



St. Helena Church

6161 N. 5th Street
(Fifth Street and Godfrey Avenue)
Philadelphia, PA 19120-1497

St. Helena Church is a Tithing & Evangelizing Parish Mission Statement

We, the Parish of St. Helena, are rooted in Jesus Christ and nourished by Eucharist. We are aware of our present diversity and the changes that enrich us. We strive with all that God has given us to live and to share the Gospel of love by creating a welcoming and united community. We seek to integrate actively people of all ages, races, and cultures into every area of life.

PARISH STAFF

Rev. Msgr. Joseph T. Trinh	<i>Pastor</i>
Rev. Edward A. Pelczar	<i>(Retired) In Residence</i>
Rev. Peter J. Welsh	<i>Parochial Vicar</i>
Rev. Albert Gardy Villarsen, OMI	<i>In Residence</i>
Deacon Victor I. Seda	<i>Parish Deacon</i>
Deacon Huan C. Tran	<i>Parish Deacon</i>
Deacon Victor Pomales	<i>Parish Deacon</i>
Sr. Sophie Yondura, ssj., D. Min.	<i>Parish Services, DRE, RCIA</i>
Elena Asencio	<i>Parish Secretary</i>
Tram Ton Nu	<i>Business Manager</i>
Genevieve Black	<i>Music Director</i>
Sr. Maryanne Zakreski, ssj	<i>Outreach Center</i>
Sr. Anna Marie Lesutis, RSM, RN	<i>Health Promotion</i>
Ann Farley, MSN	<i>Health Promotion</i>
Sr. Lan Nguyen, OP	<i>Parish Ministry</i>

Rectory	6161 N. 5th Street	215-424-1300 (1301)
Convent	6127 N. 5th Street	215-924-2770
School	6101 N. 5th Street	215-549-2947
Rectory Fax Number		215-424-9152
Health Promotion Office		215-384-6540
Food Bank		267-900-5935
St. Helena Parish Outreach Center		267-437-4929

Web-site www.sainthelenaparish.net

St. Helena Church Office Hours (closed 12Noon-1:00pm)

Monday-Thursday	9:00am to 8:00pm
Friday	9:00am to 5:00pm
Saturday	9:00am to 2:00pm



St. Helena-Incarnation Independent Mission School

6101 N. 5th Street 215-549-2947

St. Helena Food Bank

Is serving clients in the 19111, 19120 and 19126 zip codes once a month. Bring photo I.D. and a current bill showing your name and zip code. Hours of Service: Tuesday & Thursday from 9:00am-12:30pm. Senior Boxes – 3rd Thursday of each month from 9:00am-12:30pm.



MASSES

Saturday Vigil – 4:30PM Mass in English
 Sunday – 8:00AM Mass in English
 9:30AM Mass in Vietnamese 11:15AM Mass in English
 12:30PM Mass in Spanish
 Monday through Saturday 8:00AM
 Obligatory Holy Days – (except Jan. 1 & Christmas)
 8:00AM, 9:00AM, 7:00PM Tri-lingual
 First Fridays – 8:00AM (and 9:00AM during School Year)

SACRAMENTS

Confession

Saturdays 4:00-4:30PM 15 minutes after Mass



Preparation Class in English is held the 1st Sunday of each month. Please call the rectory to set up an interview with Sr. Sophie Yondura, ssj, D. Min. before planning for the baptism.



Rite of Christian Initiation of Adults. If interested in completing your Sacraments For information, contact Sr. Sophie Yondura, ssj., D. Min. (215-424-1300).



Religion classes for Public School students held every Sunday beginning in September. Classes are at 9:15AM in the School Hall. For information, contact Sr. Sophie Yondura, ssj., D. Min. 215-424-1300).



The Church must be contacted at least 6 months in advance to make arrangements.

DEVOTIONS

Eucharistic Adoration
Daily Rosary
MM Devotion
OLLV Devotion

Every Thursday in Chapel
 8:30AM-5:00PM (Evening Prayer)
 Monday – Friday after 8:00AM Mass
 Saturday – 7:45AM (Lower Church)
 Friday – 8:00PM (Chapel)



Viet. Divine Mercy Grupo
Carismático

Saturday – 8:30AM (Lower Church)
 Sunday – 2:30pm (Lower Church)
 Tenemos circulo de oración en español todos los miercoles a las 6:00PM-9:00PM en la iglesia de abajo. Estan todos invitados

SERVICE MINISTRY

55+ Club
Boys Scouts
Aid for Friends
Outreach Center
Sick Calls

2nd & 4th Thursday 12:00 (Rectory Basement)
 Every Wednesday 7:00PM-9:00PM (Hall)
 Contact Sister Sophie Yondura, ssj, D. Min.
 Sr. Maryanne Zakreski, ssj (267-437-4929)
 Please call the rectory to schedule a home visit for Communion or in the Hospital.

Rehabilitation & Nursing Home

Laurel Square, York, Cheltenham
Contact Father Peter Welsh

Meetings

Parish Council	Alternating 2 nd Tuesday 7:00PM (Rectory)
Finance Committee	Alternating 2 nd Tuesday 7:00PM (Rectory)
Alumni Meeting	Monthly at 10:00am in the Convent

March 29, 2020 5th Sunday of Lent

We Remember in Prayer our Sick

Luke Tynan	Frances Clark	Duong Thi Tham
Carmen Lebron	Victoria Marin	Jacqueline Williams
Lucia Zavala	Ryan Cichon	Francis Germanovich
Carmen Torres	Joseph Henson	Carmen Jimenez
Jeff Boka	Teresa Merrigan	Trisha Kern
Thanh Boka	Nathaniel Lopez	Emilio Rosario
Luis Ortiz	Harry Berge	Beth Ann Sellers
Rosaura Caraballo	Carmen Giamarco	Dan Shead
Francis Hernandez	Isabel Phayre	Louise Liebel
Camille Figueroa	Ignacio Ortolaza	Hipolita Delgado
Monica Peltz Yondura		

We Remember in Prayer our Deceased

Victims of the Coronavirus

Prayer to St. Michael the Archangel

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen!

San Miguel Arcángel, defiéndenos en la batalla. Sé nuestro amparo contra la perversidad y asechanzas del demonio. Reprimale Dios, pedimos suplicantes, y tú Príncipe de la Milicia Celestial, arroja al infierno con el divino poder a Satanás y a los otros espíritus malignos que andan dispersos por el mundo para la perdición de las almas. Amén.

Lạy Tổng Lãnh Thiên Thần Micae, xin hãy bênh vực che chở cho chúng con trong chốn chiến trường, cùng nên như thành lũy vững bền cho chúng con trồng cây và chống trả các chước sâu độc ma quỷ. Chúng con sấp mình xuống xin Đức Chúa Trời ngăn cấm thần ngụy ấy. Lạy Tổng Lãnh Thiên Thần Micae là tướng quân cai quản cơ binh trên trời kia satan và thần dữ đang rảo khắp thiên hạ hòng làm hư loài người chúng con, xin người lạy phép Đức Chúa Trời mà xua đuổi chúng xuống hỏa ngục đời đời. Amen

Scripture Readings for the Week

SUNDAY, March 29, 2020	5th Sunday of Lent
Ez 37: 12-14	Rom 8: 8-11 Jn 11: 1-45
MONDAY (30)	Dn 13: 1-9, 125-17, 19-30, 33-62
	Jn 8: 1-11
TUESDAY (31)	Nm 21: 4-9 Jn 8: 21-30
WEDNESDAY (01)	Dn 3: 14-20, 91-92, 95
	Jn 8: 31-42
THURSDAY (02)	Gn 17: 3-9 Jn 8: 51-59
FRIDAY (03)	Jer 20: 10-13 Jn 10: 31-42
SATURDAY (04)	Ez 37: 21-28 Jn 11: 45-56

Mass Intentions for the Week of Mar. 29 to Apr. 5, 2020



SATURDAY, March 28, 2020

Anna Gottlieb Kugler

SUNDAY, March 29, 2020 *5th Sunday of Lent*

Fr. Edmond Speitel

Personal Intention

Margaret & Eugene Harkins

Carmen A. Alicea

MONDAY, March 30, 2020

Frank J. Schaller, Sr.

TUESDAY, March 31, 2020

Quang Trung Nguyen

WEDNESDAY, April 1, 2020

Dec. Members of the David Speicer Family

THURSDAY, April 2, 2020 *St. Francis of Paola*

Julia Schaller

FRIDAY, April 3, 2020

All Souls in Purgatory

SATURDAY, April 4, 2020 *St. Isidore*

Thomas That Nguyen

Dec. Members of the Incarnation Senior

SUNDAY, April 5, 2020 *Palm Sunday*

James Norris

Personal Intention

John, Frances & Jack McBride

Alice Montero, Jose Vazquez & Jose F. Vazquez Montero



Gracious God we give thanks as we anticipate celebrating the 100th anniversary of St. Helena Church and the journey that started so many years ago, and so many plans ago, and so many dreams ago. We celebrate all the joys that have been birthed in these 96 years. We celebrate all the happy times, all the accomplishments, and all the triumphs. Thank You, Lord, for blessing our parish. We acknowledge that there have been, and will continue to be, struggles and heartaches. Yet we have travelled together under Your protection and love for the past 95 years. Thank You, Lord, for being with us in good times and bad. We give thanks for those who founded our church 96 years ago and for their faith and vision, for their gifts and abilities. We give thanks for all who have been members of this congregation, those who have given freely of their time and money, and for those whose wisdom guided our Church. We give thanks for all who have preached and taught here and for all who today lead in worship, witness, and service in our parish. We ask, Lord, that You would continue to protect us, guide us and sustain us as we anticipate our 100th anniversary celebration in 2024. Amen

**Save the date and Join us
Theme for St. Helena
100th Anniversary 2024**



From many countries and cultures, Saint Helena Parish Family celebrates God's faithfulness by encountering Christ through Scripture, the Sacraments and Community

Committee Members

Chairperson: Norajeon Glenn

Assistant Chairperson: Fred Rosso

Andrea Santiago	Anita Repsch	Maria Repsch
Sharon Smith	Carol Henson	Jean Berry
Anne Bercaw	Joan Teel	Rich Teel
Gloria Jones	Herminio Rosa	Sam Ashie
David Nguyen	Suzette Ellison	Jim Pokorny
Yomayra Garcia	Maria Schaller	Mary Nguyen
Carolyn Onibalusi	Dong Van Nguyen	Kelvin Garcia
Sr. Maryanne	Dung Nguyen	Josephine Rodriguez
Monica Rodriguez Victoria	Blanca Torres-Kelmedi	

**Due to the outbreak of the Coronavirus,
all parish activities are suspended
until further notice.**

Saint Corona, pray for the healing of all affected by the Coronavirus.



What are the chances that the Catholic Church would have a saint named Corona and that she happens to be the patron saint of pandemics? Even stranger, her mortal remains lie in the Basilica of Anzu, in northern Italy, near the epicenter of the coronavirus outbreak in Europe earlier this year. Some might rush to conclude that it's the end of the world as we know it. Instead, maybe we should rush to pray for greater understanding and deeper faith. **According to Christian legend**, Corona lived in Syria during the second century of the current era. She was a Christian in Roman occupied land where Christianity was outlawed and punishable by death or torture. According to hagiographical writings—biographies of holy people—she was fifteen or sixteen in or around the year 170 when a Roman soldier named Victor was discovered to be a Christian. As she witnessed his public martyrdom, she stepped in to help him and, subsequently, professed her own faith in Jesus. She, likewise, was killed. In the first three centuries of Christianity, most, if not all, of our saints were martyrs—those who were witnesses for Christ to the point of death. Venerated by the early church, their earthly remains often got saved and taken to holy places, or their burial spots became sanctuaries. Somehow, the remains of Victor and Corona made their way to Christians living in modern Italy. Though it would be tough to verify exactly whose remains they are, the relics at Anzu were recently determined to, in fact, be those of a young man and woman who lived at that time of the Christian persecutions. **"Corona" is the Latin word for crown and "Victor" refers to the reward or victory given to those who are faithful.** They may have been their actual names or might have been names given to them by early Christians for their dying acts of courage. **Corona's feast day is celebrated on May 14** in certain regions of the world, especially in Bavaria and Austria, where she was named patroness of epidemics or contagious infections. Though I don't know what this means in the greater mysteries of our faith, it gives us pause to reflect even more deeply in our places of isolation and social distancing. Perhaps it should also inspire us to pray more fervently. Maybe by May 14, our world will return to more normal operations and our prayers for healing will transform to prayers of gratitude and Saint Corona will be revered for her help in getting us through the horrible virus.

**EWTN TV Mass
DirecTV - Channel 370
Dish Network - Channel 261
Verizon Fios - Channel 285
Xfinity - Channel 33
Xfinity - Channel 291
Xfinity - Channel 1668**



Lord Jesus, we ask for your help and healing in this time of uncertainty.

Please stop the spread of this coronavirus around the world. Help it to cease soon! Help those who are sick to heal. Help the first responders and medical professionals to stay safe and healthy as they treat others.

Provide the supplies they need. And a cure. Be with those who are working at home or in the workplace to be productive, and not feel isolated or lonely. Help those who have lost their job or have reduced hours. People who need cash and supplies right now. Help us all to stay healthy and keep our eyes on You, not the changing circumstances around us. May we be strong and better people for this, and may this virus crisis end soon. We trust in your goodness and faithfulness. Amen.

Coronavirus Course "104" for YOU

Important Information

1. Wash your hands often with soap and water for at least 20 seconds or hand sanitizer that contains alcohol especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing. Sneeze and cough into tissues or the crook of your elbow.
2. Avoid close contact with people who are sick, especially people exhibiting respiratory symptoms and fever.
3. Stay home when you're sick.
4. Regularly and thoroughly clean surfaces, such as counter tops and doorknobs, with a disinfectant.
5. Drink plenty of water often...at least 4 ounces every half-hour to help wash toxins from your body.

In light of the developing **Coronavirus pandemic**, **Archbishop Perez has made the decision to suspend the public celebration of all Masses** in the Archdiocese of Philadelphia for the time being.

As your Pastor and Shepherd, I want the best for all our parishioners. We are following the guidelines and recommendations from the Archdiocese, those in health care and government positions. **We are in the process of writing a letter to all our parishioners regarding Holy Week Services.** Below are the recommendations we are following until further notice.

1. Priests are to continue to offer Holy Mass on Sunday and weekdays privately.
2. Churches can remain open as a location for private prayer.
3. On **Mondays, adoration** will take place **from 8:30am until the 7:00pm** for those who wish to come and pray especially at this time of crisis in our world.
4. All visits to the sick with Holy Communion, including in private homes, by priests, deacon, and extraordinary ministers of Holy Communion are suspended.
5. **We have suspended all parish activities until further notice.**
6. The Archdiocese of Philadelphia live streams the 11:00am Sunday Mass on its website (**www.archphila.org**) and Archbishop Perez's Facebook page for the benefit of those wishing to participate in the liturgy remotely.
7. For your weekly parish contribution, you can mail it into the Rectory or drop it off at the rectory **"DROP OFF BOX"** behind the black gate. If you wish **to enroll in e-giving**, go to the parish website (**sainthelenaparish.net**) and **click on GIVE** at the top of the page. Click on **create new account** and **fill in the information**.
8. See our parish website: **sainthelenaparish.net** for further information and a digital copy of the bulletin.
9. **Rectory office hours: 9:00am to 12:00pm (Monday through Friday)**

Pope Francis' Prayer invoking Our Blessed Mother's Protection for the Coronavirus

O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of the Roman People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin. Amen.

Biblically a tithe means 10%. All are asked to consider returning 10% of our income to the Lord (5% to the parish, 5% to God's other charities: e.g. St. Helena Outreach Center, Food Bank) in gratitude. The spiritual practice of tithing disposes us to make God first in every area of our lives! The aim is to secure not the tithe, but the tither, not the gift, but the giver—for God!



Tithing Income March 22, 2020 ... (COVID-19) ... \$420.00
 Tithing Income March 24, 2019 \$6,481.12
 Tithing Income March 25, 2018 \$6,561.00

Stewardship Report for March 22, 2020
(Drop off Collection).....\$420.00 (13 Envelopes)
(E-Giving).....\$245.00 (5 Parishioners)



*You make the difference! Thank you for growing in holiness and striving to be a good steward.
 Don't forget to wrap your weekly gift to God in an envelope with your name on the front.*



Last But Not Least



This Sunday, we celebrate the 5th Sunday of Lent. Lazarus and his sisters, Mary and Martha, were close friends of Jesus. The news of Lazarus' illness reached Jesus indirectly, via a message sent by Martha and Mary. Jesus took what may appear to us to be a rather unusual decision. He didn't respond immediately but rather continued performing the work that his Father had sent him to do. As a consequence by the time Jesus eventually reached Bethany, Lazarus had been dead four days. This story powerfully reminds us that our Lord Jesus fully entered into what it means to be human including the anguish caused by the death of a loved one. Jesus was fully cognizant of the pain and separation that death brings. The miracle also provides a foretaste of his resurrection, which we celebrate on Easter Day.

From the Archdiocese: In light of the developing Coronavirus pandemic, a decision has been made to suspend the public celebration of all Masses in the Archdiocese of Philadelphia for the time being.

All churches are to follow their ordinary schedule for opening and closing during this period of pandemic so that the faithful have opportunities to pray. Public exposition of the Most Blessed Sacrament may continue with adorers, with due regard for the limitation of participants. On **Mondays during Lent, adoration will take place from 8:30am until the 7:00pm for those who wish to come and pray especially at this time of crisis in our world....**let us pray for those affected by COVID-19.

For your weekly parish contribution, you can mail it into the Rectory or drop it off at the rectory **"DROP OFF BOX"** behind the black gate. If you wish **to enroll in e-giving**, go to the parish website (sainthelenaparish.net) and **click on GIVE** at the top of the page. Click on **create new account** and **fill in the information**. See page 3 for more information. Our **Rectory office hours: 9:00am to 12:00pm (Monday through Friday)**.

We are in the process of writing a letter to all our parishioners regarding Holy Week Services here at St. Helena.

Finally, I encourage you during this time of social distancing to take advantage of the Holy Sacrifice of the Mass that is on TV (channels are listed on page 2 of the bulletin). We have live streamed our Vietnamese and Spanish Masses on you-tube. Thanks for reading, stay healthy, reach out to those close to you by phone, text message, or social media and in the midst of all this have a great week.

Your Brother and Shepherd,
 Rev. Msgr. Joseph Trinh

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What's My Name?
The #WHATSMYNAME Movement asks everyone to simply ask drivers "What's my name?" before entering their vehicle to make sure it is the car they are supposed to enter.
#WHATSMYNAME
In Remembrance of Samantha Josephson

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