



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomaes	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5 th Street	215-424-1300 (1301)
Convent	6127 N. 5 th Street	215-924-2770
School	6101 N. 5 th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday	9:00am to 8:00pm
Friday	9:00am to 5:00pm
Saturday	9:00am to 2:00pm



St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3rd Thursday of each month from 9:00am-12:30pm.



MASSES



Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic
Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)
Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)



Viet. Divine Mercy
Grupo
Carismático

Tenemos círculo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Están todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation
& Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council

Alternating 2nd Tuesday 7:00PM (Rectory)

Finance Committee

Alternating 2nd Tuesday 7:00PM (Rectory)

Alumni Meeting

Monthly at 10:00am in the Convent



August 2, 2020 18th Sunday in Ordinary Time

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Rosaura Caraballo	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Monica Peltz Yondura
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Virginia Gilligan
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Samuel Delgado	Samie Rosado	Carmen Delia Cruz
Elena Evagenevna Biryukova	Francis Germanovich	

We Remember in Prayer our Deceased Jose Raul Rodriguez

Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprímale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, August 2, 2020 18th Sunday in Ordinary Time

Is 55: 1-3 Rom 8: 35, 37-39 Mt 14: 1-12

MONDAY (03) Jer 28: 1-17 Mt 14: 22-36

TUESDAY (04) Jer 30: 1-2, 12-15, 18-22
Mt 15: 1-2, 10-14

WEDNESDAY (05) Jer 31: 1-7 Mt 15: 21-28

THURSDAY (06) Dn 7: 9-10, 13-14 Mt 17: 1-9

FRIDAY (07) Na 2: 1, 3; 3: 1-3, 6-7 Mt 16: 24-28

SATURDAY (08) Hb 1: 12-2:4 Mt 17: 14-20

Mass Intentions for the August 2 to 9, 2020

SATURDAY, August 1, 2020

4:30pm Frances Patrick

SUNDAY, August 2, 2020 18th Sunday in Ordinary Time

8:00am Joan Baotixita Phan Dinh

9:30am Personal Intention (VN Livestream-UC)

11:15am Agnes & Emil Schaller

12:30pm Pablo Rafael Basilio (SP Livestream-UC)

MONDAY, August 3, 2020

8:00am Dec. Member of the David Speicer Family

7:00pm St. Helena Parishioners

TUESDAY, August 4, 2020 St. John Vianney, Priest

8:00am Maria Mai Lam

WEDNESDAY, August 5, 2020 Ded. Of the Basilica of St. Mary Major

8:00am Dominic Hop Nguyen & Family

THURSDAY, August 6, 2020 Transfiguration of the Lord

8:00am Teresa Khanh

FRIDAY, August 7, 2020 St. Sixtus II, Pope & St. Cajetan, Priest

8:00am All Souls in Purgatory

SATURDAY, August 8, 2020 St. Dominic, Bishop

8:00am Peter Cham Le

4:30pm Maria Pham Thi Hong

SUNDAY, August 9, 2020 19th Sunday in Ordinary Time

8:00am Joan Baotixita Phan Dinh

9:30am Personal Intention (VN Livestream-UC)

11:15am In Honor of the Eternal Father

12:30pm Juana Us Perez (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

**Save the date and Join us
Theme for St. Helena
100th Anniversary 2024**



*From many countries and cultures, Saint Helena
Parish Family celebrates God's faithfulness by
encountering Christ through Scripture, the
Sacraments and Community*

Committee Members

Chairperson: Norajean Glenn

Assistant Chairperson: Fred Rosso

Andrea Santiago	Anita Repsch	Maria Repsch
Sharon Smith	Carol Henson	Jean Berry
Anne Bercaw	Joan Teel	Rich Teel
Gloria Jones	Herminio Rosa	Sam Ashie
David Nguyen	Suzette Ellison	Jim Pokorny
Yomayra Garcia	Maria Schaller	Mary Nguyen
Carolyn Onibalusi	Dong Van Nguyen	Kelvin Garcia
Sr. Maryanne	Dung Nguyen	Josephine Rodriguez
Monica Rodriguez Victoria	Blanca Torres-Kelmedi	



Food Pantry

Our Food Pantry continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the rectory porch on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations. Lunch boxes and snacks bags available every Tuesday and Thursday for children 2-18. No registration or economic info needed. Parents and grandparents come. Not necessary to bring children.

**PCA Senior Vouchers are available.
Call 215 765 9040 to receive a form to
apply.**

Opportunity for Private Prayer at St. Helena

Saint Helena Lower Church is open daily for private prayer. Please enter the Lower Church only by the door with the keypad on the Schoolyard side.

Monday only 8:30am to 7:00pm for Adoration of the Blessed Sacrament

12:00Noon – Angelus

12:05pm – Eucharistic Benediction

12:15pm to 1:00pm, 6:20pm to 6:50pm – Confessions

7:00pm – Mass

Tuesday through Saturday 8:30am to 10:00am

**Every Sunday 2:00pm to 5:00pm Private Prayer &
Adoration of the Blessed Sacrament**



**Please sign up
for Adoration
on the chart in
the Lower Church**

From St. Helena Health Promotion Office on Budgeting

Reducing stress is a good Self Care step. Making a budget is a way to begin. When we begin to make a budget, we need to prioritize our needs and wants.

1. What is the total money that comes into your house every month?
2. How much do you usually spend for: Mortgage/ rent, Food, House utilities, Household expenses, Clothing, Phone/ internet, Education, Special family events

Oh, more bills than money! Now we learn how to budget. We might not be able to pay each bill entirely but we can pay something in each category each month. We might even need to decide NOT to spend money on something this month. We can talk to people in our household to help make monthly decisions about the budget. In doing so, we reduce our stress, improve family communication, and recognize the gifts and talents of young people. Putting financial order into our lives affects us on many levels. It helps us produce a roadmap, reveals waste, aligns priorities, builds good habits and reduces stress. Good luck! Anna Marie Lesutis RSM RN

Source: <https://www.thebalance.com/budgeting-improve-your-life-1289557>

**Any
room
at the
Inn?**

Francis Germanovich, a 66 year old Catholic on social security is looking for a small efficiency apartment or room in the area of Saint Helena Parish. His phone number is 610-605-0511. Father Welsh is available as a reference.



For the safety of all our parishioners, we will sanitize the pews and church after each Mass. **Please do not return the Missalette to the table.** Please do not leave ANYTHING in the pews or book holders...take everything home with you. Thank you for your cooperation.

Registration for PREP 2020-2021

Registration Forms are available through Sr. Sophie. Please call the rectory for an appointment. Due to COVID-19, classes will be remote until January. At time of registration, you will receive information on remote learning, text book, and information and code for flipgrid remote learning.

Rectory: 215-424-1300 or Sr. Sophie: 215-868-6547

COST

1 child - \$100.00 2 children - \$160.00
3+ children - \$250.00



**RCIA for Adults
2020-2021**

If you know someone who is interested in becoming Catholic or an adult who needs Eucharist and/or Confirmation Contact
Sr. Sophie
215-868-6547

St. Helena Confirmation ~ Fall of 2021



St. Helena will have Confirmation in the Fall of 2021. All students in Public School and St. Helena-Incarnation School who desire Confirmation must register and attend these classes. Confirmation Classes are for 1 year prior to Confirmation for all students who are currently in Level 6 in St. Helena

English PREP or grades 6 and 7 in St. Helena-Incarnation School. Classes will be in small groups of 4 once a week. This will be explained at the time of registration. **To register for Confirmation 2021, please contact Sister Sophie at the rectory (215-424-1300) for an appointment to complete the registration form.**

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



Tithing Report for July 26, 2020

(1st) Weekly.....\$4,730.00 (171 envelopes)
 Drop Off.....\$1,208.00 (40 envelopes)
 E-Giving.....\$370.00 (4 parishioners)
 Total Collection.....\$6,308.00



Mass	Attendance	Loose	Envelopes	Total	# Envelopes
4:30pm	136 (RCIA)	\$270.00	\$410.00	\$680.00	24
8:00am	85	\$166.00	\$381.00	\$547.00	26
9:30am	260	\$369.00	\$1,056.00	\$1,425.00	69
11:15am	269 (1 st Communion)	\$720.00	\$1,019.00	\$1,739.00	31
12:30pm	98	\$85.00	\$254.00	\$339.00	21
Drop off	-----	-----	\$1,208.00	\$1,208.00	40

You make the difference! Thank you for growing in holiness and striving to be a good steward.



Last But Not Least



Today, we celebrate the 18th Sunday in Ordinary Time. The central message of the passage is the pivotal role that Jesus plays in relation to the pastoral duties of the disciples and the pastoral needs of the multitude. The disciples know that the day is growing late and that they should do something to satisfy the crowd. Jesus challenges them to feed the crowd, which they cannot do alone. When Jesus is presented with the miniscule portion of five loaves and two fishes, he accepts that gift, finds it adequate, blesses it, and hands it over to the disciples to be distributed. The Gospel teaches us that, even with sparse resources, the work of Christ is accomplished, when we cooperate with him, and when we work explicitly in his name. The implication of the gospel is highly symbolic. Jesus and the disciples are capable of meeting the spiritual needs of a large crowd as well. This requires that the disciples rely and depend on the work of Jesus. On their own, they can do nothing. Finally, we need to ask ourselves why bread is used as the symbol for Jesus and the disciples meeting the spiritual needs of the crowd. Is the imagery Eucharistic? Of course.

As we move into the month of August, we are anticipating and planning for our parish organizations to return. We are looking at the Archdiocesan Guidelines for organizations to return to in-person gatherings and meetings. We will post them as they become clearer.

Our Parish PREP, RCIA & Confirmation for 2021 programs will be taking registrations for the Fall classes. Please contact Sr. Sophie to set up an appointment to register and receive the materials. See page 3 for more information.

Thanks for reading, stay healthy, reach out to those close to you and last but not least have a good week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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essential
workers
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us safe,

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What's My Name?

The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME

In Remembrance of Samantha Josephson

Thanks...

Please take the time to read
the ads which make your
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support the parish.
Mention the church bulletin
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