



# St. Helena Church

**6161 N. 5<sup>th</sup> Street  
(Fifth Street and Godfrey Avenue)  
Philadelphia, PA 19120-1497**

## **St. Helena Church is a Tithing & Evangelizing Parish Mission Statement**

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

## **PARISH STAFF**

<b>Rev. Msgr. Joseph T. Trinh</b>	<i>Pastor</i>
<b>Rev. Edward A. Pelczar</b>	<i>(Retired)</i>
<b>Rev. Peter J. Welsh</b>	<i>Parochial Vicar</i>
<b>Rev. Albert Gardy Villarson, OMI</b>	<i>In Residence</i>
<b>Deacon Victor I. Seda</b>	<i>Parish Deacon</i>
<b>Deacon Huan C. Tran</b>	<i>Parish Deacon</i>
<b>Deacon Victor Pomales</b>	<i>Parish Deacon</i>
<b>Sr. Sophie Yondura, ssj., D. Min.</b>	<i>DRE, RCIA, Faith Formation</i>
<b>Elena Asencio</b>	<i>Parish Secretary</i>
<b>Tram Ton Nu</b>	<i>Business Manager</i>
<b>Genevieve Black</b>	<i>Music Director</i>
<b>Sr. Maryanne Zakreski, ssj</b>	<i>Outreach Center/Food Bank</i>
<b>Sr. Anna Marie Lesutis, RSM, RN</b>	<i>Health Promotion</i>

<b>Rectory 6161 N. 5<sup>th</sup> Street</b>	215-424-1300 (1301)
<b>Convent 6127 N. 5<sup>th</sup> Street</b>	215-924-2770
<b>School 6101 N. 5<sup>th</sup> Street</b>	215-549-2947
<b>Rectory Fax Number</b>	215-424-9152
<b>Health Promotion Office</b>	215-384-6540
<b>Food Bank</b>	267-900-5935
<b>St. Helena Parish Outreach Center</b>	215-268-8071

**Web-site** [www.sainthelenaparish.net](http://www.sainthelenaparish.net)

## **St. Helena Church Office Hours (closed 12Noon-1:00pm)**

<b>Monday-Friday</b>	<b>9:00am to 5:00pm</b>
<b>Saturday</b>	<b>9:00am to 2:00pm</b>



## **ORGANIZATIONAL MEETINGS**

<b>Parish Council</b>	Alternating 2 <sup>nd</sup> Tuesday 7:00PM (Rectory)
<b>Finance Committee</b>	Alternating 2 <sup>nd</sup> Tuesday 7:00PM (Rectory)
<b>Alumni Meeting</b>	Monthly at 10:00am in the Convent



## **MASSES**



Saturday Vigil – 4:30PM Mass in English  
 Sunday – 8:00AM Mass in English  
 9:30AM Mass in Vietnamese 11:15AM Mass in English  
 12:30PM Mass in Spanish  
 Monday through Saturday 8:00AM  
 Obligatory Holy Days – (except Jan. 1 & Christmas)  
 8:00AM, 9:00AM, 7:00PM Tri-lingual  
 First Fridays – 8:00AM (and 9:00AM during School Year)

## **SACRAMENTS**

### **Confession**

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1<sup>st</sup> Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

## **DEVOTIONS**



**Eucharistic Adoration**  
**Daily Rosary**  
**MM Devotion**  
**OLLV Devotion**  
**Viet. Divine Mercy Grupo**  
**Carismático**

Every Sunday 2:00pm to 5:00pm  
 Every Monday 8:30AM to 7:00pm  
 Monday – Friday after 8:00AM Mass  
 Saturday – 7:45AM (Lower Church)  
 Saturday – 8:30AM (Lower Church)  
 Sunday – 2:30pm (Lower Church)  
 Tenemos círculo de oración en español todos los miercoles a las 7:00PM en la iglesia de abajo. Están todos invitados

## **SERVICE MINISTRY**

**55+ Club**  
**Outreach Center**  
**Sick Calls**

2<sup>nd</sup> & 4<sup>th</sup> Thursday 12:00 (Rectory Basement)  
 Sr. Maryanne Zakreski, ssj  
 Please call the rectory to schedule a home visit for Communion or in the Hospital.  
 Laurel Square, Your, Cheltenham  
 Contact Father Peter Welch

**Rehabilitation Nursing Home**

## **St. Helena-Incarnation Independent Mission School**

St. Helena Incarnation School  
 6101 N. 5<sup>th</sup> Street 215-549-2947

## **St. Helena Food Bank**

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9am to 12Noon.  
 Senior Boxes – 2<sup>nd</sup> Thursday of each month from 9am to 12Noon.



## August 1, 2021 18th Sunday in Ordinary Time

### *We Remember in Prayer our Sick*

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenyeva Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Carmen Giamarco	Dan Shead	Francis Hernandez
Isabel Phayre	Awilda Gonzalez	Camille Figueroa
Ignacio Ortolaza	Hipolita Delgado	Lam Nguyen
Samie Rosado	Belen Delgado	Carmen Delia Cruz
Maria Thanh Đoàn	Adolfo Castano	Fernando Castano
Peg Graham	Alberto Alves	Anthony Loc Nguyen
Connie Buckley	Buffy Brown	Catherine Massa
Joan Paoletti	Sr. Marie Albert	Francis Germanovich

### *We Remember in Prayer our Deceased*

**Saint Michael, the Archangel**, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

**San Miguel Arcángel**, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

**Lạy Tổng Lãnh Thiên Thần Micae**, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần nguy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

### Scripture Readings for the Week



#### **SUNDAY, August 1, 2021 17<sup>th</sup> Sunday in OT**

Ex 16: 2-4, 12-15 Eph 4: 17, 20-24 Jn 6: 24-35

**MONDAY (02)** Nm 11: 4b-15 Mt 14: 13-21

**TUESDAY (03)** Nm 12: 1-13 Mt 14: 22-36

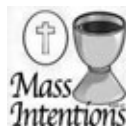
**WEDNESDAY (04)** Nm 13: 1-2, 25-14:1, 26-29a, 34-35  
Mt 15: 21-28

**THURSDAY (05)** Nm 20: 1-13 Mt 16: 13-23

**FRIDAY (06)** Dn 7: 9-10, 13-14

2 Pt 1: 16-19 Mk 9: 2-10

**SATURDAY (07)** Dt 6: 4-13 Mt 17: 14-20



## Masses for the Week August. 1 to 8, 2021

#### **SATURDAY, July 31, 2021**

4:30PM Frances Patrick

#### **SUNDAY, August 1, 2021 18<sup>th</sup> Sunday in OT**

8:00AM St. Helena Parishioners

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM Jorge Luis Lopez

12:30 PM Jacinto Torres-Ruiz (SP Livestream-UC)

5:00PM St. Helena Parishioners

#### **MONDAY, August 2, 2021 St. Eusebius of Vercelli, Bishop**

8:00AM Dec. Members of the **St. Peter Julian Eymard, Priest**  
David Speicer Family

7:00PM Maria Pham Thi Ly

#### **TUESDAY, August 3, 2021**

8:00AM Teresa Khanh

#### **WEDNESDAY, August 4, 2021 St. John Vianney, Priest**

8:00AM All Souls in Purgatory

#### **THURSDAY, August 5, 2021 Dedication of the Basilica**

8:00AM John & Theresa Palmrich **of St. Mary Major**

#### **FRIDAY, August 6, 2021 Transfiguration of the Lord**

8:00AM Anna & Dominic

7:00PM St. Helena Parishioners

#### **SATURDAY, August 7, 2021 St. Sixtus II, Pope and**

8:00AM Thomas That Nguyen **Companions, Martyrs**

4:30PM Peter Cham Le **St. Cajetan, Priest**

#### **SUNDAY, August 8, 2021 19<sup>th</sup> Sunday in OT**

8:00AM Rev. Daniel J. Farrell

9:30AM Personal Intention (VN Livestream-UC)

11:15 AM St. Helena Parishioners

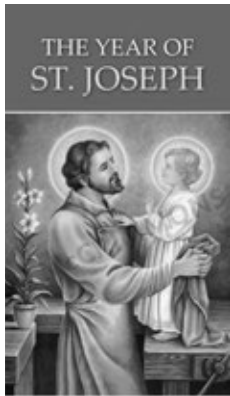
12:30 PM Jose Estanislao Diaz (SP Livestream-UC)

### **Welcome to St. Helena Parish in the Olney section of Philadelphia!**

We welcome all and are pleased to have you come and share in the celebration of the Eucharist at our Church. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community. If you are new or visiting, please come to register.



# Year of St. Joseph ~ December 8, 2021 to December 8, 2021



## Lessons St. Joseph Wants to Teach All Humanity Today

### Lesson #3: We are Called to Embrace Reality – A Happy Death

Aside from being patron saint of numerous causes, St. Joseph is especially known for being the patron of a "happy death." While this idea is not explicitly Biblical, it stems back to a tradition that developed over time through Christian imaginary and religious art. During this pandemic when so many relatives, friends, neighbors and people of our world are suffering the effects of illness, death and injustices in our health care systems, St. Joseph teaches us something critical about Christian happiness. It is not about avoiding suffering. Rather, it is about embracing whatever reality comes our way in the love and grace of Jesus and Mary. This doesn't mean we remain complacent with our current state of affairs. Rather, it's quite the opposite. Remembering that Jesus and Mary are always by one's side, we have the Christian faith, hope and love necessary to transform our broken world—no matter how ill, old, poor or in pain one might be. The faith Christ taught us is what we see in Saint Joseph. He did not look for shortcuts, but confronted reality with open eyes and accepted personal responsibility for it." St. Joseph helps us to embrace and transform all our reality. This time with him, Mary and Jesus right by our side.



## Prayer in Anticipation of Our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 97 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 97 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

## 6th Annual Padre Pio Festival ~ St. Bede Parish, Holland



### Saturday, September 18

**Noon to 5:00pm** – All American Picnic Buffet (catered by McCaffery's Markets) Karaoke Contest, Bingo, Field Games, Live Entertainment by the Willie Lynch Band from 2:30pm to 4:30pm. **Noon to 9:00pm** – Food Vendors, Craft Vendors (**Sister Sophie will be there**) Padre Pio Café, Games, Inflatable Amusements, Religious Articles for sale, Raffle Baskets, Mass in Honor of Padre Pio followed by a blessing with Padre Pio Relics, Special FREE Concert by the "Jersey Tenors"

### Sunday, September 19

12:30pm Solemn Mass in Honor of Padre Pio, 1:30pm Street Procession, 2:30pm Healing Mass, 4:00pm Youth Holy Hour. **All Day** – Italian Food Service by Maggio's, Specialty Food Vendors, Craft Vendors, Padre Pio Café, Games, Inflatable Amusements, Religious Articles for sale, Raffle Baskets.



# Mass in Honor of the Eternal Father

**Sunday, August 1st (the first Sunday in August) is the Feast of the Eternal Father.** An 8 day preparation for the feast starts Sunday, July 25th. Mass will be celebrated at 5:00pm on Sunday, August 1<sup>st</sup> in the Lower Church. (No Benediction) The Consecration Prayer to the Eternal Father (see below) should be prayed for the 8 days prior to the feast.

## CONSECRATION PRAYER TO THE ETERNAL FATHER

My dearest Father, please accept this offering of myself – my body, mind, and soul: I praise you for your creation – all your works and wonders. I thank you for giving me life and for all that you have done for me. I offer up to you all that you have so generously given me. I am sincerely sorry for not knowing, loving, serving and honoring you as I should. I embrace my inheritance as your child, both the joy and the responsibilities. I give you my Yes so that I may be an instrument of your Will. I pledge my fidelity and ask for the grace of steadfastness and perseverance in my Faith. Most loving, caring, and merciful of Fathers, in your Divine Presence, I sincerely proclaim my love for you: I give myself (and my family) to you; and I solemnly consecrate myself (and my family) to you – now and forever. Dearest Father, as your child, I ask: That you send Mary to guide me to Jesus, and that Jesus sends me the Holy Spirit so that they may all bring me to you. That you dwell with me and in me – a living temple prepared by Mary, dedicated by Jesus, and purified by your Holy Spirit. And may I always be with you and in you. That you permit me, as your child, to be your true and intimate friend – one who loves you above all things. And that you come to me when I die, to bring me home to you. I further ask you, Father, for the sake of all mankind: To have mercy on all your children – past, present and future. To bring peace to the world and to gather all your children to yourself. And that your Kingdom come and your Will is done on earth as it is in heaven. Amen.

## STATEMENT FROM ARCHBISHOP NELSON J. PÉREZ REGARDING REINSTATING THE OBLIGATION TO ATTEND SUNDAY MASS

"We have all felt the impact of COVID-19 in as individuals and families. It has been a time of acute hardship and struggle, of separation and isolation. It has also had an impact on our lives of faith. Jesus Christ, our Lord and Savior, has been with us throughout this challenging period and is most especially near to us when we encounter him in the Eucharist. The Eucharist offers us His healing and peace, His mercy and reconciliation. It is now time for everyone to return to the Eucharist with renewed faith and joy.

As many aspects of life are now returning to normalcy, each Catholic Bishop in Pennsylvania will **reinstate the obligation to attend Mass in person on Sundays and Holy Days beginning on Sunday, August 15, 2021, the Solemnity of the Assumption of the Blessed Virgin Mary.** The Bishops previously jointly decided to dispense the faithful from this obligation in March of 2020 in order to provide for the common good given concerns over the developing pandemic. Now, with the impact of the pandemic considerably reduced, it is again possible for the faithful to assemble for the Eucharist. It is time to lift the dispensation from the obligation.

**The obligation to attend Mass in person on Sundays and Holy Days  
be reinstated on Sunday, August 15, 2021,  
the Solemnity of the Assumption of the Blessed Virgin Mary.**

**The last Live-Streaming Vietnamese and  
Spanish Sunday Masses will be August 8th.**

Basically, a tithe means 10%. All are asked to consider returning 10% of our income to the Lord parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank in gratitude.

The spiritual practice of tithing disposes us to make God first in every area of our lives!

The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



## **Due to early transmission the tithing report will be printed in next week's bulletin**



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## **Adoration of the Blessed Sacrament**

We have Adoration of the Blessed Sacrament every Sunday from 2:00pm until Benediction at 5:00pm. On Monday Adoration takes place from 8:30am until Mass at 7:00pm. We will pray the Angelus at 12:00Noon, Eucharistic Benediction at 12:05pm. Confessions are available from 12:15pm to 1:00pm and from 6:00pm to 6:45pm.



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## **From the Pastors Desk.... Last But Not Least**

**Today we celebrate the 18<sup>th</sup> Sunday in Ordinary Time.** Today's first reading and gospel focus upon the Eucharist, the center of our life as Catholic Christians. The Eucharist is the sign of God's love for us and God's abiding presence in our midst. The first reading describes how the miraculous manna fed the Israelites as they wandered around the wilderness for forty years. The Eucharist is our daily bread as well. But it is not simply physical food – it feeds our spirits. And just how does it do this? What do we experience when we attend the Eucharist? How are we nourished? How are we given food for spiritual growth? How does our own community regard the Eucharist? What do we have to say about it? Remember we are a community of Christians – we are not solitary individuals! Furthermore, our community of faith stretches back through history as well as across today's geography. What did our ancestors say about the Eucharist that is still nourishing for us? Above all, we can share our experiences of the Eucharist with one another. Such sharing will not only equip us with words to break open the Eucharist for others, but it will deepen our own appreciation and understanding of this great mystery celebrated daily in our midst.

I urge you to take advantage of our parish religious education program. As soon as a child enters first grade, he or she should be enrolled in a religion program. Our religious education program is a formal (not Sacramental) program for children in grades 1 to 8 who attend a Non-Catholic school. High School and Adults who need the Sacraments are enrolled in our RCIA program. **Registration for PREP & RCIA takes place beginning today and throughout the month of August.**

Finally, as many aspects of life are now returning to normalcy, the **Catholic Bishop in Pennsylvania will reinstate the obligation to attend Mass in person on Sundays and Holy Days beginning on Sunday, August 15, 2021**, the Solemnity of the Assumption of the Blessed Virgin Mary. **The last Live-Streaming Vietnamese and Spanish Sunday Masses will be August 8th.** St. Helena Church is open and we are happy to have you and visitors join us for Mass. All regularly scheduled weekday and weekend masses are open to the public for those who wish to attend. Thanks for reading, please be safe, try to stay cool, and have a good week.

Your Brother and Shepherd,  
Rev. Msgr. Joseph Trinh



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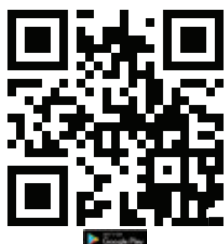
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