



St. Helena Church

6161 N. 5th Street (Fifth Street and Godfrey Avenue) Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish **Mission Statement**

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Pastor

Rev. Msgr. Joseph T. Trinh Rev. Edward A. Pelczar Rev. Peter J. Welsh Rev. Albert Gardy Villarson, OMI Deacon Victor I. Seda Deacon Huan C. Tran **Deacon Victor Pomales** Sr. Sophie Yondura, ssj., D. Min. Elena Asencio Tram Ton Nu **Genevieve Black** Sr. Maryanne Zakreski, ssj Sr. Anna Marie Lesutis, RSM, RN Ann Farley, MSN Sr. Lan Nguyen, OP

Rectory 6161 N. 5th Street Convent 6127 N. 5th Street School 6101 N. 5th Street **Rectory Fax Number Health Promotion Office** Food Bank St. Helena Parish Outreach Center 267-437-4929

(Retired) In Residence Parochial Vicar In Residence Parish Deacon Parish Deacon Parish Deacon Parish Services, DRE, RCIA Parish Secretary **Business Manager** Music Director **Outreach Center** Health Promotion Health Promotion Parish Ministry

215-424-1300 (1301) 215-924-2770 215-549-2947 215-424-9152 215-384-6540 267-900-5935

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday

9:00am to 5:00pm

Friday

9:00am to 5:00pm

St. Helena-Incarnation Independent Mission School 6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:00pm. Senior Boxes – 2nd Thursday of each month from 9:00am-12:00pm.









Saturday Vigil - 4:30PM Mass in English Sunday – 8:00AM Mass in English 9:30AM Mass in Vietnamese 11:15AM Mass in English 12:30PM Mass in Spanish Monday through Saturday 8:00AM Obligatory Holy Days – (except Jan. 1 & Christmas) 8:00AM, 9:00AM, 7:00PM Tri-lingual First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.

Saturdays 4:00-4:30PM 15 minutes after Mass



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).

The Church must be contacted at least 6 months in

advance to make arrangements.

DEVOTIONS

Saturday - 8:30AM (Lower Church)

Tenemous circulo de oración en español todos

los miercoles a las 6:00PM-9:00PM en la iglesia de

Sunday – 2:30pm (Lower Church)

abajo. Estan todos invitados

Every Thursday in Chapel



Eucharistic Adoration **Dailv Rosarv MM** Devotion **OLLV** Devotion

Grupo Carismático

55+ Club **Boys Scouts** Aid for Friends Outreach Center Sick Calls

Rehabilitation

Parish Council **Finance Committee** Alumni Meeting

Meetings Alternating 2ndTuesday 7:00PM (Rectory) Alternating 2ndTuesday 7:00PM (Rectory) Monthly at 10:00am in the Convent



8:30AM-5:00PM (Evening Prayer) Monday - Friday after 8:00AM Mass Saturday – 7:45AM (Lower Church) Friday - 8:00PM (Chapel)

Viet. Divine Mercy

SERVICE MINISTRY 2nd & 4th Thursday 12:00 (Rectory Basement)

Every Wednesday 7:00PM-9:00PM (Hall) Contact Sister Sophie Yondura, ssj. D. Min. Sr. Maryanne Zakreski, ssj (267-437-4929) Please call the rectory to schedule a home visit for Communion or in the Hospital.

Laurel Square, York, Cheltenham & Nursing Home Contact Father Peter Welsh



January 17, 2021 2nd Sunday in Ordinary Time

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Stephen Beach
Lucia Zavala	Ryan Cichon I	Monica Yondura Peltz
Carmen Torres	John Sanchez	Carmen Jimenez
Virginia Gilligan	Elena Evegenevna	Biryukova
Gisela Gonzalez	Nathaniel Lopez	Emilio Rosario
Francis Germanovich	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Awilda Gonzalez
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Đoàn	Adolfo Castano	Fernando Castano
Belen Delgado	Mercedes Garcia	Alberto Alves

We Remember in Prayer our Deceased

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tống Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma qủy. Chúng con sấp mình xuống xin Đức Chúa Trời ngăn cấm thần nguy ấy. Lay Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kìa satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuối chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, January 17, 2021 2nd Sunday in Ordinary Time 1 Sm 3: 3b-10, 19 1 Cor 6: 13c-15a, 17-20 John 1: 35-42

MONDAY (18)	Heb 5: 1-10	Mk 2: 18-22
TUESDAY (19)	Heb 6: 10-20	Mk 2: 23-28
WEDNESDAY (20)	Heb 7: 1-3, 15-17	Mk 3: 1-6
THURSDAY (21)	Heb 7: 25-8:6	Mk 3: 7-12
FRIDAY (22)	Heb 8: 6-13	Mk 3: 13-19
SATURDAY (23)	Heb 9: 2-3, 11	Mk 3: 20-21

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Mass Intentions for the January 17 to 24, 2021

SATURDAY, January 16, 2021 4:30pm Lien Pham

SUNDAY, January 17, 2021 2nd Sunday in Ordinary Time

Lisa Bell
Personal Intention (VN Livestream-UC)
Julia & Frank Schaller
St. Helena Parishioners (SP Livestream-UC)

MONDAY, January 18, 2021

8:00am	Joseph Cuong & Mary Nay Dinh
7:00pm	Dominic Giao Cong Tran

TUESDAY, January 19, 2021

WEDNESD 8:00am	DAY, January 20, 2021 Maria Chi Pham	St. Fabian, Pope & Martyr St. Sebastian, Martyr
THURSDA 8:00am	Y, January 21, 2021 Martin Vo Dai Hai	St. Agnes, Virgin & Martyr
FRIDAY, J 8:00am	anuary 22, 2021 Pro Martina Cynthia Nguy	tection of Unborn /en
SATURDA 8:00am 4:30pm	Y, January 23, 2021 S Maria A. Hoang Maria Pham Thi Lien	እt. Vincent, Deacon & Martyr
SUNDAY.	January 24, 2021 3rd	Sundav in Ordinarv Time

8:00am	Maria & Joseph
9:30am	Personal Intention (VN Livestream-UC)
11:15am	Joseph Murray
12:30pm	Jose Isabel Mendoza (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary

Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 97 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

Welcome to St. Helena Parish in Olney section of Philadelphia! We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.

Live-streaming Sunday Masses

English Masses: The Mass is celebrated and live-streamed each Sunday at 11:00am from the Cathedral Basilica of Saints Peter and Paul so you can participate in the Eucharist remotely.



St. Helena's Vietnamese Mass is live-streamed every Sunday at 9:30am and St. Helena's Spanish Mass is live-streamed every Sunday at 12:30pm. Go to <u>www.sainthelenaparish.net</u> and click on the time under MASS SCHEDULE for all English and live-streaming Masses, including the Mass at the Cathedral of Sts. Peter and Paul.

Year of St. Joseph ~ December 8, 2020 to December 8, 2021



J is for Joseph the Just Man. 0 is for Joseph the Obedient One.
S is for Joseph the Silent one. E is for Joseph the Example.
P is for Joseph the Patron. H is for Joseph the Helper.

Joseph the Silent One... There are no recorded words of St. Joseph in the entire Bible. There are words in the Old Testament for the great patriarch that

we can apply to St. Joseph. But in the New Testament there are no recorded words for St. Joseph. He's always there, though, as a silent presence. In fact, even his death is wrapped in silence. There is no account as to how Joseph was buried. He's a man of silence. A strong man. A man with a deep interior life. Silence in our life helps us develop a life of prayer. Joseph was a man of prayer who listened to the word of God. He was not distracted by the many exterior things - he was always a man of interior life. Why? Because God lived in his very house. We picture St. Joseph as a silent worker, as a craftsman, who suffered in silence as well. He did not complain, and he did not grow angry at God and say, "Why are you doing this, why do we have to flee to Egypt?" He was a man who accepted these things in silence. We should ask ourselves, "Do I have enough silence in my life? Do I spend enough time in prayer with Jesus? Do I listen to Jesus when he speaks to me during the Sunday readings? Do I spend time in the Blessed Sacrament chapel listening to Jesus who is truly present? Do I use my speech for lying, gossiping or backbiting? Or, do I truly follow St. Joseph by being a man of integrity and silence?"

Wednesday Prayer to St. Joseph

Oh, St. Joseph, whose protection is so great, so prompt, so strong, before the throne of God, I place in you all my interests and desires. Oh, St. Joseph, do assist me by your powerful intercession, and obtain for me from your Divine Son all spiritual blessings, through Jesus Christ, our Lord. So that, having engaged here below your heavenly power, I may offer my thanksgiving and homage to the most loving of fathers. Oh, St. Joseph, I never weary contemplating you and Jesus asleep in your arms; I dare not approach while he reposes near your heart. Press him in my name and kiss his fine head for me and ask him to return the kiss when I draw my dying breath. St. Joseph, patron of departing souls - pray for me. Amen.



St. Helena Church Food Pantry

Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the food pantry on **Tuesdays and Thursday.** Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

Health Promotion Office News

To prevent infection and to slow transmission of COVID-19, do the following:

- Wash your hands regularly with soap and water, or clean them with alcohol-based hand rub.
- Cover your mouth and nose with a mask when in public settings or around others.
- Maintain at least six feet distance.
- Avoid touching your face.
- Cover your mouth and nose when coughing or sneezing.
- Stay home if you feel unwell.
- Refrain from smoking and other activities that weaken the lungs.
- Practice physical distancing by avoiding unnecessary travel and staying away from large groups of people.

Laudato Sí ~ Pope Francis' Encyclical on the Environment and Human Ecology



When we speak of the "environment", what we really mean is a relationship existing between nature and the society which lives in it. Nature cannot be regarded as something separate from ourselves or as a mere setting in which we live. We are part of nature, included in it and thus in constant interaction with it. (LS #139)

• We are a part of nature not apart from nature. Each of us is Earth in the form of a human. Sit with that.

January 22 Day of Prayer for the Legal Protection of Unborn Children Eucharistic Adoration 8:30am until 7:00pm Mass



In all the Dioceses of the United States of America, January 22 (or January 23, when January 22 falls on a Sunday) shall be observed as a particular day of prayer for the full restoration of the legal guarantee of the right to life and of penance for violations to the dignity of the human person committed through acts of abortion." As individuals, we are called to observe this day through the penitential practices of prayer, fasting and/or giving alms. We will have Eucharistic Adoration from 8:30am to 7:00pm in the Lower Church followed by Mass at 7:00pm. Archbishop Perez will have Mass at 9:00am at

the Cathedral, followed by a March for Life at 10:30am and ending with a Rally at 12:00pm. For it was you who formed my inward parts; you knit me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well. My frame was not hidden from you, when I was being made in secret, intricately woven in the depths of the earth. – Psalm 139:13-15

STAY SAFE,

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



\$55.00

You make the difference! Thank you for growing in holiness and striving to be a good steward.

\$637.00

\$2,206.00

\$692.00

\$2,206.00

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Today we celebrate the 2nd Sunday in Ordinary Time. The Christmas crib and Christmas trees are gone, we are clothed in green for the cycle of ordinary time. But the readings, especially the Gospel, continue the grace and mystery of Christmas. Jesus was born as a child, came into the world, and was revealed to it. He showed himself to the world. He also spoke and still speaks to the world, in a particular way through his call, of which we hear in the readings and in the Gospel. John the Baptist is a great prophet. Jesus himself once called him the greatest prophet who ever lived. Naturally, John has picked up a few disciples, men who are devoted to him as their spiritual leader. But now, John has recognized that somebody else has come along who is far greater then he will ever be. In fact, when Jesus shows, John realizes that he is now in the presence of One whose sandals he is not even worthy to untie. He may be a prophet, but this man is the Lamb of God, the Son of the Most High, the very Savior of the world. As we return to ordinary time, let us pray that we, who have heard and followed his call to faith, may experience still more this longing to know him, and believe and experience ever more strongly his presence among US.

January 22nd has been designated as a National Day of Prayer for the Legal **Protection of the Unborn.** Please join us for a day of prayer for the legal protection of unborn children. We will have Eucharistic Adoration from 8:30am to 7:00pm in the Lower Church followed by Mass at 7:00pm. Archbishop Perez will have Mass at 9:00am at the Cathedral, followed by a March for Life at 10:30am and ending with a Rally at 12:00pm.

Finally, this week, we will ponder **Joseph the Silent One.** (See page 3 for a short reflection). Thanks to all who contributed to our **Fuel and Heating Collection.** Thanks for reading, stay healthy, reach out to those close to you and last but not least have a good week

> Your Brother and Shepherd, Rev. Msgr. Joseph Trinh

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12:30pm

Drop off

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