



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomaes	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5 th Street	215-424-1300 (1301)
Convent	6127 N. 5 th Street	215-924-2770
School	6101 N. 5 th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday	9:00am to 8:00pm
Friday	9:00am to 5:00pm
Saturday	9:00am to 2:00pm



St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3rd Thursday of each month from 9:00am-12:30pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
Sunday – 8:00AM Mass in English
9:30AM Mass in Vietnamese 11:15AM Mass in English
12:30PM Mass in Spanish
Monday through Saturday 8:00AM
Obligatory Holy Days – (except Jan. 1 & Christmas)
8:00AM, 9:00AM, 7:00PM Tri-lingual
First Fridays – 8:00AM (and 9:00AM during School Year)



SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic
Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
8:30AM-5:00PM (Evening Prayer)
Monday – Friday after 8:00AM Mass
Saturday – 7:45AM (Lower Church)
Friday – 8:00PM (Chapel)
Saturday – 8:30AM (Lower Church)
Sunday – 2:30pm (Lower Church)



Viet. Divine Mercy
Grupo
Carismático

Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Están todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
Every Wednesday 7:00PM-9:00PM (Hall)
Contact Sister Sophie Yondura, ssj. D. Min.
Sr. Maryanne Zakreski, ssj (267-437-4929)
Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation
& Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council

Alternating 2nd Tuesday 7:00PM (Rectory)

Finance Committee

Alternating 2nd Tuesday 7:00PM (Rectory)

Alumni Meeting

Monthly at 10:00am in the Convent

May 3, 2020 4th Sunday of Easter Good Shepherd Sunday

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Carmen Lebron	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Francis Germanovich
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Trisha Kern
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Harry Berge	Beth Ann Sellers
Rosaura Caraballo	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Monica Peltz Yondura		

We Remember in Prayer our Deceased

Thuong Ngoc Nguyen

Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần ngụy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia Satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lấy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, May 3, 2020 4th Sunday of Easter

Acts 2: 14a, 36-41 1 Pt 2: 20b-25 Jn 10: 1-10

MONDAY (04) Acts 11: 1-18 Jn 10: 11-18

TUESDAY (05) Acts 11: 19-26 Jn 10: 22-30

WEDNESDAY (06) Acts 12: 24-13: 5a Jn 12: 24-50

THURSDAY (07) Acts 13: 13-25 Jn 13: 16-20

FRIDAY (08) Acts 13: 26-33 Jn 14: 1-6

Saturday (09) Acts 13: 44-52 Jn 14: 7-14

Mass Intentions for the Week of May 3 to 10, 2020

SATURDAY, May 2, 2020

Joan Schaller

SUNDAY, May 3, 2020 4th Sunday of Easter

Atanasia Felicano

Personal Intention (VN Livestream (UC)

St. Helena Parishioners

Salud de Juanita Rosario (SP Livestream (UC)

MONDAY, May 4, 2020

Deceased Members of the David Speicer Family

TUESDAY, May 5, 2020

Maria Mai Lam

WEDNESDAY, May 6, 2020

Maria Ty To

THURSDAY, May 7, 2020

Maria Pham Chi

FRIDAY, May 8, 2020

Peter Dong Bui & All the Souls

SATURDAY, May 9, 2020

Peter Cham Le

Mary Gable

SUNDAY, May 10, 2020 5th Sunday of Easter

Teresa Qui Nguyen

Personal Intention (VN Livestream-UC)

Julia Schaller

Por la Salud de Doris Paez (SP Livestream-UC)

Prayer in Anticipation of our 100th Anniversary



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen



**Save the date and Join us
Theme for St. Helena
100th Anniversary 2024**



*From many countries and cultures, Saint Helena
Parish Family celebrates God's faithfulness by
encountering Christ through Scripture, the
Sacraments and Community*

Committee Members

Chairperson: Norajeane Glenn

Assistant Chairperson: Fred Rosso

Andrea Santiago	Anita Repsch	Maria Repsch
Sharon Smith	Carol Henson	Jean Berry
Anne Bercaw	Joan Teel	Rich Teel
Gloria Jones	Herminio Rosa	Sam Ashie
David Nguyen	Suzette Ellison	Jim Pokorny
Yomayra Garcia	Maria Schaller	Mary Nguyen
Carolyn Onibalusi	Dong Van Nguyen	Kelvin Garcia
Sr. Maryanne	Dung Nguyen	Josephine Rodriguez
Monica Rodriguez	Victoria Blanca	Torres-Kelmedi

**EWTN TV Mass
DirecTV - Channel 370
Dish Network - Channel 261
Verizon Fios - Channel 285
Xfinity - Channel 33
Xfinity - Channel 291
Xfinity - Channel 1668**

Our Food Bank continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the rectory porch on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

Pope Francis' Prayer invoking Our Blessed Mother's Protection for the Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

What can YOU do to protect myself and others from COVID-19?

The following actions help prevent the spread of COVID-19, as well as other coronaviruses and influenza:

- ◆ Avoid close contact with people who are sick.
- ◆ Avoid touching your eyes, nose, and mouth.
- ◆ Stay home when you are sick.
- ◆ Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- ◆ Clean and disinfect frequently touched objects and surfaces every day. High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables.
- ◆ Wash your hands often with soap and water while saying the Our Father.

**Due to the coronavirus, our First Communion
is postponed until further notice.
Please pray for an end to this pandemic.**



Good Shepherd Sunday - May 3

"My sheep hear my voice; I know them, and they follow me."



Jesus offers a clear contrast among shepherds. This would apply to priests, parents and all of us in our own unique way. The contrast He offers is between the ones who care deeply for those entrusted to their care, and those who are just going through the motions and are more motivated by selfishness than sacrificial love. Jesus perfectly manifested sacrificial love as the Divine Shepherd. He was willing to go all the way for us, His sheep. He was willing to sacrifice everything. He did not let suffering, persecution, rejection and the like deter Him from His responsibility of caring for us in a total and complete way. It should inspire us, console us and encourage us to know how deep His love for us really is. This love is seen, also, in the unwavering love of a parent, sibling, or dear friend. When the love one offers us is unwavering, especially in difficult times, this is a great support. And love offered to another like this forges a deep spiritual bond that is stronger than any hardship we may face. No matter what "wolf" comes our way, we must know of the unwavering support of the Divine Shepherd. And when we can see that love made manifest in the unwavering support of others, we are doubly blessed. But the contrast should not be ignored either. Jesus gives the example of "a hired man who is not a shepherd" who sees the wolf coming and runs. It's important to point out how damaging this man is to the people of God. When he runs from his responsibility and gives into selfish motivation, he leaves the flock untended and vulnerable to attack. We should see in this hired man the temptation we all inevitably face in life. It's hard to stick with it through the hard times. It's hard to be there for those who need us when they need us. It's hard to be faithful in all things and to never shy away in the face of the temptation of fear. Jesus offers His unwavering love and support to us as our Shepherd, but He also wants us to return this gift to Him by offering this same unwavering commitment to one another. Reflect, today, how well you imitate the Good Shepherd. Where you are lacking, let Him shepherd you so that you may shepherd others. Run to the Good Shepherd and trust in His perfect love for you.



FYI: ESL Classes are suspended until September

As the June 2 primary approaches, we are all reminded of the importance of performing our civic duty by voting. **This year, the State of Pennsylvania is encouraging people to vote safely by mail.** To start the process of signing up for "Vote by Mail" go to www.votespa.com and follow the directions. If you do not have access to the Internet, you can also get a paper application for "Vote by Mail" by calling the PA Department of State at **1-877-868-3772**.



Celebrating our Parishioners Ethnicity



In anticipation of our 100th Anniversary in 2024, we would like to display the flags of the different ethnic groups within our parish. **If the flag of your ethnicity is in the Upper Church, please let us know. If you wish to donate the flag of your ethnicity, we would be most appreciative.**

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



Tithing Report for April 19, 2020
Drop off Collection.....\$1,836.00 (57 Envelopes)
Drop off Easter.....\$540.00 (13 Envelopes)
COVID-19 Special Collection.....\$550.00 (7 Envelopes)
E-Giving.....\$390.00 (5 Parishioners)



You make the difference! Thank you for growing in holiness and striving to be a good steward. Don't forget to wrap your weekly gift to God in an envelope with your name on the front.



Last But Not Least



Today we celebrate the 4th Sunday of Easter Sunday, Good Shepherd Sunday.

Today's Gospel reading on the Good Shepherd may be short and sweet, but if you read closely it is packed with significance that can help us better understand our relationship with the Lord. We have Christ as our shepherd—He tells us so himself in today's gospel—and we do not resent being called sheep in this context. There is something guileless about a sheep, and at the same time a lot of foolishness! But with Christ as our shepherd and the "good shepherd" who is sincerely interested in the true welfare of His flock we have reason to rejoice.

As we continue to deal with the coronavirus in our world and being isolated from other, I remind you during this time of social distancing to take advantage of the Holy Sacrifice of the Mass and the various services of Holy Week that are on TV (channels are listed on page 2 and 3 of the bulletin) and on the Archdiocese's website. We will continue to live streamed our Vietnamese and Spanish Masses on you-tube. **Check out the parish website for digital copies of the bulletin.**

I remind you that in light of the developing Coronavirus pandemic, the Archdiocese's decision to suspend the public celebration of all Masses in the Archdiocese of Philadelphia is still in effect. On **Mondays, adoration will take place from 8:30am until the 7:00pm for those who wish to come and pray especially at this time of crisis in our world....**let us pray for those affected by COVID-19.

For your weekly parish contribution, you can mail it into the Rectory or drop it off at the rectory **"DROP OFF BOX"** behind the black gate. If you wish to enroll in e-giving, go to the parish website (sainthelenaparish.net) and **click on GIVE** at the top of the page. Click on **create new account** and **fill in the information**. Our **Rectory office hours: 9:00am to 12:00pm (Monday through Friday).**

Finally, **today should be the day that our parish children were to receive Jesus for the first time in Holy Communion.** Unfortunately, with the restrictions in place and the guidelines from the Archdiocese of Philadelphia that all public celebration of Masses be suspended, the celebration of First Holy Communion at St. Helena will not take place on May 3rd. **As soon as we are permitted to return to public celebration of Mass, we will have First Communion.** I ask that you remember these children and their families in your prayers. Thanks for reading, stay healthy, reach out to those close to you by phone, text message, or social media and in the midst of all this have a good week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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1650 Market Street - Suite 3600
Philadelphia, PA 19103

What's My Name?


The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.

#WHATSMYNAME

In Remembrance of Samantha Josephson



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