



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomaes	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday	9:00am to 8:00pm
Friday	9:00am to 5:00pm
Saturday	9:00am to 2:00pm



St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3rd Thursday of each month from 9:00am-12:30pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
 Sunday – 8:00AM Mass in English
 9:30AM Mass in Vietnamese 11:15AM Mass in English
 12:30PM Mass in Spanish
 Monday through Saturday 8:00AM
 Obligatory Holy Days – (except Jan. 1 & Christmas)
 8:00AM, 9:00AM, 7:00PM Tri-lingual
 First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj. D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
 8:30AM-5:00PM (Evening Prayer)
 Monday – Friday after 8:00AM Mass
 Saturday – 7:45AM (Lower Church)
 Friday – 8:00PM (Chapel)



Viet. Divine Mercy Grupo
Carismático

Saturday – 8:30AM (Lower Church)
 Sunday – 2:30pm (Lower Church)
 Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
 Every Wednesday 7:00PM-9:00PM (Hall)
 Contact Sister Sophie Yondura, ssj. D. Min.
 Sr. Maryanne Zakreski, ssj (267-437-4929)
 Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council	Alternating 2 nd Tuesday 7:00PM (Rectory)
Finance Committee	Alternating 2 nd Tuesday 7:00PM (Rectory)
Alumni Meeting	Monthly at 10:00am in the Convent

April 5, 2020 Palm Sunday



We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Carmen Lebron	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Francis Germanovich
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Trisha Kern
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Harry Berge	Beth Ann Sellers
Rosaura Caraballo	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Monica Peltz Yondura		

We Remember in Prayer our Deceased

Victims of the Coronavirus

Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trông cậy và chống trả các chước sâu độc ma quỷ. Chúng con sắp mình xuống xin Đức Chúa Trời ngăn cấm thần ngụy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lạy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, April 5, 2020	Palm Sunday	
Is 50:4-7	Phil 2: 6- 11	Mt 26: 14 - 27:66
MONDAY (06)	Is 42: 1-7	Jn 12: 1-11
TUESDAY (07)	Is 49: 1-6	Jn 13: 21-33, 36-38
WEDNESDAY (08)	Is 50: 4-9a	Mt 26: 14-25
THURSDAY (09)	Ex. 12: 1-8, 11-14	
	1 Cor. 11: 23-26	Jn 13: 1-15
FRIDAY (10)	Is 52: 13-53:12	
	Heb 4: 14-16, 5: 7-9	
	Jn 18: 1-19:42	
Saturday (11)	Special Readings for Easter Vigil	

Mass Intentions for the Week of April 5 to 12, 2020

SATURDAY, April 4, 2020

Dec. Members of the Incarnation Senior



SUNDAY, April 5, 2020 Palm Sunday

James Norris

Personal Intention

John, Frances & Jack McBride

Alice Montero, Jose Vazquez & Jose F. Vazquez Montero

MONDAY, April 6, 2020

Phanxico Dong Doan & All the Souls

TUESDAY, April 7, 2020

John Tran

WEDNESDAY, April 8, 2020

Peter Cham Le

Confessions 5:00 to 6:00 pm and 7:00pm to 8:00pm (UC)

THURSDAY, April 9, 2020 Holy Thursday

7:00pm Live-stream Tri-Lingual Mass of the Lord's Supper (UC)

FRIDAY, April 10, 2020 Good Friday

3:00pm Live-stream Eng. Celebration of the Lord Passion (Cathedral)

4:00pm Live-stream Spanish Celebration of the Lord Passion (UC)

6:00pm Live-stream Viet. Celebration of the Lord Passion (UC)

SATURDAY, April 11, 2020 Holy Saturday

7:00 PM Live-stream Tri-lingual Easter Vigil Mass (UC)

SUNDAY, April 12, 2020 Easter Sunday

9:30am Live-stream Vietnamese Mass (UC)

11:00am Live-stream English Mass (Cathedral)

12:30pm Live-stream Spanish Mass (UC)



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

**Save the date and Join us
Theme for St. Helena
100th Anniversary 2024**



From many countries and cultures, Saint Helena Parish Family celebrates God's faithfulness by encountering Christ through Scripture, the Sacraments and Community

Committee Members

Chairperson: Norajean Glenn

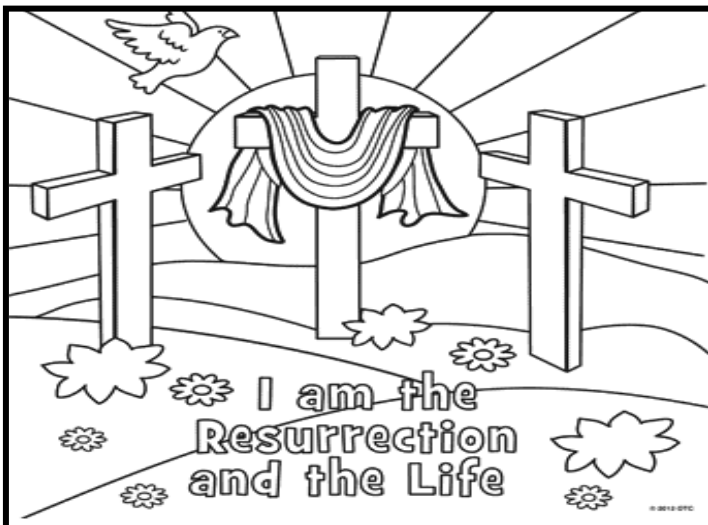
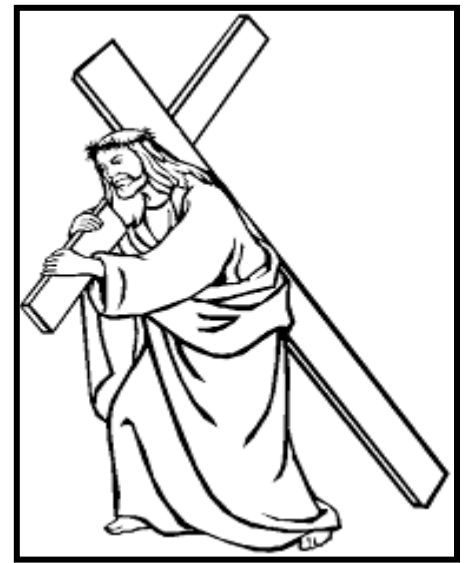
Assistant Chairperson: Fred Rosso

Andrea Santiago	Anita Repsch	Maria Repsch
Sharon Smith	Carol Henson	Jean Berry
Anne Bercaw	Joan Teel	Rich Teel
Gloria Jones	Herminio Rosa	Sam Ashie
David Nguyen	Suzette Ellison	Jim Pokorny
Yomayra Garcia	Maria Schaller	Mary Nguyen
Carolyn Onibalusi	Dong Van Nguyen	Kelvin Garcia
Sr. Maryanne	Dung Nguyen	Josephine Rodriguez
Monica Rodriguez Victoria	Blanca Torres-Kelmedi	

**EWTN TV Mass
DirecTV - Channel 370
Dish Network - Channel 261
Verizon Fios - Channel 285
Xfinity - Channel 33
Xfinity - Channel 291
Xfinity - Channel 1668**

Our Food Bank continues to serve those in need. Please bring your donations of pasta, sauce, peanut butter, jelly, mac & cheese, beans, baked beans, rice, to the rectory porch on Tuesdays and Thursday. Money donations are needed for perishable goods and to buy food at discount from Philabundance. The rectory office mail drop can be used anytime for your donations.

Holy Week for Children



**Archdiocese of Philadelphia live streamed Masses and Liturgies for Holy Week with Archbishop Nelson J. Perez
(www.archphila.org. or Archbishop Perez's Facebook)**

Palm Sunday of the Passion of the Lord, April 5, 2020

9:30am Live streaming of St. Helena Church Vietnamese Mass

(<https://www.congdoangiaoxuthanhhelenaphiladelphia.com>)

11:00am Live streaming of Cathedral Mass in English

(www.archphila.org. or Archbishop Perez's Facebook)

12:30pm Live streaming of St. Helena Church Spanish Mass

(<https://www.youtube.com/channel/UCX89mlahMwiDGosAavQrU5g>)



Monday of Holy Week, April 6, 2020 7:00 PM Chrism Mass

(www.archphila.org. or Archbishop Perez's Facebook)

THE SACRED PASCHAL TRIDUUM

Holy Thursday, April 9, 2020 7:00 PM Tri-lingual Mass of the Lord's Supper (UC)

(<https://www.youtube.com/channel/UCX89mlahMwiDGosAavQrU5g>)

Holy Thursday, April 9, 2020 7:30 PM Mass of the Lord's Supper (Cathedral)

(www.archphila.org. or Archbishop Perez's Facebook)

Good Friday, April 10, 2020 3:00 PM Celebration of the Passion of the Lord

(www.archphila.org. or Archbishop Perez's Facebook)

Holy Saturday, April 11, 2020 7:00 PM Tri-lingual Easter Vigil Mass (UC)

(<https://www.youtube.com/channel/UCX89mlahMwiDGosAavQrU5g>)

Easter Sunday, April 12, 2020

9:30am Live streaming of St. Helena Church Vietnamese Mass

(www.congdoangiaoxuthanhhelenaphiladelphia.com)

11:00am Live streaming of Cathedral Mass in English

(www.archphila.org. or Archbishop Perez's Facebook)

12:30pm Live streaming of St. Helena Church Spanish Mass

(<https://www.youtube.com/channel/UCX89mlahMwiDGosAavQrU5g>)



Pope Francis' Prayer invoking Our Blessed Mother's Protection for the Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



Tithing Income March 29, 2020 ... (COVID-19) ... \$1890.00

Tithing Income March 31, 2019 \$5,987.00

Tithing Income April 1, 2018 \$5,610.00



Tithing Report for March 29, 2020

(Drop off Collection).....\$1810.00 (21 Envelopes)

(E-Giving).....\$80.00 (4 Parishioners)

You make the difference! Thank you for growing in holiness and striving to be a good steward.

Don't forget to wrap your weekly gift to God in an envelope with your name on the front.



Last But Not Least



This Sunday, we celebrate the Palm Sunday. Today marks the beginning of Holy Week. The Triduum marks the highest point of our Faith Palm Sunday is the final Sunday of Lent, the beginning of Holy Week and commemorates the triumphant arrival of Christ in Jerusalem, days before He was crucified. Palm Sunday is known as such because the faithful will often receive palm branches which they use to participate in the reenactment of Christ's arrival in Jerusalem. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw clothes, or possibly palms or small branches, in front of him as a sign of homage. This was a customary practice for people of great respect. Palm branches are widely recognized symbol of peace and victory, hence their preferred use on Palm Sunday. The use of a donkey instead of a horse is highly symbolic. It represents the humble arrival of someone in peace, as opposed to arriving on a steed in war. A week later, Christ would rise from the dead on the first Easter.

It is hard to believe that we are undergoing such a serious condition in our world. The latest information is that all schools are suspended until further notice. **I remind you that in light of the developing Coronavirus pandemic, the Archdiocese's decision to suspend the public celebration of all Masses in the Archdiocese of Philadelphia is still in effect.** All churches are to follow their ordinary schedule for opening and closing during this period of pandemic so that the faithful have opportunities to pray. Public exposition of the Most Blessed Sacred may continue with adorers, with due regard for the limitation of participants. On **Mondays during Lent, adoration will take place from 8:30am until the 7:00pm for those who wish to come and pray especially at this time of crisis in our world....**let us pray for those affected by COVID-19.

For your weekly parish contribution, you can mail it into the Rectory or drop it off at the rectory **"DROP OFF BOX"** behind the black gate. If you wish **to enroll in e-giving**, go to the parish website (sainthelenaparish.net) and **click on GIVE** at the top of the page. Click on **create new account** and **fill in the information**. See page 3 for more information. Our **Rectory office hours: 9:00am to 12:00pm (Monday through Friday)**.

By now you should have received a pastoral letter that we sent out last week detailing what we are doing here at St. Helena. Confessions will be heard on **Wednesday, April 8thth** from **5:00 to 6:00 pm** and from **7:00 to 8:00 pm** in the **Upper Church** in English, Spanish and Vietnamese. **For your protection, we will hear confession in various spots inside the church and will make MASKS available for your use.** Check out the parish website for digital copies of the bulletin.

Finally, I encourage you during this time of social distancing to take advantage of the Holy Sacrifice of the Mass and the various services of Holy Week that are on TV (channels are listed on page 2 and 3 of the bulletin) and on the Archdiocese's website. We will continue to live stream our Vietnamese and Spanish Masses on you-tube. Thanks for reading, stay healthy, reach out to those close to you by phone, text message, or social media and in the midst of all this have a Happy Holy Week.

Your Brother and Shepherd,
Rev. Msgr. Joseph Trinh

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What's My Name?
The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.
#WHATSMYNAME
In Remembrance of Samantha Josephson

 **Mallory's Army Foundation**
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