



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomales	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday 9:00am to 5:00pm

Friday 9:00am to 5:00pm

St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2nd Thursday of each month from 9:00am-12:00pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)

Viet. Divine Mercy Grupo
Carismático

Saturday – 8:30AM (Lower Church)
Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)
Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados



SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council
Finance Committee
Alumni Meeting

Alternating 2ndTuesday 7:00PM (Rectory)
Alternating 2ndTuesday 7:00PM (Rectory)
Monthly at 10:00am in the Convent





March 21, 2021 5th Sunday of Lent

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenevna Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Francis Germanovich	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Awilda Gonzalez
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Doan	Adolfo Castano	Fernando Castano
Belen Delgado	Mercedes Garcia	Alberto Alves
Connie Buckley	Anthony Loc Nguyen	Buffy Brown

We Remember in Prayer our Deceased

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cũng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, March 21, 2021 5th Sunday of Lent

Jer 31: 31-34 Heb 5: 7-9 Jn 12: 20-33

MONDAY (22) Dn 13: 41c-62 Jn 8: 1-11

TUESDAY (23) Nm 21: 4-9 Jn 8: 21-30

WEDNESDAY (24) Dn 3: 14-21, 91-92, 95
Jn 8: 31-42

THURSDAY (25) Is 7: 10-14; 8:10
Heb 10: 4-10 Lk 1: 26-38

FRIDAY (26) Jer 20: 10-13 Jn 10: 31-42

SATURDAY (27) Ez 37: 21-28 Jn 11: 45-56

Mass Intentions for the March 21 to 28, 2021

SATURDAY, March 20, 2021

4:30pm Joseph Xung Vu

SUNDAY, March 21, 2021 5th Sunday of Lent

8:00am Intentions of the Unachukwa Family

9:30am Personal Intention (VN Livestream-UC)

11:15am Margaret Waring

12:30pm Jacinto Torres Ruiz (SP Livestream-UC)

MONDAY, March 22, 2021

8:00am Martin Vo Dai Hai

7:00pm Dominic Giao Cong Tran

TUESDAY, March 23, 2021 St. Turibius of Mogrovejo, Bishop

8:00am Maria Tran Thi Nguyet

WEDNESDAY, March 24, 2021

8:00am Maria Kim Nguyen

THURSDAY, March 25, 2021 Annunciation of Our Lord

8:00am Martina Cynthia Nguyen

FRIDAY, March 26, 2021

8:00am Joseph Xung & Anna Quy

7:00pm St. Helena Parishioners

SATURDAY, March 27, 2021

8:00am Peter Vuong Tran

4:30pm Rev. Anthony Do Minh Do

SUNDAY, March 28, 2021 Palm Sunday

8:00am Dec. Members of the David Speicer Family

9:30am Personal Intention (VN Livestream-UC)

11:15am St. Helena Parishioners

12:30pm Mercedes Martinez (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary

Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 97 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 97 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

Welcome to St. Helena Parish in Olney section of Philadelphia! We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.

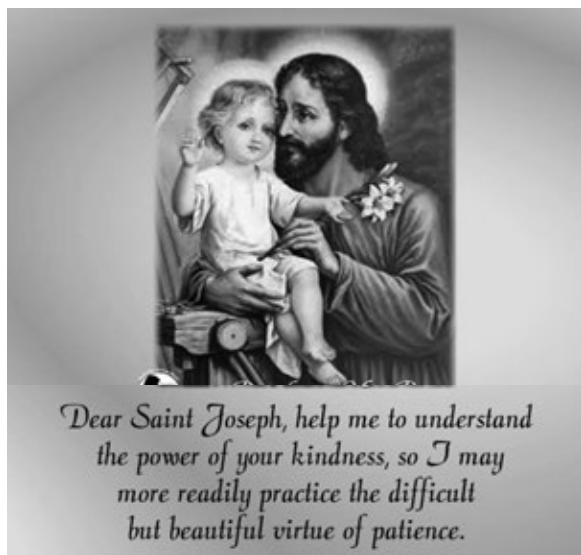
	<h2>Live-streaming Sunday Masses</h2>
<div style="text-align: center;">  LIVE STREAMING www.saintheleparish.net </div>	<p>English Masses: The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p>St. Helena’s Vietnamese Mass is live-streamed every Sunday at 9:30am and St. Helena’s Spanish Mass is live-streamed every Sunday at 12:30pm. Go to www.sainthelenaparish.net and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>



St. Helena Parish Health Promotion Office Information

Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the food pantry on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

Year of St. Joseph ~ December 8, 2020 to December 8, 2021



St. Joseph: A Model of Humility, Patience and Charity... Saint Joseph is known for his hidden virtues especially those of humility, patience, and charity. He was a perfect example of how we should all work to create a strong interior life so that we may live our public lives according to God’s precepts. “If this foundation is lacking, all the other virtues, however brilliant, will be mere display.” St. Joseph was humble enough to take Mary as his wife, knowing that she was with child. He was entrusted with the job of caring for the infant Jesus, but took none of the glory for himself, always putting God first. St. Joseph led his life of labor with patience and humility. His work as a carpenter was honest and he instructed the child Jesus to follow

in his footsteps. St. Joseph had to endure many sufferings throughout his life. It was through his charity that he loved God above all things and was able to endure these sorrows. St. Joseph, model of humility, patience, and charity, pray for us!

St. Helena's Holy Week Schedule of Services



Palm Sunday, March 28, 2021

4:30pm Saturday Vigil Mass in English
8:00am Sunday Mass in English
9:30am Sunday Mass in Vietnamese
11:15am Sunday Mass in English
12:30pm Sunday Mass in Spanish

Confessions

Every Saturday (Lower Church)
4:00-4:30 and (after Mass) 5:30-5:45pm

Wednesday – March 31, 2021

from 5:00-6:00pm and 7:00-8:00pm (LC)
English, Spanish, Vietnamese

Holy Thursday – April 1, 2021

Mass of Holy Chrism
Cathedral of Sts. Peter and Paul 10:00am
Mass of the Lord's Supper 7:00pm (UC)
Procession to the Repository
and Adoration until 10:00pm (LC)

Good Friday - April 2, 2021

Personal Adoration at the Repository
9:30am to 1:00pm (LC)

1:00pm English Stations (UC)
2:00pm English Celebration of the Lord's
Passion (UC)
3:00pm Spanish Stations (Upper Church)
4:00pm Spanish Celebration of the Lord's
Passion (Upper Church)
6:00pm Vietnamese Stations (Upper Church)
8:00pm Vietnamese Celebration of the Lord's
Passion (UC)

Holy Saturday - April 3, 2021

7:00pm Easter Vigil Liturgy of the Word
English/Spanish/Vietnamese
Followed by Sacraments of Initiation
and Liturgy of the Eucharist **(UC)**

Easter Sunday - April 4, 2021

8:00am Sunday Mass in English (LC)
9:30am Sunday Mass in Vietnamese (UC)
11:15am Sunday Mass in English (LC)
12:30pm Sunday Mass in Spanish (UC)

CRS Rice Bowl: Dominican Republic Black Bean Soup

3 cans black beans, drained	2 onions finely chopped
3 tablespoons olive oil	1 green or red bell pepper finely chopped
3 cloves garlic minced	1 cup celery chopped
3 cups water	2 teaspoons oregano
2 bay leaves	salt and pepper to taste
2 cups cooked white rice	



Sauté onions, peppers, garlic and celery in oil until soft. Stir in oregano and bay leaves and cook for 1 minute. Add water and drained beans and bring to boil. Reduce heat to low and simmer for 1 hour, stirring occasionally. When soup begins to thicken, remove from heat, remove bay leaves and stir in salt and pepper to taste. Using a potato masher or the back of a spoon, mash some of the beans to thicken the soup a bit. Adjust seasoning and serve with rice.

Laudato Sí ~ Pope Francis' Encyclical on the Environment and Human Ecology



We may well be leaving to coming generations debris, desolation and filth. The pace of consumption, waste and environmental change has so stretched the planet's capacity that our contemporary lifestyle, unsustainable as it is, can only precipitate catastrophes, such as those which even now periodically occur in different areas of the world. The effects of the present imbalance can only be reduced by our decisive action, here and now. (LS #161)

- This excerpt is a wake-up call for us. What kind of world do you want to leave to those coming after you? What actions are you willing to take to create that world?

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

Thank You!



Parish Tithing Report for March 14, 2021

(1st) Weekly.....\$3,871.00 (187 envelopes)
 Drop Off.....\$541.00 (12 envelopes)
 E-Giving.....\$390.00 (5 transactions)
Total Collection.....\$4,802.00 (199 envelopes)
 (2nd) Latin America Collection.....\$1,165.00

Tithing Income
March 15, 2020
\$4,506.00
Tithing Income
March 17, 2019
\$6,407.00

Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	62	\$44.00	\$260.00	\$304.00	15
8:00am	65	\$120.00	\$346.00	\$466.00	23
9:30am	258	\$477.00	\$1,172.00	\$1,649.00	82
11:15am	64	\$108.00	\$668.00	\$776.00	35
12:30pm	167	\$214.00	\$462.00	\$676.00	32
Drop off	-----	-----	\$541.00	\$541.00	12

You make the difference! Thank you for growing in holiness and striving to be a good steward.



Last But Not Least



Today we celebrate the 5th Sunday of Lent. God has a plan for your life. You know that already. Yet you may wonder why you still have problems in your life. Shouldn't your life get gradually better? You pray for God's help in times of trouble. God most certainly helps you. So why are there still nagging problems? Why does life get so hard? If God has a plan, what is taking Him so long to put it into action? If He is loving, why does He seem so slow? It is easy to say that God has a plan for your life. But wouldn't it be nice to know what that plan is? It is one thing to patiently endure troubles if you know how long you have to endure. It is quite another thing if there is no end in sight, and perhaps only the grave will end your troubles. If only God would show you His plan. Today I am revealing God's plan for your life. The plan is that you follow Jesus. That does not sound so bad, does it? As you follow Jesus, you do acts of love and service to help people. That sounds pretty good. As we move into Palm Sunday and Holy Week, let us be mindful of all that Jesus did for us.

I invite you to consider joining us next Sunday for Palm Sunday and our Holy Week Services. Please see page 3 of this week's bulletin for our Holy Week Schedule. I encourage you to take advantage of these special days of our Catholic Faith.

This week, we will ponder **St. Joseph, A Model of Humility, Patience and Charity.** (See page 3 for a short reflection.) Copies of the Archdiocesan Novena to St. Joseph which begin on March 19th and will continue on the 19th of each month for 9 consecutive months are available in the back of Church. In honor of the Year of St. Joseph, we will pray the **Memorare to St. Joseph** at the end of Mass. **Remember, O most pure spouse of the Blessed Virgin Mary, my noble protector, Saint Joseph, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired by this confidence, I come to you my spiritual Father and fervently commend myself to you. Despise not my petitions, O Guardian of the Redeemer, but in your goodness hear and graciously receive them.**

Thanks for your weekly contribution, stay healthy, reach out to those close to you and last but not least have a good week. **See you next Sunday, Palm Sunday!**

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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What's My Name?

The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME

In Remembrance of Samantha Josephson



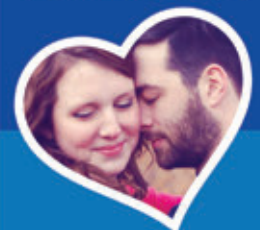
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