



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomales	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday 9:00am to 5:00pm

Friday 9:00am to 5:00pm

St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2nd Thursday of each month from 9:00am-12:00pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)



Viet. Divine Mercy Grupo
Carismático

Saturday – 8:30AM (Lower Church)
Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)
Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh



Meetings

Parish Council
Finance Committee
Alumni Meeting

Alternating 2ndTuesday 7:00PM (Rectory)
Alternating 2ndTuesday 7:00PM (Rectory)
Monthly at 10:00am in the Convent



February 21, 2021 1st Sunday of Lent

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evogenevna	Biryukova
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Francis Germanovich	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Awilda Gonzalez
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Doan	Adolfo Castano	Fernando Castano
Belen Delgado	Mercedes Garcia	Alberto Alves
Connie Buckley	Ryan Pileggi	

We Remember in Prayer our Deceased

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sấp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, February 21, 2021 1st Sunday of Lent

Gn 9: 8-15 1 Pt 3: 18-22 Mk 1: 12-15

MONDAY (22) 1 Pt 5: 1-4 Mt 16: 13-19

TUESDAY (23) Is 55: 10-11 Mt 6: 7-15

WEDNESDAY (24) Jon 3: 1-10 Lk 11: 29-32

THURSDAY (25) Ext C: 12, 14-16, 23-25
Mt 7: 7-12

FRIDAY (26) Ez 18: 21-28 Mt 5: 20-26

SATURDAY (27) Dt 26:16-19 Mt 5" 43-48

Mass Intentions for the February 21-28, 2021

SATURDAY, February 20, 2021

4:30pm Anna Quy Pham

SUNDAY, February 21, 2021 1st Sunday of Lent

8:00am Mauricio Bondad Gesmundo

9:30am Personal Intention (VN Livestream-UC)

11:15am Mary Gable

12:30pm Gloria Maldonado (SP Livestream-UC)

MONDAY, February 22, 2021 Chair of St. Peter

8:00am Martin Vo Dai Hai

7:00pm Dominic Giao Cong Tran

TUESDAY, February 23, 2021

8:00am Joseph Am Hoang

7:00pm First Penance

WEDNESDAY, February 24, 2021

8:00am Maria To Tuu

THURSDAY, February 25, 2021

8:00am John Than Tran

FRIDAY, February 26, 2021

8:00am Peter Vuong Tran

7:00pm St. Helena Parishioners

SATURDAY, February 27, 2021

8:00am Joseph Chiet and All the Souls

4:30pm Maria Phuong Vu

SUNDAY, February 28, 2021 1st Sunday of Lent

8:00am Thanksgiving for Teresa Guong Nguyen

9:30am Personal Intention (VN Livestream-UC)



11:15am Frank Schaller, Sr


12:30pm Mercedes Martinez (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary

Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen


Welcome to St. Helena Parish in Olney section of Philadelphia! We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.

	<h2>Live-streaming Sunday Masses</h2>
<div style="text-align: center;">  LIVE STREAMING www.saintheleparish.net </div>	<p>English Masses: The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p>St. Helena's Vietnamese Mass is live-streamed every Sunday at 9:30am and St. Helena's Spanish Mass is live-streamed every Sunday at 12:30pm. Go to www.sainthelenaparish.net and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>




St. Helena Parish Health Promotion Office Information

Oak Street Health is sponsoring a Health & Wellness Outreach on Saturday, February 27th from 11:00am to 1:00pm at 5th and Godfrey Avenue (on the sidewalk). **FREE** hot food, grab bags, and clothing giveaways. **FREE** "COVID" testing (MUST PRE-REGISTER FOR COVID TESTING) at www.oakstreethealth.com/covid-19-vaccine and "VACCINE" registrations for individuals 65 & older. The vaccine will not be administered at the event due to COVID restrictions.



COME and SEE

Protect YOURSELF and OTHERS



Laudato Sí ~ Pope Francis' Encyclical on the Environment and Human Ecology



Many things have to change course, but it is we human beings above all who need to change. We lack an awareness of our common origin, of our mutual belonging, and of a future to be shared with everyone. This basic awareness would enable the development of new convictions, attitudes and forms of life. A great cultural, spiritual and educational challenge stands before us, and it will demand that we set out on the long path of renewal. **(LS #202)**

- What in your life needs to change?
- How does your awareness of our common origin and our mutual belonging affect the way you live your life?



Congratulations to our Parish Children who will receive their First Reconciliation on Tuesday, February 23rd at 7:00pm.



Year of St. Joseph ~ December 8, 2020 to December 8, 2021



St. Joseph: A Model for Workers... May 1st is the Feast of St. Joseph the Worker. It was in 1955 that Pope Pius XII proclaimed May 1st as his Feast for being Patron Saint of workers around the world. Saint Joseph, who made a decent living as a humble carpenter, is an exemplary model to all of us on how Christ may be glorified through our works. He is also a reminder that the value of the work we do should always uplift the dignity of the worker and never become an instrument of immorality or abuse. When we hear that it is the Feast of Saint Joseph the Worker, our most immediate reflection will probably be about job or employment or career. That is true especially because he worked diligently on his craft.

But his sainthood was much more than the secular work. The more important aspect in the life of Saint Joseph is the example of spiritual work he had shown throughout his life. The many challenges he faced, we continue to face today; and to a great extent, we can look up to this Saint and “work” on those life challenges the way he did.

Friday's during Lent ~ A Time for Prayer



On Fridays during Lent, we will have Exposition of the Blessed Sacrament from 8:30am until 7:00pm followed by Mass at 7:00pm. **Stations of the Cross will be prayed PRIVATELY this year.** Copies of the Stations of the Cross book will be available in English, Spanish, and Vietnamese. Come and spend some time with Jesus in the Blessed Sacrament.

1st Sunday of Lent ~ Words to Read and Reflect

Readings: Genesis 9: 8-15; 1 Peter 3: 18-22; Mark 1: 12-15

“The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan.”

Today is the first Sunday of Lent. This Sunday, the gospel reminds us of the 40 days of Jesus’ struggle in the desert. This experience of Jesus gives us an imprint of truth about fulfillment – that every achievement or triumph one can attain always has its underlying ‘rupture’ behind. The 40 days in the wilderness of Jesus is his experience of abandonment or rupture. It were days of tests, temptations, loneliness, an internal “annihilation.” In his confrontation with Satan, Jesus comes to understand exactly what God is calling him to do. We find ourselves confronting the question, especially during this time of COVID, “how to live our ‘imperfect’ lives to the fullest, to the happiest, to the most meaningful.” **This week, spend some time in the “WILDERNESS/DESERT.”** In our wilderness times we are tempted to listen to the voices that lead us away from God...Radio, television, and internet voices. These voices tell us that the good in our lives.....the God in our lives.....is represented by money, power, security, fame. Now all of these are good things. But good things become evil when Satan tries to convince us that we don’t need God in our lives. We become out of balance. We get confused about what is truly meaningful in our lives and what gives our lives true purpose. The temptation is to believe that all of our “stuff” is all we need to be happy and feel better. We begin to think that happiness is just around the corner if only we can have more things, more wealth, more security we will be happy. The challenge in all of this is to live our lives knowing that God will provide everything we need to be happy. ***As you spend time in the wilderness/desert this week, listen to the voice of God and ask God to prepare you for whatever temptations might arise when you find yourself being tempted.***

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

Thank You!



Parish Tithing Report for February 14, 2021

(1st) Weekly.....\$2,730.00 (131 envelopes)
 Drop Off.....\$637.00 (28 envelopes)
 E-Giving.....\$390.00 (5 transactions)
Total Collection.....\$3,757.00 (159 envelopes)
 (2nd) Care for Aging Priests.....\$1,318.00 (88 envelopes)

Tithing Income
February 16, 2020
\$6,426.00
Tithing Income
February 17, 2019
\$6,687.00

Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	48	\$105.00	\$141.00	\$246.00	18
8:00am	37	\$90.00	\$155.00	\$245.00	13
9:30am	176	\$282.00	\$987.00	\$1,279.00	60
11:15am	39	\$96.00	\$496.00	\$592.00	22
12:30pm	95	\$110.00	\$258.00	\$368.00	18
Drop off	-----	-----	\$637.00	\$637.00	28

You make the difference! Thank you for growing in holiness and striving to be a good steward.



Last But Not Least



Today we celebrate the 1st Sunday of Lent. Lent is a wonderful time that brings us closer to God. It provides us with the opportunity to renew our relationship with God and others. It is a forty day journey to the memorial of the Lord's Passion, Death and Resurrection. Traditionally we begin the Lenten journey with the imposition of ashes, as a reminder of just how fragile our lives really are. We are dust and to dust we shall return. We are also reminded that we are sinners and, that we must turn from our sin and turn to God. However, because of our sinful nature we are totally unable to save ourselves. We therefore need someone who has the power to save us. Scripture tells us that the Lord Jesus who is sinless and perfect has taken on our sin and paid the penalty for it once for all. Nevertheless during this journey the Church recommends fasting or abstinence, prayers and works of charity as penance for our own sin and other people's sin. Today's gospel story reminds us that we are not alone on this journey. We journey with Jesus. Just as Jesus was tempted in the desert, so too are we tempted today by many things. Let us utilize the coming days to draw closer to God. Let us quietly open ourselves to God and prayerfully offer to Him all the sacrifices we make during this time. Let us listen more attentively to the good news of God in the coming days. Let us truly repent for our sins and make ourselves ready for the fullness of grace brought forth through the suffering, death and resurrection of Jesus.

Please remember our **parish children who will on Tuesday, February 23rd at 7:00pm receive the Sacrament of Reconciliation for the first time in the Lower Church.**

This week, we will ponder **St. Joseph, A Model of Workers.** (See page 3 for a short reflection St. Joseph. In honor of the Year of St. Joseph, we will pray the **Memorare to St. Joseph** at the end of Mass. Copies are available next to the bulletins.

Thanks for your weekly contribution, stay healthy, reach out to those close to you and last but not least have a good week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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#WHATSMYNAME

In Remembrance of Samantha Josephson



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