



# St. Helena Church

6161 N. 5<sup>th</sup> Street  
(Fifth Street and Godfrey Avenue)  
Philadelphia, PA 19120-1497

## St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

## PARISH STAFF

<b>Rev. Msgr. Joseph T. Trinh</b>	<i>Pastor</i>
<b>Rev. Edward A. Pelczar</b>	<i>(Retired) In Residence</i>
<b>Rev. Peter J. Welsh</b>	<i>Parochial Vicar</i>
<b>Rev. Albert Gardy Villarsen, OMI</b>	<i>In Residence</i>
<b>Deacon Victor I. Seda</b>	<i>Parish Deacon</i>
<b>Deacon Huan C. Tran</b>	<i>Parish Deacon</i>
<b>Deacon Victor Pomaes</b>	<i>Parish Deacon</i>
<b>Sr. Sophie Yondura, ssj., D. Min.</b>	<i>Parish Services, DRE, RCIA</i>
<b>Elena Asencio</b>	<i>Parish Secretary</i>
<b>Tram Ton Nu</b>	<i>Business Manager</i>
<b>Genevieve Black</b>	<i>Music Director</i>
<b>Sr. Maryanne Zakreski, ssj</b>	<i>Outreach Center</i>
<b>Sr. Anna Marie Lesutis, RSM, RN</b>	<i>Health Promotion</i>
<b>Ann Farley, MSN</b>	<i>Health Promotion</i>
<b>Sr. Lan Nguyen, OP</b>	<i>Parish Ministry</i>

<b>Rectory</b>	<b>6161 N. 5<sup>th</sup> Street</b>	215-424-1300 (1301)
<b>Convent</b>	<b>6127 N. 5<sup>th</sup> Street</b>	215-924-2770
<b>School</b>	<b>6101 N. 5<sup>th</sup> Street</b>	215-549-2947
<b>Rectory Fax Number</b>		215-424-9152
<b>Health Promotion Office</b>		215-384-6540
<b>Food Bank</b>		267-900-5935
<b>St. Helena Parish Outreach Center</b>		267-437-4929

Web-site [www.sainthelenaparish.net](http://www.sainthelenaparish.net)

## St. Helena Church Office Hours (closed 12Noon-1:00pm)

<b>Monday-Thursday</b>	<b>9:00am to 8:00pm</b>
<b>Friday</b>	<b>9:00am to 5:00pm</b>
<b>Saturday</b>	<b>9:00am to 2:00pm</b>



## St. Helena-Incarnation Independent Mission School

6101 N. 5<sup>th</sup> Street 215-549-2947

## St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3<sup>rd</sup> Thursday of each month from 9:00am-12:30pm.



## MASSES

Saturday Vigil – 4:30PM Mass in English  
 Sunday – 8:00AM Mass in English  
 9:30AM Mass in Vietnamese 11:15AM Mass in English  
 12:30PM Mass in Spanish  
 Monday through Saturday 8:00AM  
 Obligatory Holy Days – (except Jan. 1 & Christmas)  
 8:00AM, 9:00AM, 7:00PM Tri-lingual  
 First Fridays – 8:00AM (and 9:00AM during School Year)

## SACRAMENTS

### Confession



Saturdays 4:00-4:30PM 15 minutes after Mass

Preparation Class in English is held the 1<sup>st</sup> Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj, D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

## DEVOTIONS

**Eucharistic Adoration**  
**Daily Rosary**  
**MM Devotion**  
**OLLV Devotion**

Every Thursday in Chapel  
 8:30AM-5:00PM (Evening Prayer)  
 Monday – Friday after 8:00AM Mass  
 Saturday – 7:45AM (Lower Church)  
 Friday – 8:00PM (Chapel)  
 Saturday – 8:30AM (Lower Church)  
 Sunday – 2:30pm (Lower Church)



**Viet. Divine Mercy Grupo**  
**Carismático**

Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

## SERVICE MINISTRY

**55+ Club**  
**Boys Scouts**  
**Aid for Friends**  
**Outreach Center**  
**Sick Calls**

2<sup>nd</sup> & 4<sup>th</sup> Thursday 12:00 (Rectory Basement)  
 Every Wednesday 7:00PM-9:00PM (Hall)  
 Contact Sister Sophie Yondura, ssj, D. Min.  
 Sr. Maryanne Zakreski, ssj (267-437-4929)  
 Please call the rectory to schedule a home visit for Communion or in the Hospital.

**Rehabilitation & Nursing Home**

Laurel Square, York, Cheltenham  
Contact Father Peter Welsh

## Meetings

**Parish Council**  
**Finance Committee**  
**Alumni Meeting**

Alternating 2<sup>nd</sup> Tuesday 7:00PM (Rectory)  
 Alternating 2<sup>nd</sup> Tuesday 7:00PM (Rectory)  
 Monthly at 10:00am in the Convent



# June 7, 2020 Holy Trinity Sunday

## *We Remember in Prayer our Sick*

Luke Tynan	Frances Clark	Duong Thi Tham
Carmen Lebron	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Francis Germanovich
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Trisha Kern
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Harry Berge	Beth Ann Sellers
Rosaura Caraballo	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Monica Peltz Yondura		

## *We Remember in Prayer our Deceased*

### Prayer to St. Michael the Archangel

**Saint Michael, the Archangel**, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

**San Miguel Arcángel**, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

**Lấy Tổng Lãnh Thiên Thần Micae**, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trồng cấy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần quỷ ấy. Lấy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

## Scripture Readings for the Week

<b>SUNDAY, June 7, 2020</b>	<b>Most Holy Trinity Sunday</b>	
Ex 34: 4b-6, 8-9	2 Cor 13: 11-13	Jn 3: 16-18
<b>MONDAY (08)</b>	1 Kgs 17: 1-6	Mt 5: 1-12
<b>TUESDAY (09)</b>	1 Kgs 17: 7-16	Mt 5: 13-16
<b>WEDNESDAY (10)</b>	1 Kgs 18: 20-39	Mt 5: 17-19
<b>THURSDAY (11)</b>	Acts 11: 21b-26; 13: 1-3	Mt 5: 20-26
<b>FRIDAY (12)</b>	1 Kgs 19: 9a, 11-16	Mt 5: 27-32
<b>Saturday (13)</b>	1 Kgs 19: 19-21	Mt 5: 33-37

## Mass Intentions for the Week of June 7 to 14, 2020

### SATURDAY, June 6, 2020

4:30pm Stanley Magalski

### SUNDAY, June 7, 2020 Solemnity of the Most Holy Trinity

8:00am John Chung & Teresa Nga Nguyen (Wedding. Anniv.)  
 9:30am Personal Intention (VN Livestream-UC)  
 11:15am Joan Schaller  
 12\*30pm Dec. Members of the Sacred Heart Group (SP Livestream-UC)

### MONDAY, June 8, 2020

8:00am Holy Souls in Purgatory

### TUESDAY, June 9, 2020 St. Ephrem

8:00am Peter Cham Le

### WEDNESDAY, June 10, 2020

8:00am Guise Vu Van Lap

### THURSDAY, June 11, 2020 St. Barnabas, Apostle

8:00am Dominic & Anna

### FRIDAY, June 12, 2020

8:00am Dominic Trong Nguyen

### SATURDAY, June 13, 2020 St. Anthony of Padua

8:00am Maria Lap  
 4:30pm Raymond Patrick

### SUNDAY, June 14, 2020 Corpus Christi Sunday

8:00am Joan Baotixita Phan Dinh  
 9:30am Personal Intention (VN Livestream-UC)  
 11:15am Julia & Frank Schaller  
 12\*30pm Hermenejildo Lopez (SP Livestream-UC)

## Prayer in Anticipation of our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100<sup>th</sup> anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100<sup>th</sup> anniversary celebration in 2024. Amen

**Save the date and Join us  
Theme for St. Helena  
100th Anniversary 2024**



*From many countries and cultures, Saint Helena Parish Family celebrates God's faithfulness by encountering Christ through Scripture, the Sacraments and Community*

**Committee Members**

**Chairperson: Norajean Glenn**

**Assistant Chairperson: Fred Rosso**

Andrea Santiago	Anita Repsch	Maria Repsch
Sharon Smith	Carol Henson	Jean Berry
Anne Bercau	Joan Teel	Rich Teel
Gloria Jones	Herminio Rosa	Sam Ashie
David Nguyen	Suzette Ellison	Jim Pokorny
Yomayra Garcia	Maria Schaller	Mary Nguyen
Carolyn Onibalusi	Dong Van Nguyen	Kelvin Garcia
Sr. Maryanne	Dung Nguyen	Josephine Rodriguez
Monica Rodriguez Victoria	Blanca Torres-Kelmedi	

**EWTN TV Mass  
DirecTV - Channel 370  
Dish Network - Channel 261  
Verizon Fios - Channel 285  
Xfinity - Channel 33  
Xfinity - Channel 291**

Our Food Bank continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the rectory porch on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations. Lunch boxes and snacks bags available every Tuesday and Thursday for children 2-18. No registration or economic info needed. Parents and grandparents come. Not necessary to bring children.

**Pope Francis' Prayer invoking Our Blessed Mother's Protection for the Coronavirus**



O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

**Opportunity for Private Prayer at St. Helena**

**Saint Helena Lower Church is open daily for private prayer.**

**Please enter the Lower Church only by the door with the keypad on the Schoolyard side.**



**Monday only 8:30am to 7:00pm for Adoration of the Blessed Sacrament & Private Prayer**

**Tuesday through Saturday 8:30am to 10:00am and Sunday 2:00pm to 5:00pm for Private Prayer**

# Mary, Mother of All Nations Shrine

We are in the process of creating a Mary, Mother of All Nations Shrine in the Lower Church. Our vision is to have a statue between 10 and 15 inches high that represents the different ethnic groups within the parish. Each statue will be displayed on a shelf with the name of the country and title of the Blessed Mother. If you wish to donate a blessed Mother from your homeland country, please let us know.

For example: Ecuador: Virgin of Cisne, Vietnam: Our Lady of LaVang, Dominican Republic: Our Lady of Altigracia, Puerto Rico: Our Lady of Providence, Mexico: Our Lady of Guadalupe, Ireland: Our Lady of Knock, Colombia: Our Lady of Las Lajas, China: Our Lady of Sheshan, Portugal: Our Lady of Fatima, Philippines: Our Lady of Manaoag, United States: Immaculate Conception, Korea: Our Lady of Naju.

## Celebrating our Parishioners Ethnicity



In anticipation of our Parish 100th Anniversary in 2024, we would like to display the flags of the different ethnic groups within our parish. **If the flag of your ethnicity is in the Upper Church, please let us know. If you wish to donate the flag of your ethnicity, we would be most**

**appreciative.**

The church does not close, only the building. Because we are the church, the living body of our Lord Jesus and we are everywhere.



## St. Helena now has a Facebook page...



# Welcome Back Welcome Home We Missed YOU!

### PRAYER FOR PEACE IN OUR COMMUNITIES

O Lord our God, in your mercy and kindness, no thought of ours is left unnoticed, no desire or concern ignored. You have proven that blessings abound when we fall on our knees in prayer, and so we turn to you in our hour of need. Surrounded by violence and cries for justice, we hear your voice telling us what is required . . . "Only to do justice and to love goodness, and to walk humbly with your God" (Mi 6:8). Fill us with your mercy so that we, in turn, may be merciful to others. Strip away pride, suspicion, and racism so that we may seek peace and justice in our communities. Strengthen our hearts so that they beat only to the rhythm of your holy will. Flood our path with your light as we walk humbly toward a future filled with encounter and unity. Be with us, O Lord, in our efforts, for only by the prompting of your grace can we progress toward virtue. We ask this through Jesus Christ our Lord. Amen

### PRAYER TO HEAL RACIAL DIVISION

We thank you, O Lord, for in your loving wisdom You created one human family with a diversity that enriches our communities. We pray to you, O Lord, that we always recognize each member of this human family as being made in your image and beloved by you, with worth and dignity. We pray to you, O Lord, that we may envision a way forward to heal the racial divisions that deny human dignity and the bonds between all human beings. We pray to you, O Lord that we may affirm each person's dignity through fair access for all to economic opportunity, housing, education, and employment. We pray to you, O Lord, that we may have eyes to see what is possible when we reach out beyond fear, beyond anger, to hold the hand of our sisters, our brothers. We thank you, O Lord, for your call and challenge to us that we may reveal your teachings and your love through our actions to end racism and to proclaim that we are all your children, heirs to your sacred creation.

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



## Tithing Report for May 31, 2020

Drop off Collection.....\$1,731.00 (51 Envelopes)

E-Giving.....\$370.00 (4 Parishioners)



You make the difference! Thank you for growing in holiness and striving to be a good steward. Don't forget to wrap your weekly gift to God in an envelope with your name on the front.



## Last But Not Least



**Today we celebrate Host Holy Trinity Sunday.** There is no end to the topics and things that we can now 'Google' on the internet. However, the Trinity is not one of them! No matter how hard we try, we will never fully understand this deep mystery. And although we can't even begin to get hold of or grasp the fullness of the Trinity, our faith helps us in some small way to experience its power and presence in our lives. The Trinity is part of our Christian faith and tradition. It cannot be understood with the head, but it is a reality that we are called to experience and believe in through our prayer and our heart. We are made in the image of likeness of a triune God who is not remote or distant, but God who became flesh and now lives amongst us. We are created in the image of God the Father who creates us, of Jesus the Son who saves us and the Holy Spirit who continues to strengthen us. As we celebrate this wonderful feast, we pray that each of us will continue to be blest in the name of the Father, the Son and the Holy Spirit. Amen.

**Welcome Back....Welcome Home...We missed you!** It is hard to believe that it has been almost three months since we have been together because of the "stay-at-home" order due to the coronavirus. YOU are the living, breathing members of St. Helena Church. We missed you...your smiles, your singing, and most especially your physical presence. In the song, Hosea, we hear the words, "Long have I waited for your coming home to me". These words are no more important than they are today, for us who wait to return to church. **We have waited LONG FOR YOU TO COME HOME...Welcome Back....Welcome Home. Although public Mass is permitted, I remind you that the obligation to attend Mass on Sundays and holy days of obligation continues to be lifted during the Yellow Phase.** You are not required to attend Mass at this time. Please stay home if you are sick. Please stay home if you are at higher risk of severe illness with COVID19.

We are in the process of creating a **Mary, Mother of All Nations Shrine in the Lower Church.** Our vision is to have a statue between 10 and 15 inches high that represents the different ethnic groups within the parish. If you wish to donate a blessed Mother from your homeland country, please let us know.

As you know, we have called all our parishioners to see how they are doing. Many numbers were not in use or changed. **If you did not receive a call, please contact the rectory as we don't have your current number.** We have sent a letter in English, Spanish, and Vietnamese to all parishioners welcoming them back and the guidelines we received from the Archdiocesan for returning back to Mass. Have you received it? If not, please contact the rectory. **When you do come to Mass, please follow the directions/instructions from our ushers.**

Finally, **I would like to congratulate all our parish graduates from Elementary School, High School and College.** During this time of COVID-19, you have missed so much...your classmates, proms, graduations, celebrating with family and friends. Please know that we, your parish, are so proud of your achievements. Thanks for reading, stay healthy, reach out to those close to you by phone, text message, or social media and in the midst of all this have a good week.

Your Brother and Shepherd,  
Rev. Msgr. Joseph Trinh

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