **MONDAY, August 23, 2021 St. Rose of Lima, Virgin**

8:00AM Dominic Hoa Nguyen & Family  
7:00PM Maria Elisa Jimenez & Jose Ramon Frias

### **TUESDAY, August 24, 2021 St. Bartholomew, Apostle**

8:00AM Joseph Xuan Nguyen

### **WEDNESDAY, August 25, 2021 St. Louis,**

**St. Joseph Calasanz, Priest**

8:00AM Peter Tam Vu & All Souls

### **THURSDAY, August 26, 2021**

8:00AM Peter Vuong Tran

### **FRIDAY, August 27, 2021 St. Monica**

8:00AM Joseph Yem Hoang

### **SATURDAY, August 28, 2021 St. Augustine, Bishop**

8:00AM Joseph Chiet & All Souls **Dr. of the Church**  
4:30PM Bridget Josephine McGrory  
& Mary Teresa Hasson

### **SUNDAY, August 29, 2021 22<sup>nd</sup> Sunday in Ordinary Time**

8:00AM Dominic Tran Giau  
9:30AM Personal Intention  
11:15 AM 3<sup>rd</sup> Wedding Anniversary of Matthew Curreri  
& Theresa Nguyen Curreri  
12:30 PM Luis D. Martinez

### **Prayer in Anticipation of Our 100th Anniversary**

Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 97 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 97 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

# Year of St. Joseph ~ December 8, 2021 to December 8, 2021



## St. Joseph, Guardian of the Redeemer

God the Father chose St. Joseph to be the foster father and guardian of Jesus. He was the protector and provider for the Holy Family, for Jesus as a child and as He grew into manhood. One example that portrays the difficulties and trials that Joseph underwent to guard Jesus and Mary was their long journey fleeing to Egypt to escape death by Herod's soldiers. They came to a land that was totally unfamiliar to them, seeking to earn a living in a country in which they did not speak the language. Since we belong to Christ and His Church through baptism, and Jesus was under the

protection of St. Joseph, it follows fittingly that St. Joseph is our guardian, too. His role is to watch over us and protect us, and, therefore, St. Joseph can rightfully be called the "guardian of the redeemed." We can see one example of how St. Joseph is meant to be our guardian through the life of St. André Bessette. Born in 1845 in Quebec and given the name Alfred, he was orphaned by the time he was 12. He could barely read and write, was sickly most of his life and had to work to support himself. Alfred persevered with courage because throughout his life, he was deeply devoted to God and St. Joseph and always believed that St. Joseph would "guard" him. André desire to increase devotion to St. Joseph inspired him to found a shrine to his favorite saint across the street from Notre Dame College. He saved the money he earned from giving haircuts at five cents apiece, eventually earning the \$200 he needed to construct a simple structure. This shrine opened in 1904, and, in 1909, Brother André was released from his duties as doorkeeper and assigned full-time as the caretaker of the Oratory of St. Joseph.

## PREP Registration for 21-22 Religion Classes for Grades 1 to 6



**PREP** (Religion Classes for Children) for 2021-2022 will begin with a parents meeting on September 26th with in-person classes in the school hall from 9:00am to 10:30am. Registration for classes takes place during the month of August after all the Masses in the Lower Church.

**PREP** (Catecismo por los niños) para 2021-2022 comenzará con una reunión de padres el domingo, 26 de septiembre de 9:00 am a 10:30 am con clases presenciales en el salón de la escuela. La inscripción a las clases se realiza durante el mes de agosto después de todas las misas en la iglesia de abajo.



## Adoration of the Blessed Sacrament

We have Adoration of the Blessed Sacrament every Sunday from 2:00pm until Benediction at 5:00pm. **Due to a Mass for the school Faculty at 9:00am, Adoration this Monday will begin at 10:00am** until Mass at 7:00pm. We will pray the Angelus at 12:00Noon, Eucharistic Benediction at 12:05pm. Confessions are available from 12:15pm to 1:00pm and from 6:00pm to 6:45pm.

## Do You Have Questions About The Catholic Faith?

Saint Helena Parish offers year round opportunities for people seeking more information about the Catholic Faith, the Sacraments and living the Christian Life. These opportunities are for adults who would like to inquire about following Jesus and becoming a member of the Catholic Church, or, if you are already a baptized Christian, would like to become a Catholic, or, if you are already a baptized Catholic, would like to receive Confirmation and Holy Communion. There are many people like yourself inquiring and we are ready to answer your questions. Please contact Sister Sophie at 215-424-1300 for an appointment or to register for classes.



# St. Helena Food Bank Announcement

- 1) St. Helena Food Bank Outreach continues to serve those in need thanks to you and our partner parishes. St. Helena sponsors a parish collection of dried goods on the second Sunday of every month. We welcome your donations of soup, pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, and rice, to the food bank.
- 2) The Food Bank is open on Tuesdays and Thursdays from 9 to 12. If you know anyone who is struggling with food insecurity, please refer them to our food bank.
- 3) Monetary donations are needed and welcomed for the purchase of fruits and vegetables.
- 4) We are in need of a few volunteers to help with unloading food deliveries, to help with food deliveries to the homebound, and stacking and organizing the food. Please call S. Maryanne at the food bank number if interested.

## **Spiritual Offerings on EWTN**

Every month EWTN TV brings you programming about Catholic Saints! Learn about their lives in these documentaries, docudramas, movies and biographies.

- ✠ **HIDDEN: A LIFE ALL FOR GOD** A rare look inside Mount Saint Mary's Abbey, a cloistered monastery where Trappistine Sisters share a mission and purpose of trying to find Christ in every moment of every day. August 22, 10:00pm, August 27, 5:00am.
- ✠ **THE DOCTORS OF THE CHURCH: ST. AUGUSTINE OF HIPPO Part 2** In the conclusion of this two-part series on St. Augustine of Hippo, see the transforming power of grace this influential saint gained from the prayers of his mother, St. Monica. August 27, 6:30pm, August 28, 11:30am.

## March for Life

The first annual Pennsylvania March o Life will be held on Monday, September 27<sup>th</sup> in Harrisburg. At 11:00am, marchers will rally at the steps of the state capital to call on legislators to protect unborn children, followed by the March at noon. The National March for Life is partnering with the pro-life state organization, Pennsylvania Family Institute, to help inaugurate the first every Pennsylvania March for Life. For more information, please check the web-site at:

[Marchforlife.org/Pennsylvania-March-for-Life.](http://Marchforlife.org/Pennsylvania-March-for-Life)

### Food for Thought

We have a beautiful shrine to our Lady of Fatima outside, next to the Rectory. Many of you when passing by stop at the shrine for a visit. What do you think if every Wednesday evening at 5:30pm, beginning September 8<sup>th</sup>, we gather at the Fatima Shrine to pray the rosary? If interested or you have thoughts about this, please let Sister Sophie know. You can respond below...

[illegible]

### **Relevant Radio – 640AM**

This is a Catholic, interactive radio, featuring a variety of programming and outreach. You can “tune-in” whenever you have the time, and listen to the live programs, or choose from prayers, archives, podcasts, etc. It can be used as a daily spiritual companion, including live, national prayer times: The Divine Mercy Chaplet (4:00pm) and the Rosary (8:00pm).

Basically, a tithe means 10%. All are asked to consider returning 10% of our income to the Lord parish,  
5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank in gratitude.  
The spiritual practice of tithing disposes us to make God first in every area of our lives!  
The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

## Parish Tithing Report for August 15, 2021



(1st) Weekly.....\$4,580.00 (195 envelopes)  
Drop Off.....\$1,546.00 (50 envelopes)  
E-Giving.....\$400.00 (6 transactions)  
**Total Collection.....\$6,526.00.00 (245 envelopes)**  
**Assumption Collection.....\$1,918.75**  
**Catholic University Collection..... \$759.00**



Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	89	\$186.00	\$197.00	\$383.00	18
8:00am	125	\$233.00	\$299.00	\$532.00	26
9:30am	373	\$1,037.00	\$1,425.00	\$2,462.00	99
11:15am	81	\$136.00	\$457.00	\$593.00	24
12:30pm	182	\$135.00	\$475.00	\$610.00	28
Drop Off	-----	-----	\$1,546.00	\$1,546.00	50

## From the Pastors Desk.... Last But Not Least

**Today we celebrate the 21<sup>st</sup> Sunday in Ordinary Time and the Queenship of Mary.** Today's gospel reading captures a moment of crisis for the followers of Jesus. Some of those who have already responded to the call of Jesus to follow him, to become his disciples, are now struggling to accept the claims he has been making for himself, in particular his claim to be the Bread of Life that has come down from heaven. Take a moment and put yourself in the disciples' shoes. How would you respond if Jesus were saying all of this to you? Would you be overwhelmed, excited, frightened, or elated? John tells us: "Many of Jesus' disciples turned their backs on Him and went back to their homes." However, Simon Peter approached Jesus and said: "Lord, there is no one else whom we can go to. You alone have the words of eternal life." Peter then affirmed his belief that Jesus truly was God's Holy Son! We all have doubts in Jesus at times. Often these are the times we distance ourselves from Jesus. Yet these are the times when we need to approach Him and talk with Him. We may question Him or perhaps simply sit in His presence and allow Him to wrap us in love and light. We are the ones who leave Him. Jesus will never, ever leave us!

**It was so good to see some new faces this past weekend.** As was stated by Archbishop Perez, the obligation to attend Mass on Sundays and Holy Days was reinstated on August 15<sup>th</sup>. However, by longstanding Church law, this obligation does not apply to those who are: sick, have a serious health risk, live in a household with those at risk, serve as primary caregivers to those at risk, have serious anxiety or concerns about being in a large-group setting due to COVID-19, or are unable to attend Mass in person.

Finally, **I continually thank all those who are contributing via Sunday envelopes, drop off envelopes or e-giving to our weekly contributions and special collections especially during these hard times.** Your contribution helps to keep our churches looks beautiful. Thanks for reading, please be safe, try to stay cool, and have a good week.

Your Brother and Shepherd,  
Rev. Msgr. Joseph Trinh



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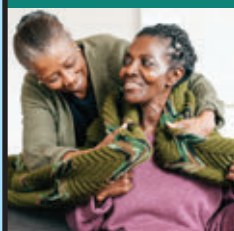
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