



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomaes	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday 9:00am to 5:00pm

Friday 9:00am to 5:00pm

St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2nd Thursday of each month from 9:00am-12:00pm.



MASSES

Saturday Vigil – 4:30PM Mass in English

Sunday – 8:00AM Mass in English

9:30AM Mass in Vietnamese

11:15AM Mass in English

12:30PM Mass in Spanish

Monday through Saturday 8:00AM

Obligatory Holy Days – (except Jan. 1 & Christmas)

8:00AM, 9:00AM, 7:00PM Tri-lingual

First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)

Saturday – 8:30AM (Lower Church)

Sunday – 2:30pm (Lower Church)

Viet. Divine Mercy Grupo
Carismático

Tenemos círculo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Están todos invitados



SERVICE MINISTRY

55+ Club

2nd & 4th Thursday 12:00 (Rectory Basement)

Boys Scouts

Every Wednesday 7:00PM-9:00PM (Hall)

Aid for Friends

Contact Sister Sophie Yondura, ssj. D. Min.

Outreach Center

Sr. Maryanne Zakreski, ssj (267-437-4929)

Sick Calls

Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh



Meetings

Parish Council

Alternating 2nd Tuesday 7:00PM (Rectory)

Finance Committee

Alternating 2nd Tuesday 7:00PM (Rectory)

Alumni Meeting

Monthly at 10:00am in the Convent



January 24, 2021 3rd Sunday in Ordinary Time

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evagenevna	Biryukova
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Francis Germanovich	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Awilda Gonzalez
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Doan	Adolfo Castano	Fernando Castano
Belen Delgado	Mercedes Garcia	Alberto Alves

We Remember in Prayer our Deceased

Margarita Adorno, Paul Berry
& Jacinto Torres Ruiz

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, January 24, 2021 3rd Sunday in Ordinary Time

Jon 3: 1-5, 10 1 Cor 7: 29-31 Mk 1: 14-20

MONDAY (25) Acts 22: 3-16 Mk 16: 15-18

TUESDAY (26) 2 Tim 1: 1-8 Mk 3: 31-35

WEDNESDAY (27) Heb 10: 11-18 Mk 4: 1-20

THURSDAY (28) Heb 10: 19-25 Mk 4: 21-25

FRIDAY (29) Heb 10: 32-39 Mk 4: 26-34

SATURDAY (30) Heb 11: 1-2, 8-19 Mk 4: 35-41

Mass Intentions for the January 24 to 31, 2021

SATURDAY, January 23, 2021

4:30pm Maria Pham Thi Lien

SUNDAY, January 24, 2021 3rd Sunday in Ordinary Time

8:00am Maria & Joseph

9:30am Personal Intention (VN Livestream-UC)

11:15am Joseph Murray

12:30pm Jose Isabel Mendoza (SP Livestream-UC)

MONDAY, January 25, 2021 Conversion of St. Paul,

8:00am Fr. John Donahie (17th Anniv) **Apostle**

7:00pm Maria Cuoc T. Nguyen

TUESDAY, January 26, 2021 Sts. Timothy & Titus, Bishops

8:00am Grant Francisco

WEDNESDAY, January 27, 2021 St. Angela Merici, Virgin

8:00am Joseph Nguyen The Tai

THURSDAY, January 28, 2021 St. Thomas Aquinas, Priest

8:00am Joseph Chiet & All Souls **& Dr. of the Church**

FRIDAY, January 29, 2021

8:00am Phanxico Hung Doan & All the Souls

SATURDAY, January 30, 2021

8:00am Peter Vuong Tran

4:30pm Joseph Magalski

SUNDAY, January 31, 2021 4th Sunday in Ordinary Time

8:00am Maria & Dominic

9:30am Personal Intention (VN Livestream-UC)



11:15am Joan Schaller

12:30pm St. Helena Parishioners (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary

Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

Welcome to St. Helena Parish in Olney section of Philadelphia! We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.

	<h2 style="text-align: center;">Live-streaming Sunday Masses</h2>
<div style="text-align: center;">  LIVE STREAMING www.saintheleparish.net </div>	<p>English Masses: The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.</p> <p>St. Helena's Vietnamese Mass is live-streamed every Sunday at 9:30am and St. Helena's Spanish Mass is live-streamed every Sunday at 12:30pm. Go to www.saintheleparish.net and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.</p>



St. Helena Church Food Pantry

Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the food pantry on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

To prevent infection and to slow transmission of COVID-19, do the following:



- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
- Cover your mouth and nose with a mask when in public settings or around others.
- Maintain at least six feet distance.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you feel unwell.
- Refrain from smoking and other activities that weaken the lungs.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.

Laudato Sí ~ Pope Francis' Encyclical on the Environment and Human Ecology



When we speak of the “environment”, what we really mean is a relationship existing between nature and the society which lives in it. Nature cannot be regarded as something separate from ourselves or as a mere setting in which we live. We are part of nature, included in it and thus in constant interaction with it. (LS #139)

- We are a part of nature not apart from nature. Each of us is Earth in the form of a human. Sit with that.

"The earth is what we all have in common."

Year of St. Joseph ~ December 8, 2020 to December 8, 2021



J is for Joseph the Just Man. **O** is for Joseph the Obedient One.

S is for Joseph the Silent one. **E** is for Joseph the Example.

P is for Joseph the Patron. **H** is for Joseph the Helper.

Joseph the Example... Imagine the kind of man Joseph was. God the Father picked Joseph out of the whole human race to be the man to raise his only begotten Son, Jesus Christ. When you get a baby sitter you don't just pick anyone, even if it is for only a few hours. Imagine entrusting your only son to the care of another person. That is why adoption agencies have to be careful in selecting to whom they entrust other people's children. That is why God chose the very best. He chose St. Joseph to be a great example. St. Joseph was an example to Jesus in his words and in his actions. He has been called the World's Greatest Father. Joseph was truly a father to Jesus in every way except for physical generation. He was the father who taught Jesus how to speak, how to read, and how to make doors and plows. Note the example that St. Joseph gave the Christ child and remember the saying, "Your example shouts so loudly I cannot hear what you say." Isn't that the way children look at their parents? What was the example that St. Joseph gave to the Christ child? He was the perfect example, the world's greatest father, the educator of Jesus. Joseph homeschooled Jesus and taught him the virtues. This was the Son of God who always had the beatific vision, but (as the catechism says) he had to grow in the experiential, and had to develop as a boy develops. Jesus looked up to St. Joseph, even imitating his mannerisms. Let us ask ourselves, "What examples are we giving? What example do you give to your wife? To your children? Do you teach your children the faith? Do you study your own Catholic Faith by reading at least 10 - 20 minutes every day? Do you make good use of your travel time to deepen your faith, so you can be a good example to your wife and children? Do you go on retreats? Are you living out your vocation as leader of your family?"

Wednesday Prayer to St. Joseph

O glorious St. Joseph, faithful follower of Jesus Christ, to you we raise our hearts and hands to implore your powerful intercession in obtaining from the benign heart of Jesus all the help and graces necessary for our spiritual and temporal welfare, particularly for the grace of a happy death and the special favor we now request (**mention your request**). O guardian of the Word Incarnate, we feel animated with confidence that your prayers on our behalf will be graciously heard before the throne of God. O glorious St. Joseph, through the love you bear to Jesus Christ and for the glory of His name, hear our prayers and obtain our petitions. Amen.



Memorare to St. Joseph

Remember, O most pure spouse of the Blessed Virgin Mary, my noble protector, Saint Joseph, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired by this confidence, I come to you my spiritual Father and fervently commend myself to you. Despise not my petitions, O Guardian of the Redeemer, but in your goodness hear and graciously receive them.

Litany to St. Joseph

St. Joseph, *pray for us.*
Patron of the Universal Church,
pray for us.
Spouse of the Mother of God,
pray for us.
Pillar of Families, *pray for us.*

Head of the Holy Family,
pray for us.
Model of Workers, *pray for us.*
Joseph, the Just One, *pray for us.*
Joseph, the Obedient One,
pray for us.

Joseph, the Silent One,
pray for us.
Joseph, the Example, *pray for us.*
Joseph, the Patron, *pray for us.*
Joseph the Helper, *pray for us.*

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

**Thank
You!**

Parish Tithing Report for January 17, 2021



(1st) Weekly.....\$3,206.00 (151 envelopes)
 Drop Off.....\$1,405.00 (13 envelopes)
 E-Giving.....\$340.00 (4 transactions)
Total Collection.....\$4,951.00 (164 envelopes)
 (2nd) Catholic Relief Collection.....\$1,589.00

Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	54	\$69.00	\$179.00	\$248.00	14
8:00am	55	\$130.00	\$416.00	\$546.00	19
9:30am	168	\$138.00	\$966.00	\$1,104.00	68
11:15am	50	\$114.00	\$494.00	\$608.00	22
12:30pm	140	\$144.00	\$556.00	\$700.00	28
Drop off	-----	-----	\$1,405.00	\$1,405.00	13

You make the difference! Thank you for growing in holiness and striving to be a good steward.



Last But Not Least



Today we celebrate the 3rd Sunday in Ordinary Time. In today's Gospel, Jesus breaks with this tradition and invites his disciples to learn from him. Jesus is said to have first called four fishermen: Simon, Andrew, James, and John. Jesus is a person of action, and events occur in rapid succession. Jesus called to them...time was of the essence; so the fishermen immediately put aside their livelihood to become Jesus' disciples. What do you do when Jesus calls? What is the appropriate response to Christ? This is the question that four young fishermen faced one morning along the shores of Galilee. And it is a question that we must still face today. Jesus is no longer here in the flesh. He has returned to heaven, but he still issues his call through the preaching of the gospel and the drawing power of the Holy Spirit. When Jesus calls you, what will you do? How will you respond? That's what this morning's passage is all about.

This week, we will ponder **Joseph the Example.** (See page 3 for a short reflection). St. Joseph was an example to Jesus in his words and in his actions. He is truly an example for each one of us, especially during these days of uncertainty. Following his example, let us as a parish pray the Memorare to St. Joseph. ***"Remember, O most pure spouse of the Blessed Virgin Mary, my noble protector, Saint Joseph, that never was it known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired by this confidence, I come to you my spiritual Father and fervently commend myself to you. Despise not my petitions, O Guardian of the Redeemer, but in your goodness hear and graciously receive them."***

Thanks to all who are using their church envelopes, are tithing and contributed to our weekly Collection. During these hard times, we appreciate your financial contribution. Thanks for reading, stay healthy, reach out to those close to you and last but not least have a good week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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What's My Name?

The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME

In Remembrance of Samantha Josephson



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