



# St. Helena Church

6161 N. 5<sup>th</sup> Street  
(Fifth Street and Godfrey Avenue)  
Philadelphia, PA 19120-1497

## St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

## PARISH STAFF

<b>Rev. Msgr. Joseph T. Trinh</b>	<i>Pastor</i>
<b>Rev. Edward A. Pelczar</b>	<i>(Retired) In Residence</i>
<b>Rev. Peter J. Welsh</b>	<i>Parochial Vicar</i>
<b>Rev. Albert Gardy Villarsen, OMI</b>	<i>In Residence</i>
<b>Deacon Victor I. Seda</b>	<i>Parish Deacon</i>
<b>Deacon Huan C. Tran</b>	<i>Parish Deacon</i>
<b>Deacon Victor Pomales</b>	<i>Parish Deacon</i>
<b>Sr. Sophie Yondura, ssj., D. Min.</b>	<i>Parish Services, DRE, RCIA</i>
<b>Elena Asencio</b>	<i>Parish Secretary</i>
<b>Tram Ton Nu</b>	<i>Business Manager</i>
<b>Genevieve Black</b>	<i>Music Director</i>
<b>Sr. Maryanne Zakreski, ssj</b>	<i>Outreach Center</i>
<b>Sr. Anna Marie Lesutis, RSM, RN</b>	<i>Health Promotion</i>
<b>Ann Farley, MSN</b>	<i>Health Promotion</i>
<b>Sr. Lan Nguyen, OP</b>	<i>Parish Ministry</i>

<b>Rectory</b>	<b>6161 N. 5<sup>th</sup> Street</b>	215-424-1300 (1301)
<b>Convent</b>	<b>6127 N. 5<sup>th</sup> Street</b>	215-924-2770
<b>School</b>	<b>6101 N. 5<sup>th</sup> Street</b>	215-549-2947
<b>Rectory Fax Number</b>		215-424-9152
<b>Health Promotion Office</b>		215-384-6540
<b>Food Bank</b>		267-900-5935
<b>St. Helena Parish Outreach Center</b>		267-437-4929

Web-site [www.sainthelenaparish.net](http://www.sainthelenaparish.net)

**St. Helena Church Office Hours (closed 12Noon-1:00pm)**

**Monday-Thursday 9:00am to 5:00pm**

**Friday 9:00am to 5:00pm**

## St. Helena-Incarnation Independent Mission School

6101 N. 5<sup>th</sup> Street 215-549-2947

## St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2<sup>nd</sup> Thursday of each month from 9:00am-12:00pm.



## MASSES

Saturday Vigil – 4:30PM Mass in English  
Sunday – 8:00AM Mass in English  
9:30AM Mass in Vietnamese 11:15AM Mass in English  
12:30PM Mass in Spanish  
Monday through Saturday 8:00AM  
Obligatory Holy Days – (except Jan. 1 & Christmas)  
8:00AM, 9:00AM, 7:00PM Tri-lingual  
First Fridays – 8:00AM (and 9:00AM during School Year)

## SACRAMENTS

### Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1<sup>st</sup> Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

## DEVOTIONS

**Eucharistic Adoration**  
**Daily Rosary**  
**MM Devotion**  
**OLLV Devotion**

Every Thursday in Chapel  
8:30AM-5:00PM (Evening Prayer)  
Monday – Friday after 8:00AM Mass  
Saturday – 7:45AM (Lower Church)  
Friday – 8:00PM (Chapel)



**Viet. Divine Mercy Grupo**  
**Carismático**

Saturday – 8:30AM (Lower Church)  
Sunday – 8:30AM (Lower Church)  
Sunday – 2:30pm (Lower Church)  
Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

## SERVICE MINISTRY

**55+ Club**  
**Boys Scouts**  
**Aid for Friends**  
**Outreach Center**  
**Sick Calls**

2<sup>nd</sup> & 4<sup>th</sup> Thursday 12:00 (Rectory Basement)  
Every Wednesday 7:00PM-9:00PM (Hall)  
Contact Sister Sophie Yondura, ssj. D. Min.  
Sr. Maryanne Zakreski, ssj (267-437-4929)  
Please call the rectory to schedule a home visit for Communion or in the Hospital.

**Rehabilitation & Nursing Home**

Laurel Square, York, Cheltenham  
Contact Father Peter Welsh



## Meetings

**Parish Council**  
**Finance Committee**  
**Alumni Meeting**

Alternating 2<sup>nd</sup>Tuesday 7:00PM (Rectory)  
Alternating 2<sup>nd</sup>Tuesday 7:00PM (Rectory)  
Monthly at 10:00am in the Convent



# February 28, 2021 2nd Sunday of Lent

## *We Remember in Prayer our Sick*

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evogenevna Biryukova	
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Francis Germanovich	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Awilda Gonzalez
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Doan	Adolfo Castano	Fernando Castano
Belen Delgado	Mercedes Garcia	Alberto Alves
Connie Buckley		

## *We Remember in Prayer our Deceased*

**Saint Michael, the Archangel**, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

**San Miguel Arcángel**, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

**Lạy Tổng Lãnh Thiên Thần Micae**, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sấp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

## **Scripture Readings for the Week**

### **SUNDAY, February 28, 2021 2<sup>nd</sup> Sunday of Lent**

Genesis 22: 1-2, 9a, 10-13, 15-181

Romans 8: 31b-34

Mk 9: 2-10

**MONDAY (01)** Dn 9: 4b-10 Lk 6: 36-38

**TUESDAY (02)** Is 1: 10, 16-20 Mt 23: 1-12

**WEDNESDAY (03)** Jer 18: 18-20 Mt 20: 17-28

**THURSDAY (04)** Jer 127: 5-10 Lk 16: 19-31

**FRIDAY (05)** Gn 37: 3-4, 12-13a, 17b-28a  
Mt 21: 33-43, 45-46

**SATURDAY (06)** Mi 7: 14-15, 18-20

Lk 15: 1-3, 11-32

# Mass Intentions for the Feb. 28 to Mar. 7, 2021

## **SATURDAY, February 27, 2021**

4:30pm Maria Phuong Vu

## **SUNDAY, February 28, 2021 2<sup>nd</sup> Sunday of Lent**

8:00am Thanksgiving for Teresa Guong Nguyen

9:30am Personal Intention (VN Livestream-UC)

11:15am Frank Schaller, Sr

12:30pm Mercedes Martinez (SP Livestream-UC)

## **MONDAY, March 1, 2021**

8:00am Martin Vo Dai Hai

7:00pm Dominic Giao Cong Tran

## **TUESDAY, March 2, 2021**

8:00am Joseph Am Hoang

## **WEDNESDAY, March 3, 2021 St. Katharine Drexel, Virgin**

8:00am Maria To Tuu

## **THURSDAY, March 4, 2021 St. Casimir**

8:00am John Than Tran

## **FRIDAY, March 5, 2021**

8:00am Peter Vuong Tran

7:00pm St. Helena Parishioners

## **SATURDAY, March 6, 2021**

8:00am Joseph Chiet and All the Souls

4:30pm Maria Phuong Vu

## **SUNDAY, March 7, 2021 3<sup>rd</sup> Sunday of Lent**

8:00am Thanksgiving for Teresa Guong Nguyen

9:30am Personal Intention (VN Livestream-UC)



11:15am Frank Schaller, Sr


12:30pm Mercedes Martinez (SP Livestream-UC)

## **Prayer in Anticipation of our 100th Anniversary**

Gracious God we give thanks as we anticipate celebrating the 100<sup>th</sup> anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100<sup>th</sup> anniversary celebration in 2024. Amen

**Welcome to St. Helena Parish in Olney section of Philadelphia!** We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.


	<h2>Live-streaming Sunday Masses</h2>
<div style="text-align: center;">  <p><b>LIVE STREAMING</b></p> <p>www.sainthele naparish.net</p> </div>	<p><b>English Masses:</b> The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p><b>St. Helena’s Vietnamese Mass</b> is live-streamed every Sunday at 9:30am and <b>St. Helena’s Spanish Mass</b> is live-streamed every Sunday at 12:30pm. Go to <a href="http://www.sainthelenaparish.net">www.sainthelenaparish.net</a> and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>




## St. Helena Parish Health Promotion Office Information

**Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the food pantry on Tuesdays and Thursday.** Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

To prevent infection and to slow transmission of COVID-19, do the following:



- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
- Cover your mouth and nose with a mask when in public settings or around others.
- Maintain at least six feet distance.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you feel unwell.
- Refrain from smoking and other activities that weaken the lungs.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.



### Protect YOURSELF and OTHERS

## Laudato Sí ~ Pope Francis' Encyclical on the Environment and Human Ecology



The current global situation engenders a feeling of instability and uncertainty, which in turn becomes “a seedbed for collective selfishness”. When people become self-centered and self-enclosed, their greed increases. The emptier a person’s heart is, the more he or she needs things to buy, own and consume. **(LS #204)**

- During COVID-19 we experienced selfishness and greed as some people hoarded toilet paper and hand sanitizer. What helps you resist being self-centered and choose to be other centered?
- Notice your buying, owning and consuming habits this week. Do you have more than enough?

# Year of St. Joseph ~ December 8, 2020 to December 8, 2021



**Dear St. Joseph,  
Guardian of the Family  
watch over my Family  
here on earth.**

**St. Joseph: A Model for Guardians of Families...** Today families are threatened and fragmented in many ways. St Joseph is a vigilant and a man of discernment and action. As head of the Holy Family, he is the model for every Catholic home. Pope Francis, early in his pontificate, emphasized the saint's importance, inserting a petition in each Eucharistic prayer to the man who became a spiritual father to Jesus. In an unofficial, but very real way, Joseph is the patron saint of the family. Appointed by God to protect Jesus and Mary, so now Saint Joseph is the protector of our family in this world. We are the members of the family of God because we have God the Father as our adoptive father through our baptism. Joseph's paternal protection of the Lord Jesus continues even from Heaven, as he watches over our families on earth. He is the icon of a loving and caring father, modeled after God our Father.

---

## Friday's during Lent ~ A Time for Prayer



Exposition of the Blessed Sacrament will take place on Sundays from 2:00pm to 5:00pm and on Mondays and Fridays from 8:30am until Mass at 7:00pm. On Mondays and Fridays at 12:00 noon we will pray the Angelus followed by Benediction. Confessions will be available from 12:15 to 1:00pm and from 6:00 to 6:45pm. **Stations of the Cross will be prayed PRIVATELY this year.** Copies of the Stations of the Cross book will be available in English, Spanish, and Vietnamese. Come and spend some time with Jesus in the Blessed Sacrament.

---

## 2nd Sunday of Lent ~ Words to Read and Reflect

Readings: Genesis 22: 1-2, 9a, 10-13, 15-18

Romans 8: 31b-34

Mark 9: 2-10

Our daily lives are filled with a routine and a lot of daily tasks. In our daily lives, sometimes, without knowing it, or even when we are aware of it, we can get locked into our own world, our particular situation, and our daily routine. We can forget about or lose sight of the fact that we are part of a much bigger world, a bigger reality, and a universal community of faith. In today's Gospel, Jesus takes some of his apostles away from their daily routine, inviting them to go with him up a mountaintop. This does not seem unusual because Jesus sometimes goes off to places like the mountains to pray and to get away. Jesus became transfigured before the apostles, which is something special and unusual. His clothing became as white as light. Imagine the surprise and the shock on the apostles' faces. Most importantly, the apostles heard a voice from the clouds saying: "This is my beloved Son. Listen to him." These words are meant for us to hear today as well. Today, we are bombarded by so much noise and so many messages in the world. We have 24 hours news programs, 24 hour internet, and 24 hour social media. We have smart phones that link us to so many things instantly. News from around the world arrives in seconds to us. We hear so much news, but a lot of it is not good news. Some of it is not even real news. So much of what we hear in the media today has a slanted opinion, not objective facts. The word and message that Jesus speaks to us and offers us today are life-giving and life-changing. The words of Jesus are there to nourish us, to nurture us, and to sustain us. However, we need to open our hearts and our lives to hearing his words and the message contained therein. As we hear the Gospel of the transfiguration today, we are in the midst of challenging reality. However, there are many blessings in our lives as well. There are blessings that we are coming through the pandemic and that vaccinations are underway. We have to be open to seeing those blessings.

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

**Thank You!**



## Parish Tithing Report for February 21, 2021

(1<sup>st</sup>) Weekly.....\$3,315.00 (145 envelopes)  
 Drop Off.....\$595.00 (17 envelopes)  
 E-Giving.....\$340.00 (4 transactions)  
**Total Collection.....\$4,250.00 (162 envelopes)**  
**Ash Wednesday Collection.....\$2,104.00 (94 envelopes)**

<b>Tithing Income</b>
February 23, 2020
\$6,288.50
Tithing Income
February 24, 2019
\$5,689.00

Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	59	\$97.00	\$119.00	\$216.00	12
8:00am	52	\$186.00	\$161.00	\$347.00	14
9:30am	185	\$250.00	\$1,210.00	\$1,460.00	72
11:15am	41	\$52.00	\$452.00	\$504.00	18
12:30pm	95	\$100.00	\$688.00	\$788.00	29
Drop off	-----	-----	\$595.00	\$595.00	17

You make the difference! Thank you for growing in holiness and striving to be a good steward.



## Last But Not Least



**Today we celebrate the 2<sup>nd</sup> Sunday of Lent.** "This is my Son, whom I love. Listen to Him!" Today we hear the Gospel story of Jesus transfigured on the top of a mountain in front of the disciples. The apostles saw the real Jesus in those few hours on the mountain which they would never forget. They saw him as they never saw him before. They were told that he is the one who is to come. They knew they would listen to him, that his words were to be the rock of their life. The apostles' faith was confirmed on the mount of Transfiguration. The experience of Jesus on the mountain can be compared to our prayer time. Prayer moments may often be transfiguration moments when we glimpse the beauty of Jesus Christ and we commit ourselves to 'listen to him' as God invites. This week, spend some time with Jesus on the mountain and ask him to change those things in your life that are not in line with living a life dedicated to Him.

This week, we will ponder **St. Joseph, A Model for Guardians of Families.** (See page 3 for a short reflection St. Joseph. In honor of the Year of St. Joseph, we will pray the **Memorare to St. Joseph** at the end of Mass. Copies are available next to the bulletins.

Exposition of the Blessed Sacrament will take place on Sundays from 2:00pm to 5:00pm and on Mondays and Fridays from 8:30am until Mass at 7:00pm. On Mondays and Fridays at 12:00 noon we will pray the Angelus followed by Benediction. Confessions will be available from 12:15 to 1:00pm and from 6:00 to 6:45pm. **Stations of the Cross will be prayed PRIVATELY this year.** Copies of the Stations of the Cross book will be available in English, Spanish, and Vietnamese. Come and spend some time with Jesus in the Blessed Sacrament.

Finally, **it was so nice to see so many of you who came out on Ash Wednesday.** Lent is a time to draw closer to the Lord. I invite you to come back to Mass, if you feel comfortable, and draw closer to the Lord during these days of prayer, fasting, and almsgiving. You may want to spend a few minutes after Mass pondering the words of the Gospel or reflecting on the homily.

**Congratulations to 14 of our parish children who received their First Reconciliation on Tuesday.** Thanks for your weekly contribution, stay healthy, reach out to those close to you and last but not least have a good week.

Your Brother and Shepherd,  
 Rev. Msgr. Joseph Trinh



**GEITNER • GIVNISH**  
FUNERAL HOME, INC.

6230 N. 5th St. • Philadelphia, PA 19120 • (215) 224-6300 • John F. Givnish, Supervisor  
*Life Celebration*® by Givnish Family Funeral Homes  
[www.lifecelebration.com](http://www.lifecelebration.com)

**G.J. ROSSI & SON**  
ELECTRICIANS  
Now In Our 3<sup>rd</sup> Generation

ALL TYPES  
WIRING & REPAIRS  
215-329-9456

**EyeCare Vision**  **Dr. Huyen Trinh**

267-335-2647  
Mon.-Sat.: 10am - 7pm  
Sunday: 11am - 5pm  
Fax: 267-335-2641  
6001 N 5th St. Phila, PA 19120  
[www.visionsource-drtrinh.com](http://www.visionsource-drtrinh.com)

**COMPREHENSIVE  
MEDICAL CARE, P.C.**

Laureano Garcia, M.D.  
Family Practice Medicine

328 W. Godfrey Avenue Philadelphia, PA 19120  
215-549-1100  
F 215-549-8074



Philly's Trusted  
Immigration Lawyers  
**FREE  
CONSULTATIONS:**  
(215) 323-6845  
SPEKTOR, SPEKTOR  
& BERMAN, P.C.

**DR. BRIAN WALSH**  
FAMILY • MEDICINE



My Staff is  
Bi-lingual

All Insurance Plans  
• HMO  
• Blue Cross  
• Medicare

4702 NORTH 5TH STREET  
329-4888

Pregnant?  
Need Help?  
Call  
1-800-CARE-002  
for free help  
and resources.



Commercial Rates are at an **All Time Low**. Contact us today to get a free analysis to see if we can help **Save you money** with your monthly payments on your commercial property. Multi-Family, Retail, Office Building, Apartment and Condos. Can close in as little as 45 days! Four season customer service is our top priority.

[www.duqfunding.com](http://www.duqfunding.com)  
1650 Market Street - Suite 3600  
Philadelphia, PA 19103

Advertise  
Your Business  
Here  
800-333-3166  
ext. 161  
[www.jpcc.net](http://www.jpcc.net)

**Mallory's Army Foundation**

United Together In The Fight Against Bullying...  
Don't Just Teach Kindness... **BE KINDNESS!**

[www.MallorysArmy.com](http://www.MallorysArmy.com)  
(973) 440-8657 • [info@mallorysarmy.org](mailto:info@mallorysarmy.org)  
It's easy to join our mailing list! Just send  
your email address by text message:  
**Text MALLORYSARMY to  
22828 to get started.**



 Message and data rates may apply.



**OUR SPONSORS & OUR COMMUNITY**

Sponsors can offer promotions,  
discounts and/or up-to-date  
contact information to the  
**ENTIRE** community

Finding **FABER**

**ANYONE** in the community,  
not only Parishioners, can access  
realtime offers from their favorite  
sponsors to save, share & support



BUILD YOUR COMMUNITY  
- Shop Local -  
- Shop Small -

**PLEASE PATRONIZE THE ADVERTISERS WHO MAKE THIS BULLETIN POSSIBLE!**

**What's My Name?**

The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

**#WHATSMYNAME**

In Remembrance of Samantha Josephson



Make a Difference in Your Community

**VOLUNTEER**

with the American Red Cross

Join today at [redcross.org/Volunteer](http://redcross.org/Volunteer)

**catholicmatch**<sup>®</sup>  
Pennsylvania



[CatholicMatch.com/datePA](http://CatholicMatch.com/datePA)

Local, trusted, proven, effective, supportive, referrals, relationships, affordable, repetitious, versatile, lasting.

This describes the power of...

*Church Bulletin Advertising*

Placing an ad in the parish bulletin supports the parish while building your business - THAT'S A WIN WIN!

Call 1.800.333.3166!