



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomaes	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday	9:00am to 8:00pm
Friday	9:00am to 5:00pm
Saturday	9:00am to 2:00pm



St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3rd Thursday of each month from 9:00am-12:30pm.



MASSES



Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)
Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)



Viet. Divine Mercy Grupo
Carismático

Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Están todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council

Alternating 2nd Tuesday 7:00PM (Rectory)

Finance Committee

Alternating 2nd Tuesday 7:00PM (Rectory)

Alumni Meeting

Monthly at 10:00am in the Convent



August 23, 2020 21st Sunday in Ordinary Time

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Monica Peltz Yondura
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Virginia Gilligan
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Maria Thanh Đoàn		
Elena Evagevna Biryukova	Francis Germanovich	

We Remember in Prayer our Deceased

Isabel Balli, Camelia Torres & Maria Santana

Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần ngụy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, August 23, 2020 21st Sunday in Ordinary Time

Is 22: 19-23 Rom 11: 33-36 Mt 16: 13-20

MONDAY (24) Rv 21: 9b-14 Jn 1: 45-51

TUESDAY (25) 2 Thes 2: 1-3a, 14-17 Mt 23: 23-26

WEDNESDAY (26) 2 Thes 3: 6-10, 16-18 Mt 23: 27-32

THURSDAY (27) 1 Cor 1: 1-9 Mt 24: 42-51

FRIDAY (28) 1 Cor 1: 17-25 Mt 25: 1-13

SATURDAY (29) 1 Cor 1: 26-31 Mk 6: 17-29

Mass Intentions for the August 23 to 30, 2020

SATURDAY, August 22, 2020

4:30pm Phero Nguyen Van Loi

SUNDAY, August 23, 2020 21st Sunday in Ordinary Time

8:00am Anna Cam Do

9:30am Personal Intention (VN Livestream-UC)

11:15am Frank Bauza, Jr

12:30pm Living Members of the Lucero Quizhpi Family
(SP Livestream-UC)

MONDAY, August 24, 2020 St. Bartholomew, Apostle

8:00am Minh Tam Vu

7:00pm St. Helena Parishioners

TUESDAY, August 25, 2020

8:00am Joseph Xung Vu

WEDNESDAY, August 26, 2020

8:00am Maria Pham Thi Ly

THURSDAY, August 27, 2020 St. Monica

8:00am Joseph Yem Hoang

FRIDAY, August 28, 2020 St. Augustine, Bishop

8:00am Joseph Chiet & All the Souls

SATURDAY, August 29, 2020 Passion of St. John the Baptist

8:00am Joseph Xung Vu

4:30pm Mary Gable

SUNDAY, August 30, 2020 22nd Sunday in Ordinary Time

8:00am In Honor the the Eternal Father

9:30am Personal Intention (VN Livestream-UC)

11:15am Mary Gable

12:30pm Mr. Zuazo (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

Welcome to St. Helena Parish in Olney section of Philadelphia! We are pleased to have you share in this celebration of the Eucharist. If you do not have a home parish, we invite you to become part of our parish family and become fully involved in our life of prayer, education, service and community.



Save the date and Join us Theme for St. Helena 100th Anniversary 2024



From many countries and cultures, Saint Helena Parish Family celebrates God's faithfulness by encountering Christ through Scripture, the Sacraments and Community

Committee Members

Chairperson: Norajean Glenn

Assistant Chairperson: Fred Rosso

Andrea Santiago
Anne Bercaw
David Nguyen
Yomayra Garcia
Josephine Rodriguez

Anita Repsch
Joan Teel
Suzette Ellison
Maria Schaller

Maria Repsch
Rich Teel
Jim Pokorny
Carolyn Onibalusi
Monica Rodriguez

Sharon Smith
Gloria Jones
Mary Nguyen
Sr. Maryanne
Victoria

Carol Henson
Herminio Rosa
Kelvin Garcia
Dong Van Nguyen
Blanca Torres-Kelmedi



St. Helena Church Food Pantry

- ♦ **A reminder that the 2nd Sunday of each month is Food Pantry Sunday, September 14th is the date for September.**
- ♦ **Pop-Up Diaper Pantry on Tuesday, September 8th from 10:00am to 12:00Noon in St. Helena's School Yard. Free Diapers....All are Welcome.**
- ♦ **PCA Senior Vouchers are available. Call 215 765 9040 to receive a form to apply.**

Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the food pantry on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

Opportunity for Private Prayer at St. Helena



Every Sunday 2:00pm to 5:00pm Private Prayer & Adoration of the Blessed Sacrament



Monday only 8:30am to 7:00pm for Adoration of the Blessed Sacrament
Angelus at 12:00Noon, Eucharistic Benediction at 12:05pm
Confessions at 12:15pm to 1:00pm, 6:20pm to 6:50pm, Mass at 7:00pm

Tuesday through Saturday 8:30am to 10:00am

Any room at the Inn?

Francis Germanovich, a 66 year old Catholic on social security is looking for a small efficiency apartment or room in the area of Saint Helena Parish. His phone number is 610-925-9946. Father Welsh is available as a reference.

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Meditate/Pray at Home

A regular meditation practice can bring a host of spiritual, psychological and physical benefits to your life. Meditation isn't just for monks and mystics – anyone can learn it! Christian meditation allows us to spend more quality time with God. It teaches us to control our thought-life and helps us maintain our mental health and emotional wellbeing.

6 Reasons to Meditate/Pray at Home

1. Reduce Stress - Modern life brings a lot of stress, but relief is a few breaths away.
2. Manage Depression - In many cases, meditation can reduce or eliminate the need for antidepressant medications.
3. Lessen Emotional Reactivity - Meditation can help you make better choices by responding mindfully instead of reacting impulsively.
4. Increase Focus - Meditation keeps you on task amidst the thousands of distractions you face every day.
5. Improve Relationships - Meditation can lead to greater self-awareness, emotional intelligence, and acceptance of yourself and others.
6. Strengthen Compassion - Christian meditation allows us to spend more quality time with God. A regular meditation practice can help you become kinder and more caring toward others and the natural world.

Registration for PREP 2020-2021

Registration Forms are available through Sister Sophie. Please call the rectory for an appointment or see Sr. Sophie after Mass.
Rectory: 215-424-1300

COST

1 child - \$100.00
2 children - \$160.00
3+ children - \$250.00



RCIA for Adults 2020-2021

If you know someone who is interested in becoming Catholic or an adult who needs Eucharist and/or Confirmation
Contact Sr. Sophie at
215-868-6547

1. Visit www.sainthelenaparish.net
2. Click on **GIVE**
3. Set up your account
4. Choose a payment option
5. and customize your donation



"Please prayerfully consider giving to our parish community online as it does benefit our parish in many important ways."



IT'S SAFE. IT'S SIMPLE. IT'S CONVENIENT.

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!

Tithing Report for August 16, 2020



(1st) Weekly.....\$3,804.00 (157 envelopes)
 Drop Off.....\$2,198.00 (52 envelopes)
 E-Giving.....\$820.00 (6 transactions)
 Total Collection.....\$6,822.00
 (2nd) Catholic University.....\$1,156.00 (137 envelopes)
 Feast of the Assumption Collection.....\$1,556.00



A special Donation of \$5,000.00 from Judith McNerney (Thank You)

Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	62	\$125.00	\$161.00	\$286.00	21
8:00am	67	\$165.00	\$365.00	\$530.00	16
9:30am	303	\$433.00	\$1,532.00	\$1,965.00	79
11:15am	47	\$88.00	\$450.00	\$538.00	14
12:30pm	140	\$211.00	\$274.00	\$485.00	27
Drop off	-----	-----	\$2,198.00	\$2,198.00	52

You make the difference! Thank you for growing in holiness and striving to be a good steward.



Last But Not Least



Today, we celebrate the 21st Sunday in Ordinary Time. In today's Gospel reading, Matthew 16:13-20, we witness the watershed moment when Jesus established his Church on earth. He begins by asking His disciples, "Who do you think I am?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." (Matt 16:14) Only Peter gets it right when he replies, "You are the Christ, the Son of the Living God." Jesus blesses Peter and says, "For flesh and blood has not revealed this to you but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my Church and the gates of hell will not prevail against it." Thus Jesus establishes His Church and appoints Peter as its leader. It is up to each individual to answer Jesus' question for his or her self, "Who do you say I am?"

Over the past weeks, we have had 2 collections every week. I thank you for your generosity in those collections. Please prayerfully consider giving to our parish community online as it does benefit our parish in many important ways.

Registration for our Parish Religious Education Program (PREP) are being taken by Sister Sophie after all Masses in the Lower Church or call the rectory for an appointment.

We are anticipating **Confirmation in the Fall of 2021. All students in Level 6 PREP or grades 6 & 7 in St. Helena-Incarnation School must register for Confirmation.** Registrations are being taken by Sister Sophie after all Masses in the Lower Church or call the rectory for an appointment. **Preparation Classes for Confirmation will start in October.** Thanks for reading, stay healthy, reach out to those close to you and last but not least have a good week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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Sunday: 11am - 5pm
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What's My Name?

The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME

In Remembrance of Samantha Josephson

Thanks...

Please take the time to read
the ads which make your
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support the parish.
Mention the church bulletin
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